

Lions District 14E

WESTMORELAND COUNTY NEWSLETTER

SEPTEMBER 2026

District Governor's Message



Fall Into Service: Together, We Can Make a Difference

As summer begins to fade and the crisp days of fall arrive, our communities enter a new season—and so do we as Lions. September is a wonderful time to look ahead, reconnect with our fellow members, welcome new faces, and ask an important question: Where is the need in our community, and what can we do about it? Lions have always been people who see a need and step forward to help. Whether we are collecting food for families, supporting local schools, helping seniors, protecting our environment, assisting those affected by disasters, or providing vision services, our service makes a difference.

Fall Gives Us Many Opportunities to Serve

As children return to school, consider how your club can support students, teachers, and families. As cooler



weather approaches, think about those who may need food, warm clothing, or assistance with heating their homes. Fall community events also give us opportunities to be visible, invite others to join us, and show our neighbors what Lions are all about.

And don't overlook the simple acts of kindness. A visit to someone who is homebound, a helping hand to a neighbor, or a few hours spent volunteering can mean more than we realize.

Let's Invite Others to Serve With Us

One of the best ways to strengthen our clubs is to invite people to experience Lions service firsthand.

Don't simply tell someone about Lions—invite them to serve with you. Let them see the satisfaction that comes from helping another person. Let them experience the fellowship that comes from working together. Let them discover that being a Lion is about much more than attending meetings; it is about making a difference.

Every service project is an opportunity to tell our Lions story.

Looking Ahead

October will bring Lions' focus on vision service, including World Sight Day and International White Cane Day. It is an excellent time for clubs to consider vision screenings, eyeglass recycling, and other vision-related projects.

But we don't have to wait for a special week or a special event to serve. The need is always there.

As your District Governor, I encourage every club in District 14E to make this fall a

(Continued on page 2)

DISTRICT 14-E CABINET

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Send your news by the
25th of the month (John
Russo, Communications)

DISTRICT ACTIVITIES

SEPTEMBER 19

DELMONT LIONS CHICKEN

BBQ

SEPTEMBER 26

LIONS FOOD DRIVE

DELMONT

SEPTEMBER 27

BUSHY RUN CHICKEN

BBQ 11:00

OCTOBER 3, 4

FALL SYMPOSIUM

OCTOBER 11

VIRTUAL CLUB OFFICER

TRAINING

OCTOBER 17

SLICKVILLE LIONS BINGO

NOVEMBER 4

MASS INDUCTION

LAKEVIEW

NOVEMBER 7

NORWIN LIONS COMEDY

NIGHT NORWIN VFW

(Continued from page 1)

season of action. Look around your community. Talk with local organizations. Listen to the needs of your neighbors. Find one project that can make a difference—and then get to work.

Most importantly, let's do it together.

When Lions work together, our individual efforts become something much greater. One club can help a family. Several clubs can strengthen a community. And an entire district working together can change countless lives.

So, as the leaves begin to change, let us also renew our commitment to service.

Let's make this a fall to remember—not because of what we receive, but because of what we give.

Thank you for your continued dedication, your friendship, and your willingness to serve.

Where there is a need, there is a Lion.

Yours in Service,
Lion Ronald Brown
District Governor
Lions District 14E

WEAR IT WEDNESDAY!

WHEREVER YOU ARE, MAKE WEDNESDAY'S A LIONS DAY!

LET'S SHOW OUR PRIDE!

TOGETHER, WE...

- WEAR LIONS
- SHARE PRIDE
- LIVE SERVICE
- MAKE A DIFFERENCE

ONE DISTRICT. ONE PURPOSE. COUNTLESS HEARTS. DISTRICT 14-E

TAKE PICTURES AND SEND THEM TO US OR POST ON **FACEBOOK!**

LET'S FILL OUR FEED WITH LIONS PRIDE! TOGETHER, WE CAN.

WEAR IT | SHARE IT | LIVE IT | SERVE IT | TOGETHER, WE MAKE A DIFFERENCE!



Message from the First Vice District Governor

From TEAM to TWEAM: Growing the Power of WE!

At our Council Meeting in August, I heard our GLT Leader PDG Bill Grager use a word that immediately caught my attention: **TWEAM**.

At first, I smiled because it was fun and catchy. But then came the meaning behind it — **there is no “I” in TEAM; it’s about the WE**. And the more I thought about it, the more I realized how perfectly that little word fits Lions.

So many times we hear, “*I did this*,” “*I organized that*,” “*I made this happen*.” But how often does anything truly happen because of just one person?

Behind almost every successful service project, fundraiser, new idea, membership event, or club accomplishment is a **TWEAM** — people sharing ideas, lending a hand, encouraging one another, showing up, and working toward the same goal.

That is the **WE** in what we do.

As we think about membership and growing our clubs and District 14-E, maybe we can look at it a little differently. Instead of simply asking, “**How do we get more mem-**

bers?” ask:

“How do we grow our TWEAM?”

DG Ron has challenged us this year to **Make a Buzz** and grow our hive. What better way to grow that hive than by creating a place where people want to be part of the **WE**?

Invite someone to serve

beside you. Give a newer member a chance to lead. Ask someone for their idea — and really listen. Celebrate the person working quietly behind the scenes. Reach out to a neighboring club and work together. Most importantly, make sure everyone knows their contribution matters.

Because membership isn't

only about adding another name to the roster. **It's about adding another person to the TWEAM.**

That one fun word I heard at Council truly inspired me because it reminds us that leadership and service aren't supposed to be about “**look what I did**.” They're about “**look what WE accomplished together**.”

So, as we continue making a buzz throughout District 14-E, I challenge you to think about your own club:

How will YOU grow your TWEAM? How will you strengthen your hive?

Let's invite. Let's encourage. Let's include. Let's serve.

Because when we move beyond the I and embrace the **WE**, just imagine the buzz our TWEAM can make!

WE Serve. WE Grow. WE Lead. WE Make a Difference — Together.

Yours in friendship and service,

Amanda K. Remic,
1VDG

The **strength** of the
Team
is each individual
member.
The **strength** of each
individual member
is **The Team**.

Phil Jackson



August 2026 LCIF Newsletter Note

Fellow Lions,

We hope you are all well and ready to begin a new year supporting Lions Clubs International Foundation! The first Big Board has been started and will squares will be available at all District events as well as part of each club presentation.

We will begin reaching out to all club presidents to begin our club visits and presentations to your clubs to further enhance your knowledge of our foundation.

We had a wonderful weekend in New Orleans which was spent informing us all of our accomplishments during the last Lions Year as well as informing us of our goals for the upcoming year. Our Dis-

trict goals as provided by LCIF are:

1. District 14-E's Goal for 2026-2027 has been increased to \$25,207 which when divided by the number of members in our District is equal to \$40/member.
2. Overall fundraising goal is \$1.1 million dollars
3. Train and engage 100% of appointed Club Coordinators
4. District Coordinators will complete quarterly reports
5. District Coordinators will have a better understanding of the grant application process to share and assist with applying for grants

6. Transform the 'never giver' clubs into giving clubs-we have several clubs that did not donate to LCIF last year, and we want to strive for 100% club participation.

LCIF also has a recurring donor recognition program. For those that schedule a recurring donation of \$10 per month, you will be eligible for milestone pins at the following benchmarks: 12, 24, 36, & 48 months. Please see one of us for additional information.

We will also be scheduling LCIF Club Coordinator trainings for later in the fall to better educate the Club Coordinators on what their responsibilities are.

Respectfully Submitted,
PDG's Chuck & Amy
District 14-E LCIF Co-
Coordinators

To donate now, click here:
<https://www.lionsclubs.org/en/donate>





Message from PID Cindy Gregg

Dear Lions and Leos,

As we prepare for Lions Clubs International's Vision Awareness Month in October, I'd like to share some encouraging advances benefiting people who are blind or living with low vision.

Smart glasses help people with vision impairments navigate their surroundings more independently. Ray-Ban Meta smart glasses are among the more popular options because they resemble traditional glasses and are generally less expensive than many other devices in this category.

The glasses include a camera and artificial-intelligence features that can describe surroundings and read menus and other text aloud. They also cost approximately the same as many prescription eyeglasses. This summer, Meta began offering free Ray-Ban Meta smart glasses to legally blind American veterans.

Other smart glasses can read text and recognize faces, but some models can cost nearly \$5,000.

In addition to smart glasses, OneCourt has created a more inclusive experience for basketball enthusiasts who are blind or have low vision, opening a new world of sports enjoyment.

With OneCourt's innovative technology, fans can "watch the game through touch." A tablet-sized device provides real-time information through various vibration/buzzing patterns, allowing users to follow the ball, track team possessions, and experience the excitement of the game.

Meanwhile, biomedical engineers at Duke University have used lab-grown human retinal blood-vessel cells to restore retinal function in mice with vision-threatening diseases. These early results are encouraging, particularly for adults living with diabetic retinopathy.

In this study, researchers injected specially grown retinal cells into mice with damaged retinas. The cells combined with existing tissue, helping to rebuild blood vessels to support the return of retinal function.

The retina is closely connected to the brain and is considered part of the central nervous system. Like the brain, it has a protective barrier that carefully regulates what can enter and exit, including oxygen, nutrients, water, and medications.

While this protective system helps to keep the retina healthy, it can also make treatment challeng-

ing. When retinal cells stop functioning properly, vision can be at risk.

Because cultivating human cells for this type of research is expensive, the lab-grown cells were first tested in mice. When injected before significant vision loss occurred, the cells successfully became part of the existing retinal tissue and helped to form strong blood vessels with protective barriers.

With this progress, scientists are moving closer to a future in which damaged retinal blood vessels may be repaired more easily, affordably, and precisely, bringing renewed hope to millions of people facing vision loss.

So, what are your plans to bring attention to Vision Awareness Month? The Greensburg-East Hempfield Lions screened children and adults at the Westmoreland County Fair. The Rostraver Township Lions will screen children at the Township Library on October 3.

In addition to organizing vision screenings, you may want to volunteer with the Westmoreland County Blind Association. Perhaps, you could donate a basket or attend their bingo on October 3.

Remember that Helen Keller challenged us in 1925 to become "Knights of the Blind," inspiring Lions to embrace our first global cause. Although we have added many other causes over the years, we remain **"Rooted in Service"** to those affected by vision loss.

Thank you for all that you do. May you always remain **"Rooted in Service."**

Best wishes for a successful Vision Awareness Month and a meaningful vision project!

Yours in Service,
Cindy Gregg, Past International Director

Guiding Lions Spotlight : Youngwood Lion Jason Barnhart

Meet Youngwood Lion Jason

Welcome to our Guiding Lion Spotlight, where we take a little time to introduce some of the Lions who have stepped up to serve as a resource, mentor, and helping hand to clubs throughout our district.

Guiding Lions aren't there to take over—they're there to listen, share ideas, offer support, and help clubs reach their goals. This month, we're excited to introduce Lion Jason and share a little about the Lion behind the role.

This November will mark three years since Lion Jason became a Lion, and during that time he has continued to find new ways to get involved and serve. Most recently, Jason took the next step and became a Guiding Lion.

Jason was born and raised in Johnstown and graduated from Westmont Hilltop High School. He met his wife, Karen, through a combined church youth group, and they have

now been married for 48 years.

Before retiring, Jason worked for 24 years at Kamps Shoes in the Westmoreland Mall. He continues to stay active in his community, serving on the church council at Harrold Zion Lutheran Church. He and

serving his neighbors with kindness and compassion.

That same attitude is what he hopes to bring to his role as a Guiding Lion. Jason wants to listen to clubs, help them choose good projects, understand what they

We look forward to seeing where this next part of your Lions journey takes you.

Thank you, Lion Jason, for stepping up and being willing to share your time and talents with other Lions and clubs. We're excited to have you as part of our Guiding Lion team!

And remember, you don't have to know everything to become a Guiding Lion—you just need a willingness to listen, learn, encourage, and help.

Maybe our next Guiding Lion Spotlight will be YOU!

Article By: KL Jason Barnhart & Amanda K. Remic VDG

Karen also deliver Meals on Wheels a couple of times each month.

In his spare time, Jason enjoys working in his yard and bird watching. He and Karen are currently participating in the third Pennsylvania Breeding Bird Atlas.

When asked what serving means to him, Jason keeps it pretty simple — making the world a better place by

need, and work with them to reach their goals.

Jason is also a great reminder that you don't have to be a Lion for 20 or 30 years before getting more involved. Sometimes you just need to be willing to learn, lend a hand, and try something new.

Congratulations, Lion Jason, on becoming a Guiding Lion!





District Cabinet Meeting





Global Leadership

Fellow Lions,

Where has the time gone? Another month has come and gone. I hope you are remembering to look for those Lions in your clubs that might be that diamond in the rough. Get them involved in your club's roles. Help to build their courage and help them come forward.

The District and Clubs are all in need of new leaders and new ideas. I hope you can keep the positive direction

moving forward. Lions I know we try our best, and that is what we need to keep doing.

As the days go by, please continue to help those in need. Knowing you have helped someone could lead into helping many and not knowing it, and it could potentially increase your membership and grow our leadership, so keep on serving.

I will see you all very soon. In the meantime, remember, where there is a need, there is al-

ways a Lion waiting to Serve. So please get out there and be noticed... 'Wear It Wednesdays' is a great way to share what we do everywhere we go!

Stay safe and be positive.

*Yours in Lionism,
PDG/GLT Chuck*





Global Membership—PDG Lance Remic

Global Membership Team –

DISTRICT 14-E MEMBERSHIP

632 Members

District Membership stands at **632 Lions**.

District Governor Ron Brown's theme is "Make a Buzz in the World." He wants Lions of District 14-E to:

"Bee Loud,
Bee Caring,
Bee Proud,
Bee Sharing."



Our International President this year is Mark Lyon and his theme is "Rooted in Service." Lions are rooted in purpose and service. Our strength comes from the help, hope and care we provide others.



**Bees to the Hive
WE SERVE!**

Bees to the Hive

"Bees to the Hive – Bring a Friend, Build the Hive, Serve Together."

Bees to the Hive – The Big Idea of this Years Membership Theme

A strong Lions Club is like a thriving beehive – every member has a role, everyone contributes, and together we accomplish far more than we could alone.

A fun, energetic membership campaign designed to bring new people into the Lions family and reconnect current members with the excitement of service.

The goal is simple: Every Lion invites someone to the hive.

The Hive – Our Lions Clubs – Our District



No single bee creates honey alone. Every bee has a purpose, every bee contributes, and together they create something remarkable.

That's Lions.

Each of us has the ability to bring someone new into our service family. Bring someone to a service project, introduce them to fellow Lions, and let them enjoy the satisfaction and fellowship of service others.

Invite them to the Hive

Do not begin with an application. Begin with an invitation. Instead of asking a person "would you like to join Lions?" try "we're doing something really positive in our community, and I'd like for you to come see what we're about."

Invite prospective members to:

- A club meeting
- A community fundraiser
- A bring a friend event
- A service project
- A Lions information night
- A picnic or social event

Show them the Honey

People join because they want to make a difference. Then Show them the Honey! Emphasize what Lions do, rather than talking about membership.

Show your perspective members:

- Our Community – What your club has done locally?
- Our Service – Who has your Club helped?
- Our Fellowship – What makes being a Lion fun?
- Our Impact – What happens because Lions are there?
- Our Future – What we could accomplish with more people?



Global Membership—PDG Lance Remic



Make a Buzz in the World – Membership Chevrons

Anniversaries remind us of our milestones and give us the opportunity to celebrate, commemorate and reflect. Lions International recognizes our members' anniversaries by presenting them with Chevron awards. Chevron awards are given to Lions to commemorate their years of service and encourage them to continue making a difference in their local communities and worldwide.

At District Governor Ron's recent DG Visit with the Rostraver Township Lions Club, he had the opportunity to present two such recognitions for years of service. Past District Governor Robert Mesher and Past District Governor Anthony Catullo both were recognized for thirty-five years as a Lion. Congratulations Bob and Tony.



Contact Me

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PDG Anthony "Tony" Catullo receiving his 35-year Chevron



PDG Robert "Bob" Mesher receiving his 35-year Chevron



Message from PDG Charlie McGrew

Service

Let's start by talking about last year to see where we came from. Out of our district's 27 clubs, 25 reported service. That is a whopping 93% . Those 25 clubs reported 802 activities and served 373,208 people that needed help to get thru their life a little easier. They did this by working 21,026 hours. That comes out to a little under 18 people got the help for every hour that we served.

That was our past, now let us concentrate on our future. Allegheny Township, Manor, New Florence, Rostraver Township, Sewickley Area,

and Youngwood have reported their service for this lions year. Thru their 17 activities, they served 7,143 people, donating 479 hours of their life to help their community. There are a lot of reports that are in the "Draft" status.

We have 12 clubs that have entered their service chairs to international. They are Allegheny Township, Bushy Run, Delmont, Manor, Murrys ville, New Alexandria, New Florence, Norwin, Sewickley Area, Slickville, Vandergrift, and Youngwood.

This year we have 3 Impact Weeks of Service. The first is

Vision. During the week of October 8-18. The second awareness week in focusing on Youth, that week is February 13-21, 2027. The third falls on May 29-June 6 and that it to raise awareness in the environment.

Thank you for everyone who donated to your district's food drive.

For the November cabinet meeting we are holding a winter hat, gloves, and scarfs drive. More information will be provided closer to the meeting. Also at the November cabinet

meeting, the peace poster will be selected.

*Thank you,
PDG Charlie
McGrew
14-E GST*



WESTMORELAND FOOD BANK

9/11 Week of Service Food Drive - Seeking 250 Partners

In recognition of the 2026 National 9/11 Day of Service and Remembrance, Westmoreland Food Bank is proud to announce the Third Annual 9/11 Week of Service Food Drive, a county-wide initiative honoring the spirit of service and unity that emerged in the wake of tragedy. This year, our event carries special significance: as America celebrates its 250th anniversary, we are reminded that the promise of this nation has always been fulfilled through the everyday acts of its citizens. This week-long event calls on individuals, businesses, schools, churches, the public sector, and civic organizations to collect non-perishable food items for neighbors in need—honoring both the legacy of 9/11 and the enduring American spirit of looking out for one another.

As food insecurity continues to rise across Westmoreland County, the need for reliable food assistance has never been greater. Veterans, Seniors, and Families who once managed to get by are now facing difficult choices between groceries and other necessities. Westmoreland Food Bank has seen a steady increase in demand over the past two years, and we are committed to meeting that challenge—but we can't do it alone.

To meet this growing need—and to mark America's 250th in a way that reflects our nation's founding ideals—Westmoreland Food Bank is aiming to secure 250 community partners for this year's drive. The number is no coincidence: just as 250 years of American history have been built on countless individuals coming together for a greater purpose, 250 partners will help us build a stronger, more nourished Westmoreland County. Whether you're a small business owner, a school administrator, a church leader, or a concerned citizen, your involvement can make a powerful difference.

Hosting a food drive is simple and rewarding. We provide everything you need—collection boxes, promotional flyers, and tips for engaging your community. Every can, box, or bag collected brings us one step closer to a hunger-free Westmoreland.

This initiative is more than a food drive—it's a call to action rooted in two powerful American traditions: the post-9/11 resolve that turned grief into service, and the 250-year legacy of neighbors helping neighbors. By participating, you honor the lives lost on September 11th while celebrating America's anniversary in the most meaningful way possible—by living out the values we've always claimed as our own.

Together, we can build a stronger, more nourished community—250 partners strong, one act of service at a time.



To learn more and to sign up to join us in service this September:

Gina Colosimo

gina@westmorelandfoodbank.org

724-468-8660 ext 31





Harmony in Humanity

When we treat each other with respect and kindness, peace can flourish. This year, we invite young people to imagine a world where people of every culture and background live together peacefully — celebrating differences, finding common ground and creating true harmony in humanity.

For more than 35 years, Lions International has offered children around the world the opportunity to create their visions of peace by sponsoring the Peace Contests. Local Lions clubs sponsor the contests in their neighborhood schools and youth groups.

Sponsoring a Peace Poster Contest is one of the most unique and rewarding projects that your Lions club can be involved in. Not only is your club inspiring children to imagine a world of kindness, you'll also be engaging with your community and showcasing all the incredible ways that Lions serve.

Designed for kids ages 11 to 13, the Peace Contests offer children the chance to showcase their talent on an international stage and compete for great prizes.

Here's how your club can [host a contest](#). Just [purchase your kit](#) to get started!

Top Five Reasons to Sponsor the Peace Contests:

1. **Encourage children to express their feelings through art.** By giving children, a creative outlet for their thoughts, they can discover new ways to speak their mind.
2. **Boost kids' self-esteem and let them know that their ideas matter.** The recognition that children receive from participating in the Peace Contests will help them gain the confidence they need to become leaders and peacemakers.
3. **Give your club the opportunity to promote peace in a world of conflict.** Social media feeds are noisy with world news items that break hearts and ignite anger. Share a child's image of peace and bring a smile to someone's day.
4. **Increase your club's visibility in the community.** Work with local school districts and youth groups. Get community leaders involved. Contact news outlets to announce the winners. Let your town know that your Lions club is committed to youth engagement and international peace and tell them how they can participate.
5. **Give children and adults hope for a peaceful future.** In a world filled with conflict and uncertainty, the need for kindness, peace and love has become even greater. And who better to illustrate this than a child? Make a difference in a child's life and promote peace in your community. Most importantly, it gives children—and adults—hope for the future.

[Purchase your Peace Poster kit](#) today and help pave the way to peace and international understanding in your community.

JUDGING WILL BE HELD AT THE NOVEMBER CABINET MEETING

Thank you,

Wendy McGrew

INTERNATIONAL ASSOCIATION OF LIONS CLUBS DISTRICT 14-E CHILDHOOD CANCER AWARENESS

H#: 724 872-0707 CELL#: 412 576-0708

PDG Thomas L. Gregg, District 14-E Chairperson

1130 Willowbrook Road

Rostraver Township, Pennsylvania 15012-3202

tomgregg1@verizon.net



Hello,

My name is Tom Gregg, and I serve as West Regional Cancer Coordinator for the **PA Lions Care-For the Kids initiative in partnership with Four Diamonds** as well as the District 14-E Childhood Coordinator. I am excited to support our district throughout the year and would be happy to assist with fundraising ideas, provide Four Diamonds mission stories and research updates, and share resources to help engage your clubs and communities.

As you may know, **September is Childhood Cancer Awareness Month**, making it the perfect time to launch your FY27 fundraising efforts with a simple and impactful event or initiative.

The best fundraisers don't have to be complicated or time-consuming. Here are a few easy ideas to get started:

- **Restaurant Give-Back Night:** Partner with a local restaurant that will donate a percentage of sales from a designated evening.
- **PA Lions Care-For the Kids Pin Sales:** Four Diamonds provides pins at no cost, making this an easy way to raise funds and awareness.
- **Refreshment Sales:** Sell coffee, snacks, or desserts at your next district or club meeting.
- **Movie Night:** Invite members, families, and friends for an evening of fun and fellowship.
- **Board Game Social:** Host a game night and collect a small donation to participate.
- **Friendly Tournaments:** Organize pickleball, tennis, cornhole, or mini golf competitions.
- **Potluck Luncheon or Dinner:** Encourage attendees to bring a dish and make a donation.
- **"Fill the Can" Challenge:** Place a chip can or collection jar at meetings and invite members to contribute their spare change.

Easy Participation Strategy: The \$27 for FY27 Challenge

Invite every club member to donate **\$27 during FY27** or contribute **\$2-\$3 per month throughout the year**.

This low-cost, high-participation challenge allows everyone to take part, regardless of their ability to give.

Clubs can track participation, celebrate milestones, and even challenge one another to achieve 100% member involvement.

Already planning an event this year? Consider adding a simple donation component, such as a raffle, a "round-up" opportunity, or a collection jar. Small contributions quickly add up, and every dollar helps support children and families facing childhood cancer.

Thank you for your leadership, your commitment to service, and your support of children receiving care at **Penn State Health Golisano Children's Hospital through Four Diamonds**. We are grateful to partner with you in the fight against childhood cancer.

#For the Kids

Yours in Service

PDG Tom Gregg



CLUB OFFICER TRAINING IS CHANGING!

TO FIT THE EVER-CHANGING LIFESTYLES OF LIONS!

Life is busy...

- WORK
- FAMILY
- CLUB MEETINGS
- SERVICE PROJECTS

...and we get it!



TRAINING IS VIRTUAL!

We will be conducting this training **VIRTUAL**, and you only need to join for the training or topic **YOU** are interested in!

SHORT • FOCUSED • FLEXIBLE • USEFUL



PERFECT FOR:

- NEW OFFICERS
- SEASONED LIONS WHO NEED A REFRESHER
- LIONS INTERESTED IN STEPPING INTO LEADERSHIP



Join the session that works for **YOU!**

TRAINING TOPICS INCLUDE:



PRESIDENT TRAINING



SECRETARY TRAINING



TREASURER TRAINING



LIONS PORTAL HOW-TO'S

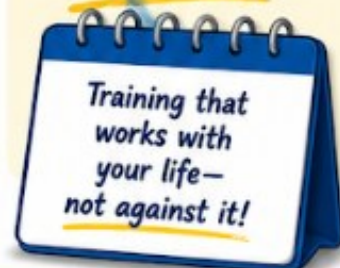


OFFICER TIPS & REFRESHERS



AND OTHER HELPFUL TOPICS!

LEARN WHAT YOU NEED—WHEN YOU NEED IT!



MORE DETAILS COMING SOON!

KEEP AN EYE ON
FACEBOOK & EMAIL

STRONG CLUBS. STRONG LEADERS. STRONGER COMMUNITIES. ❤️ THAT'S WHAT WE DO.



BEEP BEEP!
The Lions are coming!

Have you forgotten about the
DISTRICT 14-E CARAVAN?

LIONS ROAD TRIP AHEAD!

DISTRICT 14-E CARAVAN

LIONS WE SERVE

District 14-E

★ **IT'S MORE THAN A VAN... IT'S A WAY TO SERVE, CONNECT AND SHINE!** ★



TAKE A GROUP TRIP!

Plan a Lions road trip around District 14-E!
Visit other clubs, strengthen friendships and see how Lions are making a difference across our communities.



MORE VISIBILITY!

Bring the caravan to community events, festivals, fairs and health fairs. It's a great way to get noticed, start conversations and let everyone know...
WE SERVE!



LEARN & SCREEN!

Want to learn how to conduct vision screenings? The caravan is equipped for training and service. We'll help your club gain the skills to bring this valuable service to your own community.



GATHER YOUR CLUB. PACK YOUR PASSION.
HIT THE ROAD. SERVE ALONG THE WAY!



**TOGETHER
WE SERVE.
TOGETHER
WE GROW.**

Where will the
DISTRICT 14-E CARAVAN
take your club next?

ONE DISTRICT. ♥ ONE MISSION. ♥ ENDLESS POSSIBILITIES. ♥ WE SERVE!



HELP KIDS SEE THE FUTURE!

Support the District 14-E
Care-A-Van Kidsight Project

Our mission is to ensure every child gets the gift of sight—through vision screenings, follow-up care, and education that changes lives.



VISION
CHANGES
EVERYTHING!

INTRODUCING THE
PID CINDY GREGG
BIG BOARD!

\$5 PER SQUARE



MEET OUR
INSPIRATION!



PID CINDY GREGG

- The PID Cindy Gregg Kidsight Fellowship
- honors PID Cindy's lifelong dedication to helping children
- see brighter, live brighter,
- and dream bigger.

By supporting this fellowship, you're not just buying a square—you're investing in healthier eyes, brighter futures, and stronger communities.

HOW IT WORKS:

- ✓ Choose a square for \$5
- ✓ Your name goes on the board
- ✓ If your square is the winner, you get to name a PID Cindy Gregg Fellow!

WINNER
NAMES A
FELLOW!

YOU CAN NAME:



YOURSELF!

Become a
PID Cindy Gregg
Fellow!



A LION YOU ADMIRE!

Celebrate their
service & impact!



A COMMUNITY HERO!

Honor someone
who makes a
difference!

LET'S MAKE A
BUZZ FOR
BRIGHTER FUTURES!



INTERESTED IN
A SQUARE?
CONTACT:

PDG LANCE REMIC
lremic@hotmail.com
724.309.6750

VDG AMANDA REMIC
akbrant@icloud.com
724.984.7644



TOGETHER, WE CAN GIVE EVERY CHILD THE GIFT OF CLEAR VISION.

ONE SQUARE. ONE CHILD. ENDLESS POSSIBILITIES.



THE DELMONT LIONS



Saturday, Sept 19th

11 AM – Until SOLD OUT

\$13 for ½ Chicken, Roll, Applesauce, & Cookie

at The Central Hotel Parking Lot

(Corner of Greensburg Street and E. Pittsburgh Street)

&

Supporting us enables us to give back to the community!

WE HOPE TO SEE YOU THERE!!!



Lions Community Building
Claridge, PA

*The
Original*

CHICKEN BARBECUE

Benefits the Bushy Run Lions Club

**Sunday,
September 27, 2026**

**11:00 A.M. to 5:00 P.M.
OR UNTIL SOLD OUT**

\$13.00 PER DINNER - TAKE OUT

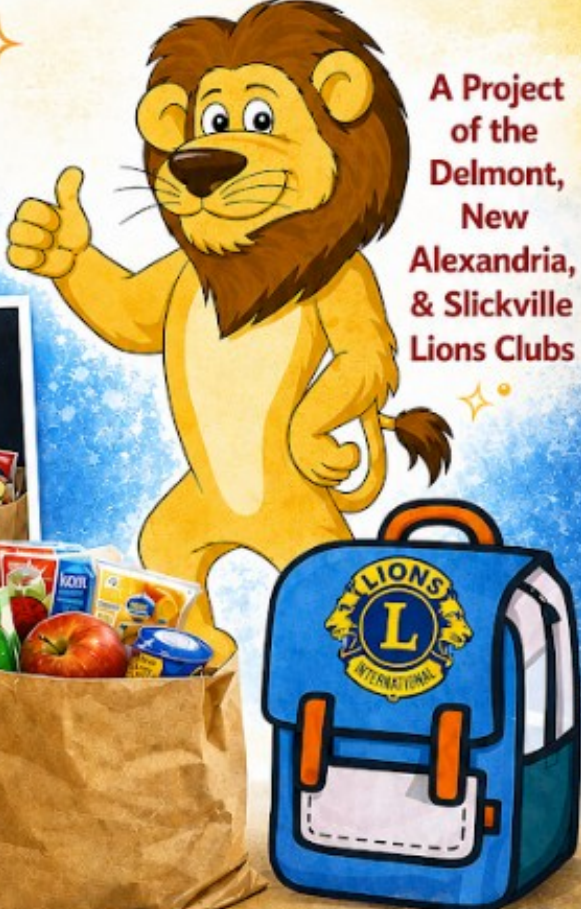


FOOD DRIVE!

Lions Lunchables

 **Helping Feed** 
Kids in Need
at Metzgar
Elementary

A Project
of the
Delmont,
New
Alexandria,
& Slickville
Lions Clubs 



FOOD DRIVE

Saturday, September 26th
 **Delmont Walmart**

 **Thank you for helping us make a difference!** 

#ServingWithHeart #LionsInAction #BackpackProgram #CommunityStrong



Annual Pennsylvania Lions



Fall Leadership Symposium

"Strengthening Our Roots"

2 LOCATIONS

Saturday, October 3, 2026 9 AM-2:30 PM

PA Lions State Office

949 East Park Drive, Harrisburg, PA 17111

Lunch available for a \$10.00 donation (Payable at Lunch)

Additional parking at Business Center next door

OR

Sunday, October 4, 2026 Noon-5 PM

Butler County Association for the Blind

322 N. Cedar Street

Butler, PA 16001

Refreshments will be available

TOPICS

Stronger Clubs: member retention; rebuilding; effective meetings

Stronger Together: community connections; identifying needs

Stronger Statistics: LCI/Portal navigation and use

Stronger Members/Leaders: recruiting quality members and leaders

FREE & OPEN to all MD-14 Lions

To register, please contact PDG Bill Grager at

bilbomzk@gmail.com or call (717)615-1974

Space is Limited!

Empowerment is the key to success!





The 4th Annual Slickville Lions & Youngwood Lions Clubs Youngwood Volunteer Fire Hall



TICKETS ON SALE NOW!

VDG Amanda K. Remic
akbrant@icloud.com, 724.984.7644

.....
DG Ron Brown
heatmaster@comcast.net, 412.610.2003

**OCTOBER
17TH**

★ **GREAT PRIZES!** ★

★ \$1,500 JACKPOT ★ REGULAR GAMES \$200 ★ "X" GAME \$300 ★ COVERALL \$1,000 ★ ALL REGULAR BINGOS \$50
50/50 DRAWING • BASKET RAFFLE • STRIP TICKETS



SAVE THE DATE!

★ DISTRICT 14 E ★

MASS INDUCTION

.....♥.....

Welcome. Inspire. Serve.
TOGETHER WE MAKE A BUZZ!



Mark Your Calendar!
**WEDNESDAY,
NOVEMBER 4,
2026**

*Swiftee's
Lakeview*
— GREENSBURG, PA —

*More Details
COMING SOON!*



TOGETHER WE SERVE. ♥
DISTRICT 14 E - MAKING A BUZZ IN THE WORLD!

YOU'RE INVITED!

DISTRICT 14-E

MASS INDUCTION

Welcome. Inspire. Serve. • Together We Make a Buzz!



Annual District 14-E Mass Induction of New Members

DATE: Wednesday, November 4, 2026

PLACE: Swiftee's Lakeview, Greensburg, PA

TIME: 6:00 P.M. Cash Bar • 7:00 P.M. Dinner

SPEAKER: State Council Chair Doug Nace

COST: \$30.00 per person

MENU: Choice of Chicken Romano or Rolled Steak stuffed with traditional stuffing

Gluten-free meals available by special request

All Lions and Leos are invited! New members who joined at the November 2025 Mass Induction and their sponsors should plan to attend and participate.

RESERVATIONS DUE OCTOBER 25, 2026

Checks payable to **DISTRICT 14-E LIONS** must accompany reservations. Questions: 1st VDG Amanda K. Remic • 724-984-7644 • akbrant@icloud.com

Cabinet members: This is a formal event — suits please. Spouses and guests are welcome.

◆ RESERVATION FORM ◆

Name: _____

Contact Phone: _____

Club: _____

Current Members Attending: _____

New Members Attending: _____

Total Attending: _____

Meal: ☐ Steak ☐ Chicken Romano ☐ Gluten Free Check Enclosed: \$ _____

Name of attendees: 1. _____

2. _____

3. _____

MAIL RESERVATIONS TO: LION MARK TINTORI
• 185 HAWKSWORTH ROAD • GREENSBURG,
PA 15601

**WE SERVE. • DISTRICT 14-E — MAKING A
BUZZ IN THE WORLD!**



Slapsticks! Productions Presents

Norwin Lions Club Funny Fundraiser!



Hilarious Headliner



PHIL HUGHES

Funny Feature



TREY McDONOUGH

Help Support Norwin Lions Club Charities &
Our Kitty Sack Project, Feeding Norwin's Kids In Need!

Saturday  **November 7**

VFW Post 781

100 Billott Avenue • Irwin, PA 15642

\$30⁰⁰ Donation • BYO-Food • Cash Bar

Doors Open 6:15pm • Showtime 7:00pm

21 & Over • No outside alcohol permitted

For Tickets Contact

Email: norwinlionsclub@gmail.com

or Purchase from Lions Club Members

**Click It
Ticket!**





We Serve

LEARN TODAY. LEAD TOMORROW.

**LEADERSHIP LEARNING COURSES
AVAILABLE ON THE LION PORTAL!**

Build your knowledge. Strengthen your skills.
Advance your leadership. The Lion Portal
has the courses to help you succeed! ♥

**YOUR JOURNEY.
YOUR LEADERSHIP.
YOUR IMPACT.**



A LEARNING PATH FOR EVERY LEADER

START HERE



SECRETARY

- Effective Club Meetings
- Reports That Matter
- Records & Communication

LEAD YOUR CLUB



PRESIDENT

- Leading Your Club
- Goal Setting & Planning
- Membership Growth
- Team Building

EXPAND YOUR LEADERSHIP



ZONE CHAIR

- Leading with Purpose
- Supporting Clubs
- Communication & Collaboration
- Conflict Resolution

GO FURTHER



**DISTRICT LEADER
AND BEYOND**

- Strategic Leadership
- Change Management
- Developing Leaders
- Building a Legacy of Service

 **WHY TAKE THESE COURSES?**

-  Build essential leadership skills
-  Better support your club and your community
-  Increase your confidence in your role
-  Prepare for future opportunities and make a bigger impact

FLEXIBLE. CONVENIENT. EFFECTIVE.



100% online



Learn at your own pace



Available anytime, anywhere



Track your progress

 **CONTINUOUS LEARNING.
STRONGER LEADERS.
STRONGER CLUBS.
STRONGER COMMUNITIES.** ♥

READY TO START YOUR LEADERSHIP JOURNEY?
Log in to the **Lion Portal** today!

lionportal.org

HAVE QUESTIONS?
Ask any District Leader about these courses!



TOGETHER, WE GROW. TOGETHER, WE SERVE. ♥



LEADING THE WAY



Leader Dogs for the Blind & Lions Newsletter

September 2026



Serve Together During the Vision Week of Service

International President Mark Lyon is a champion for the cause of vision. Earlier this year, he visited Leader Dog to celebrate our long-standing partnership and shared mission of service.

"A few years back, I had the joy of serving on the Lions Advisory Committee for Leader Dog and learned so much about this premier organization that shares so many of our Lions values. Founded in 1939, Leader Dog and Lions have been working side by side to serve the blind and visually impaired to gain their independence and mobility. **Lion Lyn and I look forward to partnering with Leader Dog in the days ahead.**"



The first Lions International Week of Service this year is coming up in October, and it is focused on the cause Lions and Leader Dog were founded on: Vision. We hope you will join us and Lions around the world to continue our legacy as Knights of the Blind.

Would your club be interested in a service project with Leader Dog? Partner with us for a social media awareness campaign, dining in the dark community event, or a fundraiser. Read a Leader Dog's story to a local elementary school or share Leader Dog brochures with your local ophthalmologist. Email LionsSupport@leaderdog.org to brainstorm ways your club can partner in service.

A Record-Breaking Year for Leader Dog Applications

During the 2025-26 fiscal year, Leader Dogs for the Blind provided ongoing support to hundreds of former clients, and **351 more people regained their independence through our training programs.**

- ✓ **110 people were matched with a Leader Dog** in Guide Dog training
- ✓ **214 people gained confidence with white cane travel** in Orientation & Mobility, including 4 teens who attended with an adult supporter
- ✓ **21 teens enjoyed a week of adventure with their peers** at Summer Camp



LeaderDog.org | LionsSupport@leaderdog.org



Lions International



- ✓ **6 people achieved their personal goals** in pilot programs focused on life skills, assistive technology and self-defense

This was a record-breaking year for client applications, with **999 applications received** from people in 49 US states, 5 Canadian provinces, and 3 other countries. Each year, hundreds of applicants find us because a Lion pointed them our way. Thank you for making sure your neighbors across the United States, Canada and beyond know that **Leader Dog's elite guide dog program and industry-leading orientation & mobility program are available to them at no cost!**

District Leaders Arrive on Our Campus



Vice District Governors from more than 110 Lions districts across the United States and Canada are visiting Leader Dog's campus between August and September. **Each year, we invite VDGs to immerse themselves in our mission during Lions Summer Visits.** They meet clients, tour our Residence Center and Canine Development Center, complete a service project, participate in blindfold walks with a guide dog and white cane, and eat dinner under blindfold.

When they return home, **they will bring stories of the impact Lions have had on more than 18,000 clients since we were founded by Lions nearly 90 years ago.** Thank you to the thousands of Lions leaders who have visited our campus in our long history – your outreach and advocacy in your home communities have led countless clients to Leader Dog, and we couldn't do what we do without you.

Mission Moment

"What happens when the life you planned disappears & the life you discover turns out to be even bigger? I know the answer because I've lived it. After progressive vision loss challenged my independence, **partnering with my Leader Dog Rigatoni transformed not only the way I traveled, but also the way I saw my future.**"

Lion Becky Fassett, District 21-N Leader Dog Chair and Guide Dog Graduate from Arizona





**2026 Annual Research Seminar
of the Pennsylvania Lions
Sight Conservation & Eye
Research Foundation**

**SAVE THE
DATE**

Date: October 24, 2026
Penn State Hershey
Medical Center,
University Conference
Center

Continental Breakfast: 8:00 AM
Opening Remarks: 9:00 AM

Contact person: Karen Mielick
(717) 531-8783



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(717) 531-8783





Please join us at
The Penn State Hershey
Medical Center
University Conference
Center
500 University Drive,
Hershey,
Pennsylvania
on
Saturday,
October 24, 2026
Any questions or concerns,
please contact
Karen Minick at
(717) 531-8783 or via
email at
kminick@pennstatehealth.psu.edu

Penn State Hershey Medical Center

500 University Drive, H0119
Hershey, PA 17033

Phone: 717-531-8783
Fax: 717-531-5475

Email: kminick@pennstatehealth.psu.edu

**2026 Annual Research
Seminar of the Pennsylvania
Lions Sight Conservation &
Eye Research Foundation**



Saturday October 24, 2026
Continental Breakfast to
begin at
8:00 AM

Meeting begins promptly at
9:00 AM

Located at:
The Penn State Hershey
Medical Center
500 University Drive
University Conference
Center
Hershey, PA 17033

Schedule

8:00-9:00 AM Continental Breakfast
9:00-9:20 AM Opening Remarks
9:20-10:20 AM Presentations
10:20-10:40 AM Coffee Break
10:40-11:40 AM Presentations
11:40-12:00 PM Closing Remarks
12:00-1:30 PM Lunch and Conversation



From the main Penn State Hershey entrance:

- Follow Governor Road/RL 322 West for 3.4 miles.
- Turn left at the first traffic light onto Bullfrog Valley Road.
- Travel 3.4 miles and turn left at the first traffic light onto Life Lion Drive.
- Follow Life Lion Drive to the first stop sign.
- Turn left on Campus Drive.
- The University Fitness and Conference Center building will be on your left (RH on the map), with parking on the West and South sides of the building; turn left off Campus Drive at the UCC Parking sign.

OR

- After turning on University Drive, you will come to a stop sign and take a right on to Campus Drive. Stay on Campus Drive until you see University Fitness Center sign and turn right and follow sign to Conference Center Parking Lot.

Registration Form

First Name _____
Last Name _____
Address _____
City _____ State _____ Zip _____
Telephone: _____
Fax: _____
Email Address: _____

Registration is FREE.

Please send completed registration form
to Karen Minick by

Friday, October 9, 2026 at

Penn State M.S. Hershey

Medical Center,

Dept. of Ophthalmology, H0119

500 University Drive,

Hershey, PA 17033-0650

or

Email it to: kminick@pennstatehealth.psu.edu

or

Fax it to: (717) 531-5475

If you have any questions, please call

Karen at (717) 531-8783.



2026-2027 DISTRICT 14-E PROJECTS DONATION FORM

CLUB _____	DATE _____
PA Lions Beacon Lodge Camp	\$ _____
Care-A-Van	\$ _____
Diabetes	\$ _____
Disaster Relief Team Fund	\$ _____
Eye Research	\$ _____
Pediatric Cancer	\$ _____
Leader Dogs for the Blind	\$ _____
Lions Clubs International Foundation (LCIF)	\$ _____
Lions of Pennsylvania Foundation	\$ _____
PA Lions Hearing Research Foundation	\$ _____
Western PA Lions Hearing Foundation	\$ _____
Westmoreland County Blind Association	\$ _____
Center for Hearing & Deaf Services	\$ _____
PID Cindy Gregg Fellowship	\$ _____
TOTAL DONATION:	\$ _____

Please note: If your club has not already submitted donations, they must be received by May 1, 2027 to receive credit for 2026-2027 Lions Year. Donation check should be made out to District 14-E Lions and this form should accompany the check. Please mail check to Cabinet Treasurer, IPDG Amy Thompkins, 309 Beechwood Rd, Greensburg, PA 15601. Donations can also be given to District Governor Ron Brown before the deadline.

LIONS DISTRICT 14E NEWSLETTER

**WE'RE ON THE
WEB:
WWW.LIONS14E
-ORG**



We Serve

SPREADING OUR MESSAGE

If you need publicity, let me know if I can help promote your message to the media. I have some contacts with the Greensburg Trib.

John Russo
Communication Chair
Lions14ENewsletter@gmail.com

Reach the newsletter
Lions14ENewsletter@gmail.com

**District 14-E Lions
Facebook Page**





Like Us on Facebook – [District 14 E Lions](#)

[District 14-E Lions](#) - The Official Facebook Page of District 14-E

Send your information to Amanda or Lance Remic for your Club's activities to be posted to the District's Facebook page. We want to show all that is being done by Lions of District 14-E.

Send info advertising your upcoming events or share photos of the events that have taken place to show the fun and success your Club had.

Email your info to akbrant@atlanticbb.net (Amanda) or lremic@hotmail.com (Lance)
Or text your info to 724-984-7644 (Amanda) or 724-309-6750 (Lance).



IMPORTANT WEB ADDRESSES

District 14-E Lions.....www.lions14E.org
Leader Dogs for the Blind.....www.leaderdog.org
Lions Clubs International..... www.lionsclubs.org
PA Lions Beacon Lodge Camp.....www.beaconlodge.org
PA State Council of Lions Clubs.....www.palions.org
Lions of PA Foundation.....www.lionsofpaoundation.org
Western PA Lions Hearing Foundation.....www.wpalhf.org

Like us on Facebook: District 14-E Lions

Please consider a Personal Contribution to either of these two charities to supplement Club Donations. Thank You!

<https://fourdiamonds.donordrive.com/index.cfm?fuseaction=cms.page&id=1175>

<https://www.lionsclubs.org/en/donate>

Scan this QR Code to check out the District
14E Website!

What is a QR Code?



QR codes are 2D barcodes which contain any kind of information that can redirect scanners to online information. This QR Code, when scanned, will take you to the District 14E website. Try it out!
(you will need to have a QR Reader app on your phone)

