

DISTRICT 14-E WESTMORELAND COUNTY NEWSLETTER



Monthly Newsletter Edition
SEPTEMBER | 2023

District Governor's Message



Fellow Lions,

The month of August has gone by very quickly. District Governor visits are well under way, and I must say I am enjoying being able to spend time with you and your clubs. It makes me very proud to see all that you are doing for your communities and those in need. I have also been able to attend several club fundraisers and activities last month and look forward to attending more in the upcoming months as well!

A HUGE shout out to all who attended the District's Club Officer Training on 8/28/23 at Hoss's. The training was a huge success—there were many great discussions and questions with all who came, and hopefully everyone has a better understanding of the positions and also understand that not all clubs do things the same way! Sharing your knowledge is a wonderful way to inspire others to become interested in serving in other capacities. As a result of having 38 in attendance, we were able to surpass the District's goal of 20% and therefore trained 33% of our club officers for this year!! Thanks to all who made this possible—especially GLT/PDG Chuck!!

A reminder that September is Pediatric Cancer Awareness Month. There are several activities you and your club can do to raise funds and make the community aware of Pediatric Cancer. Four Diamonds has several activities you can try—for more information, please contact PDG Tom Gregg (tomgregg1@verizon.net). And remember, the District is collecting new books for Hershey Medical Center—I would like for EVERY club to donate at least one book and even better yet if EVERY member of the District donated one book, that would be over 700 books which means we could give a book to each child for Christmas! Imagine the joy you will bring to children and their families going through treatments—by donating books, you are making a difference in someone's life which is a part of "Changing the World"!!

I know many of you are thinking about the wildfires that ravaged Hawaii. If you or your club would like to help with the relief efforts there, please make a donation to (Lions Clubs International Foundation) LCIF and earmark it for Maui relief. Speaking of LCIF, I know many of you received an email from PID Cindy Gregg—she is the District's LCIF Coordinator—ALL clubs should have an LCIF Club Coordinator. If you do not have one, please consider appointing one as soon as possible and let PID Cindy or me know who this person is. It doesn't involve a lot of work, as you will receive information from LCIF or PID Cindy and then you share it with your club members. To the clubs that already have an LCIF Coordinator—Thank you!!

There are many activities and fundraisers coming up during the month of September—the Diabetes Golf Outing, the Diabetes 30th Anniversary Dinner, Beacon Lodge 75th Anniversary Gala, Chicken BBQ's, Bingo's and many more club and community activities. Remember to continue to be visible in your communities, and to "Bring Someone" to those activities. We need more hands to do more work in our communities, and if you don't ask, growth will not happen!

Also keep in mind that October is Vision Awareness month. This is a great time to plan a White Cane Collection Day or hold vision screenings! Again, have membership information available and “Bring Someone”!

I would like to close with reminding you all if you have an activity or fundraiser and need an extra hand, don't be afraid to ask other clubs to assist---a huge THANK YOU to those that helped Manor Lions in August with their Chicken BBQ (Delmont, Washington-Bell Twp & Rostraver) as well as the Mt Pleasant Township Lions at their booth at the Westmoreland County Fair (Delmont & Youngwood)—you are all greatly appreciated by both clubs. We, as Lions are here to help those in need which includes helping each other when needed and for that, I thank you all from the bottom of my heart!!

Transformation-Change-Rebirth,
Changing the World,

DG Amy

“When you are kind to others, it not only changes you,
it changes the world!” —Harold Kushner



First Vice District Governor Note

Greetings fellow Lions, LEOs, and Friends!

Thanks to everyone who committed to donate baskets to the Lions Diabetes (LDBAW) Golf Challenge basket raffle on September 9, 2023.

Your contribution will help make this important fundraiser a success! We'll be soliciting basket donations again before the holidays for LDBAW's Christmas with the Lions, so stay tuned!

Information Security Tip: Don't Put off Making Backups!

It happens to ALL of us eventually: your hard drive fails, your laptop goes into meltdown, or for some unknown reason a hardware failure gives you the dreaded "blue screen of death." Losing files on your computer can be very stressful and often irreversible depending on the cause – and on whether or not you have **BACKUPS**.

Backup files are copies you store somewhere other than on your computer or smartphone (without having to store a printed copy!) Here are some options, and some pros and cons for each.

1. USB drives (thumb drives)

USB drives have been popular for over 20 years. These are the small drives you plug into a USB port on your computer, and treat just like an additional hard drive. These are convenient and very portable. They are also subject to mechanical failure ("read" errors and corruption) and of course, accidental loss. As long as you keep your USB drive to yourself and don't plug it into other computers, you should be reasonably safe from malware (unless you've been exposed to it on your own).

2. Portable external hard drives

External hard drives were very popular about a decade ago, and are still used by people who have to manipulate and store very large files (think video, audio, graphics, etc.). However, the consumer grade of these devices are prone to malfunction and failure. My advice is to skip these unless you can use a professional grade product, which for most would be overkill.

3. Cloud Storage – BEST OPTION

Storage of important files "in the cloud" sounds mysterious until you understand that "the cloud" is nothing more than "a different computer." Cloud storage options are made available by many companies (Apple iCloud, Microsoft OneDrive, Google Drive, Amazon Photos, etc.) and are a very secure and reliable way to store files. Your internet service provider may also provide a cloud storage option that you're already paying for, even if you don't use it! These can be files you're putting away for storage (photos, etc.), but ALSO active files ("Word" files, etc.) that you work with all the time. All you need to access them is an internet connection (and your cloud login). Many large corporate entities have moved file storage and even applications almost entirely to "the cloud" to avoid the loss of data should devices or major "servers" experience a failure.

Stay safe out there, and have a great September!

Thanks,

1VDG Jeff Jordan
Jeffreybob14e@gmail.com

Second Vice District Governor Message

Happy Fall y'all!!!!

OK, I know I know, Fall doesn't "happen" until later in the month, but when we flip the calendar to the month of September it's a whirlwind of changes and new beginnings. School has started in most districts, football games have started, fall festivals, and let's not forget PUMPKIN EVEYRTHING! YUMMMM

And in Lions, even though the "new year" began on July 1, many clubs take a break over the Summer and start back up in the month of September as well. Meetings start back up, District Governor visits are in full swing, and we Lions are preparing to do all things we Lions do.... Serve our communities!

Speaking of new beginnings, this is a good time to plan out your new Lion's year and I challenge each club to challenge yourselves and do one thing new this year! Do something that maybe you haven't done in a really long time or try something completely new! Serve your community in a new way or partner with a neighboring club or organization because we ALL could use a helping hand. Here are just a few ideas:

- The month of **September is Childhood Cancer Awareness Month**. Four Diamonds kicks off their "**Play for the Kids**" campaign. It is a unique way to fundraise monies and awareness for children fighting this terrible disease. For more information, go here: [Play For The Kids® | Childhood Cancer Fundraisers \(fourdiamonds.org\)](https://www.fourdiamonds.org)
- **Celebrate Community 2023, September 11-17**. Celebrate Community, an annual joint initiative from the service organizations Kiwanis International, Lions International, Optimist International and Rotary International, will take place the week of September 11-17, 2023. Clubs are encouraged to reach out to other organizations in their area and do a service project together! Be sure to post your event on social media and use #CelebrateCommunity
- **Support other clubs** in our District by attending their BBQ's, BINGOS, and other fundraisers they are doing. Reach out to them and see if they need any help!

It is also a good time to look within ourselves. If you haven't been as active as you know you could be, lace up those kicks and get out there! Your club misses you! WE MISS YOU! Self-evaluation is always a good exercise. How can YOU be a better Lion? Wanna shake things up a little? Get more involved at the District Level – EVERY LION is invited to the cabinet meetings, service projects, and other events. We would love to see you at the upcoming District Halloween Party next month and get the Annual District Bowling Tournament on your calendar!

Later in the month, invitations will be going out for the District's Annual Mass Induction Ceremony. Save the date, which is November 1st. Look for a flyer in the October Newsletter. **PLEASE**, encourage your new members to take part in this ceremony. It is a special evening and it is BIG DEAL, and something they can't just do another time.

RE-MEMBER.... Membership starts with "R"....

How are you *Recruiting*Retaining*Re-energizing*Re-inventing????

Changing the World begins with each one of us!

Peace & Love,

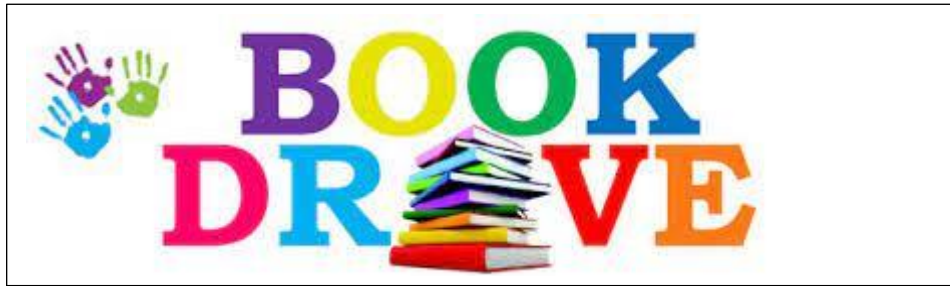
2VDG Lion Lisa G.

DISTRICT 14-E 2023-2024 GOALS Report Card

How this works: Status is set to GREY out the gate. Each month we will evaluate our progress and the Status will change from Gray - Red- Orange -Yellow- Green. And watch our Caterpillars change to Butterflies!

	GOAL	Status	Transformation - Change - Rebirth
1	Increase Club Officer Training to 20% - <i>Result: 33+ Lions attended Club Officer Training in August!</i>	100%	
2	Appoint ONE new Zone Chair <i>Some lions have shown some interest and conversations are taking place.</i>	0	
3	Start ONE new Club Branch with at least 5 charter members.	0	
4	Attain positive membership growth by net ONE. <i>We are down (1) right now – we have work to do!</i>	-1	
5	Increase Club service reporting to 50% <i>Only 24% of our clubs reported their service.</i>	0	
6	Increase LCIF individual donors to 3% <i>Clubs are encouraged to appoint an LCIF coordinator.</i>	0	
7	District-wide Service Project – District 14-E Book Drive (see announcement)	We are on our way!	

District 14-E Lions Book Drive



District 14-E will be having a Book Drive for Pediatric Cancer patients at Hershey Medical Center in time for Christmas!

WANTED: New books for children and adults up to age 35. Or you can send money for books to be purchased. Please include a receipt for the books as I plan to apply for a matching grant from the Lions of PA Foundation to purchase Ninetendo Switch Systems and games to send to Hershey for Easter!!

WHEN: Books or money can be given to DG Amy prior to November 1st.

WHAT: After books are purchased and received, there will be a labeling and packing party on November 18th as all books will have a label placed in them to note they are from District 14-E in memory of Samuel Grimm before they are shipped off to Ashley Grimm & the Hershey Medical Center to be distributed for Christmas.

WHY: Because books can give the children and parents some much needed relief from their situations, and more importantly, because

WE CARE and WE SERVE!!





DG Amy is inviting you
to attend the District Halloween Party
on Sunday, October 22, 2023 from 1-4pm
at the Level Green Lions Building.

(123 Murrysville Rd, Trafford, PA 15085)



Costumes are optional, but there will be prizes, music, pizza,
snacks, drinks, fun and games for all!!

So please join us for an afternoon of Spooktacular fun!

Please RSVP to DG Amy by Oct 8th at

(412-551-0327 or amoose309@yahoo.com)

Cost is \$5 per person.



INTERNATIONAL ASSOCIATION OF LIONS CLUBS DISTRICT 14-E CHILDHOOD CANCER AWARENESS

H#: 724 872-0707 CELL#: 412 576-0708

PDG Thomas L. Gregg, District 14-E Chairperson
1130 Willowbrook Road
Rostraver Township, Pennsylvania 15012-3202
tomgregg1@verizon.net



Dear Lions,

September is Childhood Cancer Awareness Month, and a great opportunity for us to really focus on our [PA Lions "Care - For The Kids™,"](#) campaign, which will raise funds and awareness for children fighting cancer.

Did you know?

[In the U.S., more children die from cancer than any other disease.](#) An estimated 16,000 children will be diagnosed with cancer this year, and approximately 1 in 5 children will not survive.

So, what can YOU do to help Four Diamonds in their quest to conquer childhood cancer? Below are some easy and fun ways you or your club can get involved.

1. Visit our PA Lions "Care - For The Kids™" campaign landing page (www.FourDiamonds.org/PALions) to make a one-time or monthly recurring donation to Four Diamonds through your Club's page.
2. Ask others to support your efforts, and share your efforts via email and on social media.
3. Organize and host a special fundraising event (basket raffle, dinner, etc.) with your club or other local clubs to raise funds for Four Diamonds.
4. HAVE FUN! ☐

Here's what your donation can do:

- \$50 provides nutritional therapy for a child fighting cancer
- \$100 provides psychological counseling, providing kids and families the tools to communicate and heal
- \$300 covers a tube of antibodies used to help with research

\$2,500 funds a small research experiment for one week Other fundraising ideas to implement during Childhood Cancer Awareness Month can include:

1. Game nights: bring your favorite board game to your next club meeting and play like a kid
2. Hold an ice cream social
3. Mini-golf tournament
4. Movie nights
5. Group bike ride

Should you choose to make an offline donation (cash or check made payable to *Four Diamonds*) you can mail them to:

**Four Diamonds
Mail Code HS21
PO Box 852
Hershey, PA 17033-0852**

Remember we can help #FTK
Yours in Service
PDG Tom Gregg
District 14-E Childhood Cancer



Lions Clubs International
FOUNDATION

Devastating natural disasters have recently struck across the globe, including:

- The ravaging wildfires in the United States, Greece, and Tunisia.
- Catastrophic flooding in Bangladesh, Colombia, India, Japan, Korea, Slovenia, and the United States.
- Destructive hurricanes and typhoons in Bangladesh, Brazil, China, and the Philippines.

When humanitarian crises of this magnitude strike, we, as Lions and our Lions Clubs International Foundation (LCIF), are there to help. Since **July 1, 2023**, LCIF has awarded more than 45 disaster relief grants, totaling in excess of US\$485,000. That's unimaginable in such a short period of time!

However, your donation to LCIF's Disaster Relief Fund helps to ensure that we respond quickly to provide help and hope where it is most needed.

How much can you **and** your club contribute to help in Maui, California, Canada, Turkey, and elsewhere throughout the world? Every little bit helps.

At the recent 14-E Cabinet meeting, we started an **LCIF Board** which, when filled, will allow one lucky Lion to become a Melvin Jones Fellow! Imagine, for just \$10/square, you may be a lucky winner. Come to the next Cabinet Meeting or District event to take a chance.

Now, for the more serious business...only 8 of our clubs have an LCIF coordinator. That Lion is vital in sharing information from our Foundation and Chairperson IPIP Brian Sheehan, to inform your club of ways in which YOU are "Changing the World." Please appoint one this month. Likewise, just because your club contributes to LCIF, doesn't take that responsibility away from you. Every dollar is used to help someone throughout our country or the world. Won't you help?

Finally, I am available and willing to present a program on LCIF to help your members see how we are "Changing the World."

Thanks for your support.

Yours in Service and Friendship,
Cindy Gregg, 2023-2024 13-E LCIF Coordinator
724-872-0707 orffteacher1@verizon.net



Global Action Team

Dear Fellow Lions,

Does your club have a membership goal? Do you have a Membership Chair with a team of 2-3 members? Do you have a membership plan?

If not, it's early enough for you to set a goal. EVERY club should plan to end the year with at least one member more than you had on July 1. How do you plan to accomplish this goal? Just Ask! As simple as that seems, when I ask newly inducted members, particularly those who are closer to my age, why they never joined when they were younger, the most frequent response is that no one asked! So, reach out to someone in the community, at church, or at work who has the passion to make a difference and change a life.

October has traditionally been Membership Growth Month. Plan events to attract veterans, empty nesters, or new members of your community or church. If you sponsor a youth group or scout troop, talk with the parents, and invite them to an upcoming activity. Furthermore, look at the demographics of your community. Does your club reflect that? If not, make a goal to seek members that mirror that structure.

Talk with the fire or police chief to learn of the top five items on their wish list and determine if one of those items could be a possibility with a Lions of Pennsylvania Grant, or possibly an LCIF Grant. Of course, encourage them to become members. Their service is saving lives!

This approach can also be used with the school principal or superintendent, or perhaps, with the township commissioners, or the town council.

Think about partnering with the PTA, church groups, and other non-profit organizations to provide more service. Take advantage of community festivals and events to share your tri-fold brochure that lists the projects that you have done in your community, along with testimonials, and club contact information.

Share your stories. After all, each of the clubs has a message to share about the difference you have made within your community. Now is the time to remind your community of the relevance of your club.

Finally, it is vital that every Lion honors his/her membership promise to seek their replacement. This is the only way that our clubs will continue to grow and help our communities.

As always, thank you for "Changing your Community and the World." Best wishes for successful recruiting.

Yours in Friendship and Service,

Cindy Gregg, PID (2013-2015)

Area 1-D GAT (Ohio, Pennsylvania, Virginia, and West Virginia)

2023 USA/Canada Lions Leadership Forum Exhibits Chairperson

2023-2024 Lions Diabetes Board of Allegheny and Westmoreland County Chairperson

14-E LCIF Chair

TRANSFORMATION

Fellow Lions,

WOW!! WOW!! Thank you all for coming to the District's Club Officer Training. Thirty-three participants were in attendance. I am very proud of you all. You are heading in the right direction with learning what us Lions can really do. Also, I would like to thank the following: PID Cindy Gregg (President Training), PDG Tom Gregg (Secretary Training), DG Amy Thompkins (Treasurer Training), & 2VDG Lisa Gismondi (Membership Chair Training), as well as the other Lions who assisted the presenters with additional information and questions. All presentations were great and full of important information for all. Just a reminder, if you would like to chat more on any of these topics or any other topic for that matter, please reach out to me by phone or email (724-989-8250 or chuckt309@yahoo.com). I would be happy to arrange another meeting with you to further discuss. This offer also stands for those who were unable to attend—I will gladly meet with you.

Leadership, why is that important to our clubs? Well finding good leaders is not an easy task. The hardest thing to do is taking the first step. There are a lot of awesome Lions out there...all you have to do is take that step. Being a Club President is a good first step. Once you do so things will start coming together. Opportunities will open pathways to more leadership roles. Yes, there will be some winding roads, and ups and downs, but the end result is a great finish. You will become a knowledgeable Lion in your Club, District and State. Lions, without leaders willing to step up, our Clubs, District and organization will fade away and be forgotten. We cannot allow that to happen!

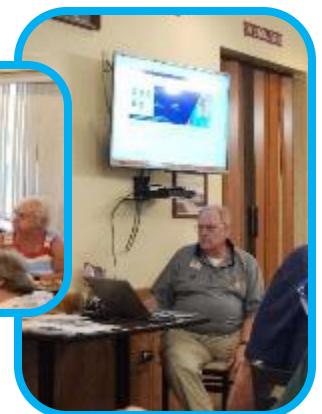
To the Lions that attended the Officer Training, I am honored that you all came. Inside I was shining like a diamond, because I saw Hope, Dedication and Determination in all of you! I challenge you all to think about what your future has for you in the upcoming years. I saw a room full of Leaders. As a large Lion family, I can only see us going in one direction, and that direction is forward! I know one thing and that is if you don't try, you won't know. Zone Chairperson is a good second step after Club President for learning about District objectives. I ask you all to take a few minutes and think about taking a walk on that important path to your future in Lions. Remember what DG Amy's theme is...Transformation-Change-Rebirth. Following her words of wisdom, we all can make our Clubs, District and State's sure source of proud Lions that can and will help strengthen this organization.

The last thing I want to say is to you is to keep up the great work with your clubs! I know things can become tough with getting members and others involved, but if you keep trying, keep up the positive vibes, and don't be afraid of change, things will work out.

See you all soon.

Yours In Lionism,

GLT/PDG Chuck



CHANGE

GLOBAL MEMBERSHIP TEAM – **BRING SOMEONE**

DISTRCT 14-E MEMBERSHIP

700 Members

District Membership stands at **700 Lions**. We started the Lions Year with 701 Members. We are within one new member of being even again. Keep at it!

The following Clubs increased membership during August:

New Alexandria	+2
Rostraver Township	+2
Washington-Bell	+1
West Newton	+1

Has your Club set a membership goal yet? Keep working on your goal and your Club will see growth. All it takes is one member to appear on the list above.

Plant a seed and watch it grow. Start small and it will develop from there. Then keep after it and maintain your Club's growth.



BRING SOMEONE

Bring Someone is the idea of bringing in new Members, orienting Members in what Lionism is about, and constantly engaging Lions so that they feel a sense of satisfaction through Service and Leadership so that their Membership is retained.

Bring Someone – ‘?’ Minute Membership



Do you remember hearing about the “8 Minute Abs” workout? The idea that with just 8 minutes spent every day you can work out your mid-section. Who wouldn't want to spend just 8 minutes a day to have great abs? Now the problem was that 8 minutes, even every day, isn't enough to sculpt your abs and it will never be enough to let that six pack to show through. It takes more than that – more cardio, more time spent, more effort given. Then people say, how about 7-minute or even 6-minute abs? You don't even get your heart going!

Bring Someone – ‘?’ Minute Membership cont'd

How much time do you spend on membership? Does your Club talk about it at your meetings as a regular part of the agenda? When you are away from your Club do you spend time on membership? ‘?’-Minute Membership. What about of time ‘?’ is enough to do membership right?

When the District gets together, we are given 3-Minutes to talk to about our Cabinet positions. That's not a lot of time for something as important as membership, but it must work. Are you prepared to use the time you get for membership? When talking to a potential member are you prepared with your 30-second membership elevator speech? If you share a meal with potential members, are you ready to use that time to talk about the good your Club does with its Service and how their help as members will only make what you do better? Are you planning a Club membership night to inform potential and new members about Lions? 30-second, 3-minute, 30-minutes, 60-minute membership – we need to do what it takes.

So that just means you will have to do more of the work. You will need to use resources to gain membership information to reach your goals. Afterall, you set goals, right? and they are important to you?

We all play part in membership though and need to take every chance possible to work on it.



Contact Me

PDG Lance H. Remic, D-GMT

122 Country Lane
Export, PA 15632
724-309-6750
lremic@hotmail.com

Bring Someone – Retention

If we are working hard to gain new members, it only makes sense to do what it takes to keep them. We might even have to spend more time keeping members than we do to gain members. I was asked to be a Lion twice by the person who sponsored me – this happened in the total of minutes over those two times. I have spent the last 15 years interacting with my Lions Club and District to keep me involved.

Allowing members to leave that took time to get makes no sense. We need to work harder to keep our members. As Mission 1.5 explains, Lions should be re-motivated and rejuvenated so that they are satisfied in their Clubs by always finding Service and Leadership to be meaningful.

Your Club has a Membership Chairperson (or so it should). Do you have a Membership Team? You need someone to help your Membership Chair to orient members and retain them as active Lions.

Bring Someone – Let's Work Together

If your Club isn't working on Membership, it needs to be. Let's work together. Call me and I will come to your Club, and we can start thinking of ways your Club can work on Membership. The first step is going to be coming up with a goal your Club wants to achieve, and we can work together to find the tools and resources needed. We will work to figure out what the '?-Minutes need to be for your Club and I am willing to give you the time ('?') that you want. Use the information to the left and reach out to me.

Questions and Answers

Q: What is '?-Minute Membership?

A: You need to make the most of the time you have. You need to put the time and effort into Membership every chance you can, and you have resources to help. Work together to bring in new members and to keep those members active.

Q: You work hard to get members. What do you need to focus on to keep them?

A: Retention

Q: Who helped write this article?

A: **The Mooch**
(part of my Membership Team)





New
Members!

Welcome to the New Members of District 14-E

Name:

Stormy Gowec
Shawn Torrance
Christina Booher
Celeste Palamara
Sue Washburn
Cody Reed

Club:

New Alexandria
New Alexandria
Rostraver Township
Rostraver Township
Washington Bell
West Newton

Sponsor:

PDG Aaron Slezak
PDG Aaron Slezak
PDG Robert Mesher
PDG Robert Mesher
Matthew Thorton
Mary Popovich

In Memory of our Departed Lions... (as reported August 2023)

God does not seem to be concerned about the size of the talent he has given us in life, or about the grandeur of the service that we are able to offer him. He cares about the faithfulness of our service. He values the little things that are done lovingly and consistently in his name. Any service offered from a sympathetic and compassionate heart matters most.

When the heart is right and one's dedication is complete, God's response is always the same: "Well done, good and faithful servant." It is not the size of the gift or task that matters, but the size of the heart of the giver.

In memory of the one who has served with us and has been taken from us. At such a time, wealth and reputation, power and intellect are no longer of great importance. It is the lifetime of service that we honor, time spent in giving rather than receiving. In these moments we echo the words of our Lord, "Well done, good and faithful servant."

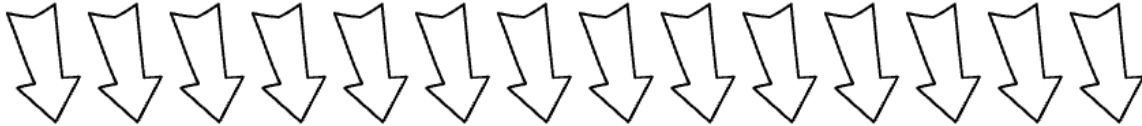


*Lyle Eugene Walker - Washington Bell Lions Club -
21 Year Member*

**Please send information of your Club's departed Lions to District 14-E GMT,
PDG Lance Remic (lremic@hotmail.com) to have the included in this list.**

REBIRTH

Service



MADE YOU LOOK

When we do service how many people see what your club has done for your community?

Does your club promote the service and all the hard work that the members gave to help someone?

Does your club report their service thru our district AND international?

When you provide service to your community, people take notice. You don't realize the impact it has on them at the time and in the future. When you give a child glasses, this impacts their life. The family will always remember the kindness that your Lions club have provided. When you build a wheel chair ramp for someone, this helps ease a burden just not to the person but also the caregivers. When there is a disaster in your area, one small meal, clothes, or money might not be much to you but, to them it means that they are not alone. If we can just make one person not feel forgotten in their time of need, we have been a good and faithful servant.

1. Collect and donate school supplies.
2. Collect and donate backpacks.
3. Collect grocery coupons for local food pantries to help them with costs.
4. Collect and donate non-perishable food items.
5. Collect unused makeup to donate to domestic violence shelters.
6. Collect Halloween candy to send to deployed military service members who can't be home to celebrate.
7. Collect stuffed animals and donate them to shelters or nursing homes.
8. Collect books and donate them to a library.

PDG Charlie McGrew

14-E GST Chair

Lions Club Service Calendar



You are invited to use this calendar to help plan and share service activities with your club. Edit the inspirational ideas below to make this tool work for you, your club and your community.

July	August	September
July 1 begins a new Lions Year! Start your Service Journey and share the resources in the Service Toolkit with your club.	August 12 is <i>International Youth Day</i> . Visit our Youth webpage for service ideas, including the LCIF Lions Quest program.	The second week in September is time to <i>#CelebrateCommunity</i> and serve with a Kiwanis, Optimist or Rotary club in your area.
October	November	December
The second Thursday in October is <i>World Sight Day</i> . Start on our Vision webpage to find service ideas, planning tools and LCIF grant opportunities.	November 14 is <i>World Diabetes Day</i> . Visit our Diabetes webpage to learn how your club can help fight this global epidemic.	December 5 is <i>International Leo Day</i> . Partner with your Leo club on a service project or start a new Leo club.
January	February	March
Sponsor a Peace Poster and Peace Essay contest inspire youths' visions of peace. Kits go on sale January 15.	February 15 is <i>Childhood Cancer Day</i> . Our Childhood Cancer webpage includes service ideas and LCIF grant opportunities to help affected families.	Lions Day with the United Nations was first held in March 1978. Plan an advocacy activity to help make positive change.
April	May	June
April 22 is <i>Earth Day</i> . Find service ideas and LCIF grant opportunities to protect and restore the environment on our Environment webpage .	May 28 is <i>World Hunger Day</i> . Our Hunger webpage provides ideas on how your club can help and LCIF grant opportunities to magnify your service.	LCIF's first Disaster Relief grant was awarded in June 1972. Hold an LCIF fundraiser or check the LCIF Grants Toolkit to extend this legacy of service.



SUN, SEP 10 - SEP 17
 Celebrate Community 2023

#CelebrateCommunity



Manor Lions Club would like to thank everyone who came out to help us at our Chicken BBQ on Saturday, August 12th. It was greatly appreciated. Members from District 14 E have always been there to help us many times for many years. That particular BBQ was an important one for us. With your help, we were able to donate \$1,200 for Make A Wish® !!!

THANK YOU, THANK YOU, THANK YOU!!!



An unexpected family emergency almost forced the Manor Lions Club to cancel their Chicken BBQ last month because there would not have been enough "hands on deck". But Lions from all over the District came out in support of the Manor Lions and the BBQ was a huge success! WELL DONE LIONS OF D14-E!!!!

Lions Lunchables



A Project of the
Delmont,
New Alexandria,
and
Slickville
Lions Clubs

Backpack Program
Providing Students
With Food on the
Weekends.



Lions Lunchables

Food Drive

September 23rd at Delmont Walmart!

Collecting items today for our school year backpack program.

Please see a Lion for a list of items needed before going into shop today.

The Delmont, New Alexandria, and Slickville Lions Club would like to thank Walmart for their support and thank YOU for your support of this program.

How can YOU help? Do your shopping at the Delmont Walmart on the 23rd. Lions will be posted at the doors and will give you a list of what items they need. If you have an hour you could spare, please reach out to Lion Amanda Remic @ akbrant@atlanticbb.net to sign up for a time to help pass out lists and collect items!

Conquering Cancer Fundraising Board

- Sell one or more squares on the board ranging from \$1 to \$25.
- Cross off a square once it has been purchased.
- When each square on the board is sold you will have raised \$325!

\$1	\$2	\$3	\$4	\$5
\$6	\$7	\$8	\$9	\$10
\$11	\$12	\$13	\$14	\$15
\$16	\$17	\$18	\$19	\$20
\$21	\$22	\$23	\$24	\$25



Women and Families

It is hard to believe that August has ended, and the last summer holiday will be Labor Day. Most people use this holiday as the last family get together before the days become short, weather becomes crisp and the swimming pools close. This year brings new hope, since the challenges of Covid seem to be somewhat contained. Time always brings new challenges for everyone, but optimism, resilience and hope can go a long way in working through stressful times. I know people usually hate cliches, but they do come in handy for positive thinking. So, since it is hot and humid when I am writing this, I will use this one, "When Life Gives You Lemons, Make Lemonade."

I enjoy authoring these short stories, so I can learn interesting facts about how holidays originated and fun activities that tie into the celebration. Of course, I would be remiss if I did not highlight Labor Day in this article. Since "Resilience" is the theme of this correspondence, I will focus on how this holiday originated. Labor Day 2022 will occur on Monday, September 4th. This holiday pays tribute to the contributions and achievements of American Workers and observed on the first Monday in September in the United States. Labor Day began by the labor movement in the late 19th century and became a federal holiday in 1894. The resiliency of these workers, which endured hardships, company owned stores, unsanitary and unsafe conditions prevailed in winning, with the right to form unions within the workplace. This was an important event, because up until this time, people worked in dangerous conditions, long hours, and low pay. (Accessed web: google, 8-29-2023, <https://www.history.com/topics>)

With a little research on how a family could celebrate this important landmark, I discovered a huge United Labor Celebration remarkably close to home for Lion members and their families. On Sunday and Monday, September fourth, and fifth, the Westmoreland County Department of Parks and Recreation will hold a Labor United Celebration at Northmoreland Park. It is in Allegheny Township, 280 Markle Road, Apollo, PA 15613. The event runs from 11:00 AM – 7:00 PM Sunday and 10:00 AM – 6:00 PM Monday. There is a small event fee for an all-day pass for the carnival rides. They are also having a circus, musical entertainment, crafts, food and much more. What a wonderful way to celebrate before school begins. Please check out their website for up-to-date information at: www.co.westmoreland,pa.us/parks.

...

Till next time...

Mary Popovich
West Newton Lions



Hearing/Deaf Services

Hearing loss is a worldwide issue, affecting young and old, it is projected to reach 2.5 billion people by 2050. Costing the global economy nearly \$980 billion us dollars annually in health costs, education support, loss of productivity and societal costs. Many think this would be the cost of hearing aids as well but it does not, they are on top of the total.

More than 50% of the estimated hearing loss can be prevented by different lifestyle choices, screenings and intervening in childhood, as well as through hygiene and vaccination programs. In many third world countries the World Health Organization promotes access to hearing and ear care in communities. They are also releasing new standards tackle the many rising threats associated with hearing loss. There are many great resources on who.int showing how to help with preventing hearing loss and advocating for hearing care.

In the United States we continually test our children and young adults, but many do not continue caring for themselves into adulthood. Resulting in hearing loss from work and pleasure activities. If you notice changes in your hearing please get it checked, do not become a statistic. Hearing is a great gift and once you lose it, it's gone without some type of electronic aide.

Yours in Lionism
Robert Yaszak
Vandergrift Lions



It was a beautiful night for the annual Chestnut Ridge Lions Corn Roast! The corn and all the fixin's were DELICIOUS!

Along with the picnic, several awards were handed out to some wonderful lions.

KL Hunter presented Dr Croft with a Melvin Jones Fellow.

PDG Tom presented Lion Helen presented with the PID Cindy Gregg Kidsight Fellow.

And Lion Ellen presented both Lion Mae and Lion Sara with WPLHF awards.



Suicide Prevention

September is Suicide Prevention and Awareness Month

As we reflect on our lives how suicide has affected us in some way or another. If not directly but maybe through a friend. Suicide happens too often and hurts the lives of too many people. Statistics state more than 44,000 people died due to suicide in the U.S. in 2015, if broken down that's 121 per day. Plus that number has been on the rise since then to 46,000 in 2020! It accounts for the 10th leading cause of death according to the National Alliance on Mental Illness. What I found to be even a bigger surprise is the breakdown they did in ages, the 3rd leading cause of death in 10-14 year old!! Hard to believe that it could be the 3rd leading cause in this age group. These are just kids they should be worried about getting their knees scraped by riding their bikes or jumping in the leaves. But this one may be a bigger shock for you, in the 15-24 age group it's the second cause of death... I know... there are a lot more that could go wrong at that age and yet suicide is the 2nd leading cause of death. It makes you stop and think. Are we looking for the signs and are we aware this is happening so often?

September is suicide prevention & awareness month, knowing the warning sign is very important for everyone. According to the Center to Disease Control depression or brain disorder are the number one factors in suicide, followed by alcohol and drug addiction. Its very important if you know anyone showing signs of suicide that you get them the support they need. They may not want it today, but will thank you for it tomorrow. Remember to always be there and lend an ear, never give up on someone even if they have given up on themselves.

You can find more information on CDC.gov website or AFSP.org

Need to talk call #741741 or text #988 for Crisis Hotline.

In Lionism,
Amy Yaszak



"I was a recent empty-nester looking for purpose and something to fill a void in my heart! Since joining, I've had the opportunity to give back to my community, make lifelong friends and meet people from all over the world!

—Lion Lisa Gismondi

Page 9 of
this issue!

How Our Clubs are helping our Communities to make the world a better place.....

ZONE 1

GREENSBURG EAST HEMPFIELD - 10 members, including 2 transfer members. Maintained Gardens at St Clair Park and Lynch Field. Members attended dinner meeting, District Meeting, and made financial contribution to Westmoreland County Blind Association in memory of Lion Bill Wingert

LATROBE-DERRY – 20 members. Held monthly meeting, worked at food bank, weeded mini gardens in Latrobe, collected 275 pairs of eyeglasses, selling calendar ticket ads for fundraiser, planning broom sale

NEW ALEXANDRIA - 55 members, including new members Stormy Gowec and Shawn Torrance, sponsored by PDG Aaron Slezak. Conducted 2 derbies, 1 highway cleanup.

NEW FLORENCE – 21 members. Bible-to-School spokesperson explained to us what the program does. They are asking for a donation to help cover expenses. Kids brooms - will charge \$7.00 per broom. Mileage - will pay mileage for member using their own vehicle for lions club business. Bench - will place bench at the senior center in memory of Vince Decker's wife Betty. Membership Fee - International has increased their fee by \$3.00, total cost is now \$46.00. Back to school backpacks and school supplies project - will table till Sept. meeting. Shoes and Clothing Fund - will donate same amount as last year to the elementary school. New Member - Keith Davis, sponsor is Rick Davis. Will be at next meeting.

ZONE 2

ROSTRAVER TWP - 45 members, including new members Celeste Palamara and Christina Booher, sponsor PDG Bob Mesher. Held bingo at the Cedar creek August Fest, Had our Monthly BBQ (a sellout). Several members attended the Cabinet meeting and the Passing of the Banner. Glasses (over 200) were donated. Welcomed 2 new members.

SEWICKLEY AREA – 9 members. Participated in joint meeting with Yukon club for District Governor visit.

YUKON – 24 members. Held joint meeting with Sewickley Township for District Governor visit.

ZONE 3

ALLEGHENY TWP - 10 members. Continued with Meals-On-Wheels, attended first cabinet meeting, held club meeting with District Governor, 1st Vice & 2nd Vice visit, selling Lions brooms and started collection of books for Pediatric Cancer patients at Hershey Medical Center.

DELMONT - 37 members. Club held its Annual Picnic at Newhouse Park, DG delivered speech & installed club officers for the upcoming year. 4 members attended the 1st Cabinet Meeting. 3 members attended the 1st State Council Meeting in Harrisburg. 10 members attended/assisted with the Car Show on 8/27/23. Many club members donated raffle baskets, and assisted with planning, set up, tear down and during the event. Club collected 200 pair of used glasses. Several members attended Officer training.

LOWER BURRELL – 27 members. Held annual club picnic at Burrell Lake Park with 17 members attending. Club will provide a "broom basket" for the Burrell Marching Band Car Show. Club continues to contribute clothing for the Burrell Boutique Clothing Outlet and collect eyeglasses. Also continues to sell brooms and raffle tickets at the weekly Saturday Farmer's Market.

MURRYSVILLE – 18 members. Held 1 dinner/business meeting; 1 member volunteered for 3 days at Beacon Lodge (office assistance); 3 members attended the Cabinet meeting; collected 398 pair of glasses; held car show jointly with Delmont Lions-8 members worked during the day; donated baskets for the car show; 2 members attended the District officer training; held broom sale at the Farmers' Market-sold 14 brooms & 3 coverlets-4 Lions worked (11 hours).

VANDERGRIFT - 25 members. We had our annual DG visit at our August Meeting, Set up at the Gathering on Grant Thurs to sell brooms and promote the club. We also collect used eyeglasses, distribute and collect used hospital equipment to our community.

WASHINGTON-BELL TWP – 13 members. Purchased another supply of brooms to sell. Helped with Manor Lions chicken BBQ. Made a donation of \$600 to DG Amy's book project. Cleaned and packaged up 385 used eyeglasses for recycling. Started a project to collect 500 lbs. of plastic bags to turn in for a TREX bench for Kunkle Park. Continue selling brooms and collecting used eyeglasses.

ZONE 4

BUSHY RUN – 36 members. No report

LEVEL GREEN – Aluminum can and used eyeglasses collections, building rentals. 2 members attended District Cabinet meeting, 1 attended Passing of the Banner. 1 member attended PA Lions Council meeting. Board meeting and prep meeting for Penn Township fall festival participation held. Several members attended Officer Training.

MANOR – 15 members. Held a successful Chicken BBQ with all proceeds going to Make A Wish.(R) We were able to donate \$1,200. Selling brooms. Collecting used eyeglasses. Assisting with the Manor Community Day planning.

NORWIN – 31 members. Donated backpacks to The Education Partnership to be distributed to kids in need in southwestern PA. Donated to CASA of Westmoreland. Plan to host our Mini Golf Tournament on the 26th. Treasurer attended the 1st Cabinet Meeting and Passing of the Banner. Participated in the 91st Annual Norwin Community Picnic. Collected eye glasses and hearing aids. Sold brooms.

Thank you to those clubs reporting. A reminder – you must submit your activities and service reports to LCI. This is separate from your submission to the District Newsletter through the www.lions14e.org website. If you have any questions about reporting your club's service to LCI, please contact your zone chair as soon as possible.

"If it isn't reported, it didn't happen...."





Some pictures from the Norwin Lions Mini Golf Outing!



On Sunday, August 27, 2023 the Delmont and Murrysville Lions co-hosted their Annual Car Show. It started off cloudy, but the cars started rolling in early and the day turned out beautiful!



Class of 2023



LEADER DOGS
FOR THE BLIND



The following Leader Dogs are not pictured: LOUIE, Yellow Labrador/Golden; CAYDEN, Black Labrador; THEA, Black Labrador; RUTHERFORD, Yellow Labrador; LIAM, Yellow Labrador; TILLY, Black Golden/Labrador; LAINY, Yellow Labrador; ELLEN, Yellow Labrador; PAISLEE, Yellow Labrador; PENNY, Black Labrador; SOMMY, Black Labrador; ROSIE, Black Labrador; BUCKY, Black Labrador; THANOS, Black Golden/Labrador; TURBO, Black Labrador; KONA, Yellow Golden/Labrador; TUCKER, Yellow Labrador; BIG, Yellow Labrador; TIM TAM, Yellow Labrador; MILLIE, Yellow Labrador; SEAR, Yellow Labrador; YOSH, Black Labrador; MILLIE, Yellow Labrador; CRIMSON, Golden Retriever; JACKSON, Yellow Labrador; CALO, Yellow Labrador; URSULA, Yellow Labrador; CORA, Black Labrador; DUKE, Black Labrador; RENI, Yellow Labrador/Golden; BENELLI, Black Labrador/Golden; MAPLE, Yellow Labrador; KAYDEN, Yellow Labrador; OTS, Yellow Labrador; RHODEY, Black Labrador/Golden; ASHER, Black Labrador; RUBY, Yellow Labrador; MIRLA, Black Labrador; BASIL CLAUDINE, Black Labrador; WILLOW, Yellow Labrador; ONE, Golden Retriever; BRONSON, Golden Retriever; BAGEL, Black Labrador; LENNON, Yellow Labrador; SUGAR, Yellow Labrador; KINA, Black Labrador; HENRY, Yellow Labrador; ARTHUR, Yellow Labrador; MANDO, Yellow Labrador; OTTO, Black Labrador/Golden; ROSIE, Black German Shepherd/Labrador; SVEND, Black German Shepherd/Labrador; MISSIET, Yellow Labrador; BOONIE, Yellow Labrador; JOURNEY, Yellow Labrador; LOLA, Yellow Labrador; DODGER, Yellow Labrador; WILLOW, Golden Retriever; GUINCY, Golden Retriever; BETTY, Yellow Labrador.

Thank you!

Because of your support and generosity, we've been able to graduate more extraordinary dogs for people who are visually impaired. On behalf of all these amazing dogs, and everyone at Leader Dogs for the Blind, thank you!



Taking the Lead Podcasts Reaches Thousands of Listeners ...Are You One?

Leader Dogs for the Blind presents Taking the Lead, a podcast where we will take a deep dive into the blindness community. Our goal is to bring awareness to issues within the blindness community, as well as the free services we provide to those who are blind or visually impaired.

Hosted by (pictured above from left to right) Christina Hepner, digital marketing manager at Leader Dog, Timothy Cuncio, Leader Dog client from Georgia, and Leslie Hoskins, certified orientation & mobility specialist (COMS) and outreach services & community engagement manager at Leader Dog.

Each month our hosts invite clients, team members and volunteers to share their stories and insight. Want to learn about what goes into breeding the perfect Leader Dog or hear the experiences (good and not-so good) of the client's journey, then join in each month for a 20-minute podcast (that's a modern-day radio show!). Download wherever you get your podcasts or go online to LeaderDog.org to listen (the podcast button is at the bottom of the home page).

Join us on this journey as we learn, laugh and make a difference in people's lives!



IN EVERY LEADER DOG
LIES THE HEART OF A LION

A Leader Dog partner since 1939.



Join Paws 365 & Make An Impact Monthly!

Life with blindness or visual impairment has so many hurdles but you can make a difference as a monthly Paws 365 donor! Clubs and individual Lions are on-board (and yes, your club can get credit if you chose!).

A monthly gift of \$75 can support veterinarian care, vaccines, blankets and toys for our Future Leader Dog puppies.

A monthly gift of \$35 can help provide routine veterinary services, dog beds, positive reinforcement treats and toys for the Leader Dogs in training at the canine development center.

All of Leader Dog programs are free to our clients in all 50 US states and provinces of Canada, thanks to you.




To donate online or update your or your club's contact information, go to LeaderDog.org or use the QR code below.

How To Use a QR Code

Point the camera of your smartphone at the square, but don't take the picture. Wait a few seconds then tap the notification that pops up on your phone's screen to open the website link. Viola!



BE OF SERVICE
LeaderDog.org/Lions

FOLLOW THE LEADER   

Some Key take-a-ways from the Leader Dog Chair/Trustee Quarterly Update for 4th Quarter (July 2022 – June 2023)

- **Leader Dog Guide Dog Clients served Year to Date (FY 2022-2023): 123**
- **Orientation & Mobility (White Cane) Clients Served Year to Date (FY 2022-2023): 149**
- **Summer Experience Camp (FY 2022-2023): 18**
- Lions Club Donation Reports can be found here: www.leaderdog.org/lions-club/club-donation-reports/
- **Congratulations! Lions Clubs contributed over \$2,000,000 to Leader Dog this Lion's year.** Your work to inform and inspire the clubs in your area to learn about and support Leader Dog played a vital role in impacting the lives of the individuals represented in the statistics above.

Thank you for everything you do to further the Leader Dog mission.

District 14-E Lions Facebook Page

facebook



Like Us on Facebook – [District 14 E Lions](#)

[District 14-E Lions](#) - The Official Facebook Page of District 14-E

Send your information to Amanda or Lance Remic for your Club's activities to be posted to the District's Facebook page. We want to show all that is being done by Lions of District 14-E.

Send info advertising your upcoming events or share photos of the events that have taken place to show the fun and success your Club had.

Email your info to akbrant@atlanticbb.net (Amanda) or lremic@hotmail.com (Lance)
Or text your info to 724-984-7644 (Amanda) or 724-309-6750 (Lance).



Scan this QR Code to check out the District
14E Website!

What is a QR Code?



QR codes are 2D barcodes which contain any kind of information that can redirect scanners to online information. This QR Code, when scanned, will take you to the District 14E website. Try it out!

(you will need to have a QR Reader app on your phone)

Don't forget to tag us on
your photos and posts on
Social Media!

Use the following hashtags on
Twitter, Instagram (IG), Facebook (FB)
or whatever other social media outlet
that uses "hashtags". Hashtags are a
way of grouping like posts.

[#district14eweserve](#)

[#district14elions](#)

[#14EDGAmy](#)



SAVE THE DATE

Wednesday, November 1, 2023

District 14-E Mass Induction Ceremony

Ferrante's Lakeview, Route 30

Greensburg, PA



Slickville Lions Club
Pres. Amanda Remic
122 Country Lane
Export, PA 15632
724-984-7644

Youngwood Lions Club
Pres. Ronald Brown
408 McKinley Street
Youngwood, PA 15697
412-610-2003



August 7, 2023

Dear Sponsor,

The Slickville and Youngwood Lions Clubs will be holding a Bingo Fundraiser on October 15, 2023, at the Youngwood Firehall. Along with the bingo games, we will also be having a basket raffle, and instant win games.

We are looking for businesses or individuals to sponsor each of the bingo games and instant win games. By sponsoring these games, we can generate more revenue for our organizations to help our local communities and other charities. Lions Clubs live to the motto of "We Serve." In keeping with this commitment, the Clubs conduct many worthy service projects, activities, and fundraising events. We make contributions throughout the year to charity organizations and help individuals in need.

We are also looking for businesses or individuals to donate baskets for the basket raffle. These things are a great way to advertise for your business and help us raise money for both our Lions Clubs.

There is a game schedule/payout list attached to this letter. Please consider sponsoring a game. All sponsors will be listed on the game sheet that is handed out to all the players at this event, as well as having their name(s) announced as a sponsor before the game begins.

If you are willing to make a **sponsorship donation**, please mail it to:

Slickville Lions Club
Barb Novak
PO Box 232
Slickville, PA 15684
barbjnovak@yahoo.com

Youngwood Lions Club
Rod Quartz
231 Bonita Drive
Greensburg, PA 15601

If you are willing to make a **basket donation**, please contact:

Sally Anne Novak
412-389-3206
ajn59@yahoo.com

Amanda K. Remic
724-984-7644
akbrant@atlanicbb.net

Carla Namie
724-237-1645
seajay8040@yahoo.com

Marilynn Brown
724-925-9585
brn20@comcast.net

As always, we appreciate your support of the Slickville and Youngwood Lions Clubs. We thank you in advance for your help.

Sincerely,

Amanda K. Remic
President - Slickville Lions Club

Ronald Brown
President - Youngwood Lions Club

Public (IP1)



Slickville Lions Club
 Pres. Amanda Remic
 122 Country Lane
 Export, PA 15632
 724-984-7644

Youngwood Lions Club
 Pres. Ronald Brown
 408 McKinley Street
 Youngwood, PA 15697
 412-610-2003



The Slickville & Youngwood
 Lions Clubs



BINGO

Business/Individual Sponsor Name: _____

Contact Name: _____

Address: _____

City/State/Zip: _____

Phone: _____

Email: _____

Game Payout Sponsor Amount (choose the level):

\$50.00 _____, \$75 _____, \$100 _____, \$200 _____, \$300 _____, \$500 _____, \$1000 _____,

Other Amount \$ _____

Please make checks payable to - Slickville Lions Club

Slickville Lions Club
 Barb Novak
 PO Box 232
 Slickville, PA 15684

The Slickville & Youngwood
Lions Clubs



BINGO

GAME LIST / PAYOUTS

SPECIAL	\$100	BLOCK 9
BINGO	\$50	REGULAR
QUICKIE	\$75	COVERALL
BINGO	\$50	REGULAR
QUICKIE	\$75	COVERALL
BINGO	\$50	REGULAR
BINGO	\$50	REGULAR
BINGO	\$50	REGULAR
QUICKIE	\$75	COVERALL
BINGO	\$50	REGULAR GAME
SPECIAL	\$100	DOUBLE STAMP
BINGO	\$50	REGULAR
BINGO	\$50	REGULAR
BINGO	\$50	REGULAR
BINGO	\$50	REGULAR
BINGO	\$50	REGULAR
SPECIAL	\$100	INSIDE ROBIN
BINGO	\$50	REGULAR
BINGO	\$50	REGULAR
QUICKIE	\$75	COVERALL
JACKPOT	\$200	REGULAR
JACKPOT	\$300	X
JACKPOT	\$1000	COVERALL

The Slickville and Youngwood Lions Clubs would like to Thank You
for taking the time to come out and support us at our Bingo Fundraiser

Public (IP1)

The Slickville & Youngwood

Lions Clubs



BINGO

\$1,500.00 Jackpot

Regular \$200.00, "X" \$300.00

Coverall \$1,000.00

All Regular Bingo's win \$50.00



Lunch Included
50/50 Ticket Sale
Basket Raffle
Strip Tickets

Sunday, October 15, 2023
Youngwood Fire Hall
104 S. 2nd Street, Youngwood

\$25.00 Admission
Doors Open 11:30
Lunch 12:00-1:00

Bingo Starts at 1:30

*Tickets Sponsored by Alpha Business Forms, Delmont, PA.
Proceeds benefit the projects of the Slickville & Youngwood Lions Clubs.*

###

###

Name: _____

Address: _____

Phone #: _____

DOG GUIDE UPDATES



A NEWSLETTER OF PENNSYLVANIA LIONS FOR DOG GUIDES, INC.
VOLUME (2), EDITION (1) August 9, 2023

Editor: PDG Linda Gibala lindakay46@yahoo.com

WELCOME TO A NEW DOG GUIDES FISCAL YEAR: PA Lions for Dog Guides, Inc. would like to take this moment to thank our Immediate Past District Governors of Pennsylvania Multiple District -14 for all your hard work and guidance this past year in leading our Pennsylvania Lions through another successful year of Lionism. We hope for your continued health and leadership in your new roles as Immediate Past District Governors.

To our new District Governors, welcome to your new roles as you take the reins of leadership in each of our 12 districts throughout the Commonwealth. Thank you all for taking on this very critical and accountable position in each of your districts, and for assuming the administrative, management, and participative faces of volunteerism in the delivery of humanitarian services to our local communities statewide. We wish you all a fruitful year of meeting all your district-wide goals and doing your share of "CHANGING THE WORLD" one step at a time in 2023-2024. Our best wishes to all our new PDGs and DGs of PA Lions Multiple Districts -14.

SO, WHAT IS A "PLADG"? We are constantly looking for new ways to increase our ability to contact and communicate with our stakeholder audiences. We are presently opening new doors to follow us and learn more about PA Lions for Dog Guides (PLADG). Thanks to Dog Guide Life Member, Lion Melinda Hill, we have very recently opened our new Facebook page, www.facebook.com/PLADG. Lion Mindy is also presently developing our new website at this time, and we plan to go live shortly down the road. Stay tuned. We hope that you will all become frequent visitors to our new Facebook page, and we hope that you all will look forward to our website information as well, after we have made all the updates and construction of the site is completed.



PLADG AT OUR PA LIONS STATE CONVENTION: Once again, Dog Guides was well represented at our PA Lions State Convention in Indiana, PA this year. Special congratulations and a thank you are in order for District 14 J for hosting this fantastic convention... ending in a tremendous and most colorful fireworks show. PLADG set up their organizational table display at the vendor hall again this year, where we were able to share our story, provide vendor information and certainly enjoy meeting our old and new friends. We issued many new and renewed memberships to Dog Guides throughout the course of the convention. We also held our PLADG Annual Membership Meeting, where we discussed several issue areas, made substantial and needed by-laws changes, and held our election of officers and directors.

EXPANSION OF OUR VETERINARY ASSISTANCE PROGRAMS AND SERVICES: After much research, discussion, and extensive due diligence, several changes in our bylaws were made at our annual meeting in May 2023. Generally, we have needed to expand our emergency veterinary services program to include additional working dogs other than only vision canines. We have also needed to increase the maximum spend offered to clients who are approved applicants, and we have relaxed some of our previously held limitations and restrictions on service dog training and certifications we had previously.

The rest of this edition of the "Dog Guide Updates" Newsletter may be found by going back to the email and clicking on the box that says "DOG GUIDE UPDATES NEWSLETTER"

There, you will find this newsletter in it's entirety.



The Rostraver Township Lions Club
Invites you to save the date:
October 15, 2023 at 2 PM

To celebrate their 70th Charter Celebration

Details and invitations will be mailed in the near future



Please join us at
 The Penn State Hershey
 Medical Center
 University Conference
 Center
 500 University Drive,
 Hershey,
 Pennsylvania
 on
 Saturday,
 October 7, 2023

Any questions or concerns,
 please contact
 Karen Minick at
 (717) 531-8783 or via
 email at

kminick@pennstatehealth.psu.edu

Penn State Hershey Medical Center

500 University Drive, HJ19
 Hershey, PA 17033

Phone: 717-531-8783
 Fax: 717-531-8475

Email: kminick@pennstatehealth.psu.edu

**2023 Annual Research
 Seminar of the Pennsylvania
 Lions Sight Conservation &
 Eye Research Foundation**



Saturday October 7, 2023
 Continental Breakfast to
 begin at
 8:00 AM

Meeting begins promptly at
 9:00 AM

Located at:
 The Penn State Hershey
 Medical Center
 500 University Drive
 University Conference
 Center
 Hershey, PA 17033

Schedule

8:00-9:00 AM Continental Breakfast

9:00-9:20 AM Opening Remarks

9:20-10:20 AM Presentations

10:20-10:40 AM Coffee Break

10:40-11:40 AM Presentations

11:40-12:00 PM Closing Remarks

12:00-1:30 PM Lunch and Conversation



From the main Penn State Hershey entrance:

- Follow Governor Road/RL 322 West for 0.4 miles.
- Turn left at the first traffic light onto Bullfrog Valley Road.
- Travel 0.4 miles and turn left at the first traffic light onto Life Lion Drive.
- Follow Life Lion Drive to the first stop sign.
- Turn left on Campus Drive.
- The University Fitness and Conference Center building will be on your left (#18 on the map), with parking on the West and South sides of the building; turn left off Campus Drive at the UCC Parking sign.

OR

- After turning on University Drive, you will come to a stop sign and take a right on to Campus Drive. Stay on Campus Drive until you see University Fitness Center sign and turn right and follow sign to Conference Center Parking Lot.

Registration Form

First Name _____
 Last Name _____
 Address _____
 City _____ State _____ Zip _____
 Telephone: _____
 Fax: _____
 Email Address: _____

Registration is FREE.

Please send completed registration form
 to Karen Minick by

Friday, September 29, 2023 at

Penn State M.S. Hershey
 Medical Center,

Dept. of Ophthalmology, HJ19

500 University Drive,

Hershey, PA 17033-0850

or

Email it to: kminick@pennstatehealth.psu.edu

or

Fax it to: (717) 531-8475

If you have any questions, please call

Karen at (717) 531-8783.



LIONS INTERNATIONAL

PEACE POSTER

lionsclubs.org/peaceposter

#peaceposter

THE 2023-2024 CONTEST

Dare to Dream

To a young person, a dream isn't just a wish, hope or desire — it's a path, a goal, an ambition. But achieving that dream takes hard work. So this year, we're asking young people to show how they'll turn their dream of a peaceful world into reality.



Order a Peace Poster Contest Kit

To sponsor the Peace Poster Contest, Lions clubs can order a contest kit from January 15 to October 1. The kit is available in 12 of our official languages. A kit is needed for each contest sponsored.

The 2023-2024 Contest

Dare to Dream

Each kit contains:

- Official Club Contest Guide and Rules
- Official School or Youth Group Contest Guide and Rules
- Participant Flyer to duplicate and give to participating students to take home
- Sticker to place on back of winning poster
- Certificates for contest winner and school or youth group

[Order Your Kit](#)

**To order a kit by phone, call Club Supplies Sales at (630) 571-5466 or 1-800-710-7822 (U.S., Puerto Rico, U.S. Virgin Islands and Canada only).*

Peace Poster Contest Deadlines

Students ages 11, 12 or 13 as of November 15 are eligible to participate in the International Peace Poster Contest. Entries not meeting the following deadlines will be disqualified.

- **January 15:** Kits go on sale from the Club Supplies Sales Department at International Headquarters.
- **October 1:** Deadline to purchase kits from the Club Supplies Sales Department at International Headquarters.
- **November 15:** Postmark deadline for a club to send one winning poster (per contest sponsored) to the district governor.



The Lions Diabetes Board of Allegheny and Westmoreland Counties Quarterly Report – August 2023

Written by 2VDG Lisa Gismondi and Lion David Long

On Thursday, August 10th, the Lions Diabetes Board of Allegheny and Westmoreland Counties held their Quarterly Board Meeting at Butler's Golf Course. The Board discussed the final preparations needed for the upcoming Golf Outing that will be held on Saturday, September 9th. To date, 72 golfers were registered. The Board assigned volunteers to various tasks needed that day. Basket donations are still welcome! Please contact VDG Jeff Jordon (14-E) to make a donation. (see contact information in this report).

The **30th Anniversary Dinner** will be held on **September 30th**. Please see the flyer in the newsletter for more details and to register to attend. The Keynote Speaker will be Dr. Sann Mon, UPMC McKeesport Hospital.

Be sure to save the date of **November 12th** for the **Annual Stride Walk**. This year's event will take place at Monroeville Mall. More details will be in the next newsletter.

Additionally, **Christmas with the Lions 2023** will be on Saturday, December 2nd. Please save this date NOW as calendars quickly start filling up as we get closer to the holidays. Location and time are being finalized and will be announced in upcoming newsletters as well.

Carla DeJesus, from UPMC McKeesport gave her report on the Lions Diabetes Emergency Relief Fund. For the year 2022, the LDBAW served 96 patients from UPMC McKeesport, paying out \$13,876 in monies for medication. To date (August 10th 2023), the Board has served a total of 34 UPMC McKeesport patients for a total payout of \$2,768. Ms. DeJesus reported that Type 2 medications are extending their usefulness and therefore are not needed as often which could be contributing to the decline in the number of patients being served. Consequently, medication costs continue to rise and are quite expensive.

Michele Axelson, from Excelsa Health – Westmoreland was not present at this meeting due to illness. Please note that for the year 2022, the LDBAW served 13+ patients from Excelsa Health, paying out \$4,354 in monies for medication. Through, April 2023, only 1 patient has been served for a total payout of \$315.

The next Board meeting is scheduled for November 2, 2023@6:30 PM.



**Raffle baskets needed
for September 9, 2023
Lions Diabetes Board
Golf Outing**

Suggested value: \$50
Remember: No alcohol,
perishable goods, or
anything that might melt!

Contact 1VDG Jeff Jordan
jeffreybob14e@gmail.com
412-418-3646



Join us for the LDBAW

Lions 14-B and 14-E Diabetes
Golf Challenge

CELEBRATING 30 YEARS OF
THE LIONS DIABETES
CENTER

Saturday, September 9, 2023



Butler's Golf Course, Elizabeth, PA
Shotgun: 9:00 AM (8:00 AM registration)
Cost: \$125.00 per golfer
(Dinner only—\$30)



Event Major Sponsor \$2,500
(Includes 8 golfers, Souvenir Recognition, 4-Dinners, Tee Sign)

Type 1 - \$1,500
(includes Foursome and Tee Sign)

Type 2 - \$1,000
(Includes Twosome and Tee sign)



Beverage Cart - \$250
Tee or Green - \$100 (sign)
Dinner Only - \$30

Mail Check to Chairman:

PDG Joe Donkin (14B)
P.O. Box 184
Elizabeth, PA 15037
pdg92932@aol.com



Mail Check to Co-Chairman:

PDG Tom Gregg (14E)
1130 Willowbrook Road
Rostraver Township, PA
15012
tomgregg1@verizon.net

Make Checks Payable to: (LDBAW a 501C3)
Lions Diabetes Board of Allegheny and Westmoreland Counties



REGISTRATION FORM

FOURSOME #1

Golfer 1 _____

Golfer 2 _____

Golfer 3 _____

Golfer 4 _____

FOURSOME #2

Golfer 1 _____

Golfer 2 _____

Golfer 3 _____

Golfer 4 _____

Name on Tee Sign: _____

Beverage Cart Sponsor: _____

Tee or Green Sponsor: _____

The Lions Diabetes Board
of Allegheny and Westmoreland Counties

Would like to Invite you to

**Our 30th
Anniversary Celebration**

On

Saturday, September 30, 2023

6:00PM

At

Butler's Golf Course

800 Rock Run Road

Elizabeth, PA 15037

Keynote Speaker is Dr. Sann Mon, UPMC McKeesport

Reservations should be sent on or before **September 16** to:

PID Cindy Gregg, LDBAW Chairperson

1130 Willowbrook Road

Rostraver Township, PA 15012

Please **make checks payable to: LDBAW**

Name: _____ **Phone Number:** _____

All meals are \$35 each

Amount owed: _____

Choice of:

Sliced Roast Beef with Gravy

English-style Baked Haddock

Rollatini-pasta rolled with seasoned ricotta and parmesan, topped with marinara and mozzarella cheese

Western Pennsylvania Lions Hearing Foundation Fellowship Application

The Western Pennsylvania Lions Hearing Foundation Fellowship and Contributing Membership Programs

Both of the following programs have been established to help provide funding to support the projects of the Western PA Lions Hearing Foundation. Our goal is to continue our mission of providing assistance for adults and children through the purchase of audiology devices that will improve hearing for those who are hearing impaired.

The Western Pennsylvania Lions Hearing Foundation Fellowship Program

The Western Pennsylvania Lions Hearing Foundation Fellowship has been established to help provide funding to continue to provide hearing aids for individuals in need.

By naming a person a WPLHF Fellow your contribution goes toward helping those with hearing challenges be able to once again, hear and communicate with the world around them.

For a \$250.00 donation the recipient of the fellowship will receive a lapel pin and plaque (pictured here) indicating them as a fellow.

The recipient of this award need not be a Lion. Anyone who supports the process of improving hearing can be honored with this award.



The Western Pennsylvania Lions Hearing Foundation Contributing Membership



You can show your support for the Western PA Lions Hearing Foundation by becoming a contributing member. A \$10.00 purchase provides the pin seen here.

Check out the Western PA Lions Hearing Foundation website at www.wpalhf.org or contact one of your District Board Members for more information.

The application can be found in the Newsletter Email. Just scroll down and find the block that says "Western PA Lions Hearing Foundation Fellowship Application" and click on it.

If you wish for a copy to be emailed to you, please reach out to PDG Lance Remic or myself at the following emails:

Lremic@hotmail.com

Or

Lisgis67@msn.com



The Western Pennsylvania Lions Hearing Foundation Fellowship has been established to help provide funding to continue to provide hearing aids for individuals in need.

By naming a person a WPLHF Fellow your contribution goes toward helping those with hearing challenges be able to once again hear and communicate with the world around them.

For a \$250.00 donation the recipient of the fellowship will receive a lapel pin (shown above) and plaque (below) indicating them as a fellow.

The recipient of this award need not be a Lion. Anyone who supports the process of improving hearing can be honored with this award.



Lions Districts Supported by the Western Pennsylvania Lions Hearing Foundation:

- 14-B – Allegheny
- 14-E – Westmoreland
- 14-F – Crawford, Erie, Forest, Mercer, McKean, Venango, and Warren
- 14-J – Cambria, Cameron, Clearfield, Elk, Indiana, and Jefferson
- 14-L – Bedford, Blair, Fulton, Huntingdon, and Mifflin
- 14-M – Fayette, Greene, Somerset, and Washington
- 14-N – Armstrong, Beaver, Butler, Clarion, and Lawrence

The Lions Clubs within the above counties are able to take referrals for auditory devices (hearing aids). If you have a need or your club has an individual, please contact the Board Member from your respective County/Lions District to start the application process.

For more information about the Western Pennsylvania Lions Hearing Foundation visit the Web site at:

www.wpalhf.org
OUR MISSION

To provide assistance for adults and children through the purchase of audiology devices that will improve hearing for those who are hearing impaired.

Western Pennsylvania Lions Hearing Foundation



FELLOWSHIP APPLICATION




FOUR DIAMONDS
Conquering Childhood Cancer

Pennsylvania Lions CARE FOR THE KIDS™

A Four Diamonds Program Conquering Childhood Cancer

JOIN US IN THE FIGHT TO CONQUER CHILDHOOD CANCER!

- 1 VISIT OUR FUNDRAISING PAGE**
Visit FourDiamonds.org/PALions and look for the state of Pennsylvania towards the bottom of the page.
- 2 CLICK ON YOUR DISTRICT**
Click on your district/county and make a donation or create a fundraising page for your club.
- 3 CREATE A FUNDRAISING PAGE**
Click "Join our Team" and then click "Continue to Next Step". Enter a fundraising goal, select if you would like to make a donation and fill in the other required information. Then click "Continue to Confirmation".
- 4 RAISE FUNDS TO CONQUER CHILDHOOD CANCER**
Your fundraising page is now set up and you can begin fundraising for your Lions Club and help Four Diamonds Conquer Childhood Cancer.

 Personalize Your Page
  Connect to Twitter
  Connect to Facebook
  Send Donor Invites

FourDiamonds.org/PALions

FOUR DIAMONDS
Conquering Childhood Cancer

Pennsylvania Lions CARE FOR THE KIDS™

A Four Diamonds Program Conquering Childhood Cancer



How to set up Your Recurring Gift



- 1 Visit our fundraising page**
Visit FourDiamonds.org/PALions and scroll down and click "Make a Donation."
- 2 Select your donation amount**
Choose "Monthly," enter your Lions Club name, fill out your contact and payment information.
- 3 Help conquer childhood cancer**
Here are some of the ways your recurring gift can help kids fighting cancer.

Supporting PA Lions "Care - For The Kids"™

Your Donation

Donation Amount	PAID	PAID	PAID
\$10	\$10	\$10	Other

 **\$10/month** funds one day of art therapy.
  **\$25/month** provides one day of care and support from our chaplain, who helps guide the spiritual needs of patients and their families.

 **\$100/month** funds one week of child life support for Four Diamonds' outpatient clinic.
  **\$200/month** funds a private hospital room for a child and their family.

FourDiamonds.org/PALions

Please note that these flyers can be found by clicking on the appropriate box found in the Newsletter Email. This is being done to minimize space taken up with repeat articles and to help make the newsletter more manageable in size!

UPDATE

LEADER DOGS FOR THE BLIND



The Client Experience

The On-Campus Experience
New Volunteer Puppy Raiser Options

LEADER DOGS FOR THE BLIND

You've probably seen many pictures and stories of **Leader Dog** clients confidently navigating life with their white canes and guide dogs, but there's a lot that goes into those success stories!

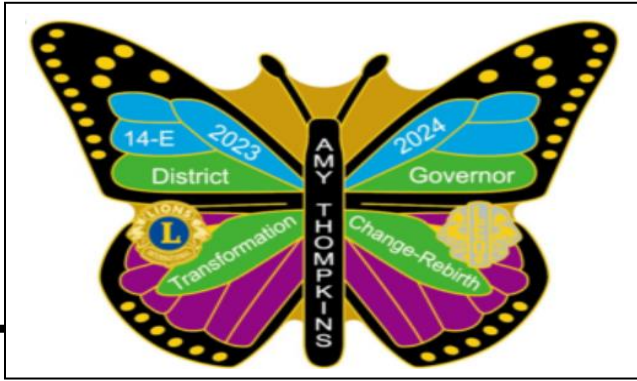
Though we also offer models of our **Guide Dog** and **Orientation and Mobility** programs that take place in other locations, most of our clients start their journeys to travel independence right here on our Rochester Hills, Michigan campus. In this issue of **Update**, we hope you'll enjoy a behind-the-scenes view of some of the things clients experience during an on-campus program at **Leader Dog**.

In the photo below, one of our clients enjoys pizza and beer night.



Check out the latest newsletter **UPDATE** from **LEADER DOGS FOR THE BLIND!**

Find attachment in the email! **ENJOY!**



2023-2024 DISTRICT 14-E PROJECTS DONATION FORM

CLUB _____

DATE _____

Beacon Lodge Camp for the Blind

\$ _____

Care-A-Van

\$ _____

Diabetes

\$ _____

Disaster Relief Team Fund

\$ _____

Eye Research

\$ _____

Pediatric Cancer

\$ _____

Leader Dogs for the Blind

\$ _____

Lions Clubs International Foundation (LCIF)

\$ _____

Lions of Pennsylvania Foundation

\$ _____

PA Lions Hearing Research Foundation

\$ _____

Western PA Lions Hearing Foundation

\$ _____

Westmoreland County Blind Association

\$ _____

Westmoreland County Deaf Services

\$ _____

TOTAL DONATION:

\$ _____

Please note: If your club has not already submitted donations, they must be received by May 1, 2024 to receive credit for 2023-2024 Lions Year. Donation check should be made out to District 14-E Lions and this form should accompany the check. Please mail check to Cabinet Treasurer, PDG Robert Mesher, 441 Gallitin Road, Belle Vernon, PA 15012. If necessary check can be given to District Governor Amy before the deadline.

District 14-E Change Agents:



DISTRICT 14-E CABINET – 2023-2024

District Governor	Amy Thompkins	Delmont	amoose309@yahoo.com	412-551-0327
1st Vice District Governor	Jeff Jordan	Level Green	Jeffreybob14e@gmail.com	412-418-3646
2 nd Vice District Governor	Lisa Gismondi	Delmont	Lisgis67@gmail.com	724-454-3653
District Secretary	Kara Knode	New Alexandria	kpurvis77@yahoo.com	724-689-5560
District Treasurer	Robert Mesher	Rostraver Twp	robertmesher@comcast.net	724-323-5458

District Global Action Team (GAT) Coordinators

Leadership	PDG Chuck Thompkins	Delmont	chuckt@yahoo.com	724-989-8250
Membership	PDG Lance Remic	Slickville	lremic@hotmail.com	724-309-6750
Service	PDG Charlie McGrew	Sewickley	Cjmcgrew1@verizon.net	724-446-2546

Zone Chairpersons

Zone 1	Amy Thompkins	Delmont	amoose309@yahoo.com	412-551-0327
Zone 2	Jeff Jordan	Level Green	Jeffreybob14e@gmail.com	412-418-3646
Zone 3	Lisa Gismondi	Delmont	Lisgis67@gmail.com	724-454-3653
Zone 4	Jeff Jordan	Level Green	Jeffreybob14e@gmail.com	412-418-3646

Communications

Communication/Publicity	John Russo	Norwin	apdjr@aol.com	724-864-3844
Website	Jeff Jordan	Level Green	Jeffreybob14e@gmail.com	412-418-3646
Newsletter	Lisa Gismondi	Delmont	lisgis67@gmail.com	724-454-3653
District Admin (Club Reporting Support)	Denise Poole	Norwin	dypoole@comcast.net	724-787-6183
Social Media	Amanda/Lance Remic	Slickville	akbrant@atlanticbb.net / lremic@hotmail.com	724-984-7644 724-468-4626



*Transformation
Change - Rebirth*

IMPORTANT WEB ADDRESSES

District 14-E Lions.....www.lions14E.org
Leader Dogs for the Blind.....www.leaderdog.org
Lions Clubs International.....www.lionsclubs.org
PA Lions Beacon Lodge Camp.....www.beaconlodge.org
PA State Council of Lions Clubs.....www.palions.org
Lions of PA Foundation.....www.lionsofpafoundation.org
Western PA Lions Hearing Foundation.....www.wpalhf.org

Like us on Facebook: District 14-E Lions

Please consider a Personal Contribution to either of these two charities
to supplement Club Donations. Thank You!

<https://fourdiamonds.donordrive.com/index.cfm?fuseaction=cms.page&id=1175>

<https://www.lionsclubs.org/en/donate>



AMY THOMPkins, DISTRICT GOVERNOR
DISTRICT 14-E
PENNSYLVANIA, USA 2023-2024
AMOOSE309@YAHOO.COM
412.551.0327