

# DISTRICT 14-E WESTMORELAND COUNTY NEWSLETTER



Monthly Newsletter Edition  
**OCTOBER | 2023**

## District Governor's Message



Hello Fellow Lions,

It looks as if Fall is upon us—with cooler temperatures and the leaves changing colors and falling to cover the ground. Nature and the seasons are a wonderful miracle and we all need to stop and look at the beauty around us. While we are observing this beauty, we also need to be looking at our communities and those around us to see what we as Lions can do to help those in need in our surrounding areas, as well as what we can do to help our environment. There are many activities you can do to involve your community while preserving the environment such as collecting old cell phones for shelters, planning flower gardens for the spring to help wildlife survival.

A reminder that October is Blind Awareness Month—this is an excellent time to hold a White Cane Collection and or conduct Vision Screenings in your communities!! Zone meetings and Club support meetings have also been scheduled during the month of October—please plan to attend if possible!

November is also fast approaching, and that is Diabetes Awareness Month. The Lions Diabetes Board of Allegheny & Westmoreland County (LDBAW) is planning their 2<sup>nd</sup> annual Strides Walk at Monroeville Mall on Sunday, November 12<sup>th</sup>—for more information, please see the flyer in the Newsletter or contact PID Cindy Gregg or Lion Dave Long.

I am looking forward seeing many of you at the District Halloween Party—(see flyer for details)—costumes are not required, but please come and have fun with other Lions as there will be spooky snacks and freaky food and ghouly games for all!! Remember to RSVP as soon as possible!

The next event I hope to see many of you attend is the Annual Mass Induction Ceremony at Lakeview where we will celebrate all of our new members/sponsors from the past year—you/your club should have received their invitations by now, but if not, see the attached invitation or ask your club Secretary for more information. Our guest speaker will be State Council Chair Dr Linda Zaneski, and remember, ALL Lions are welcome!! Get your RSVP's in soon!

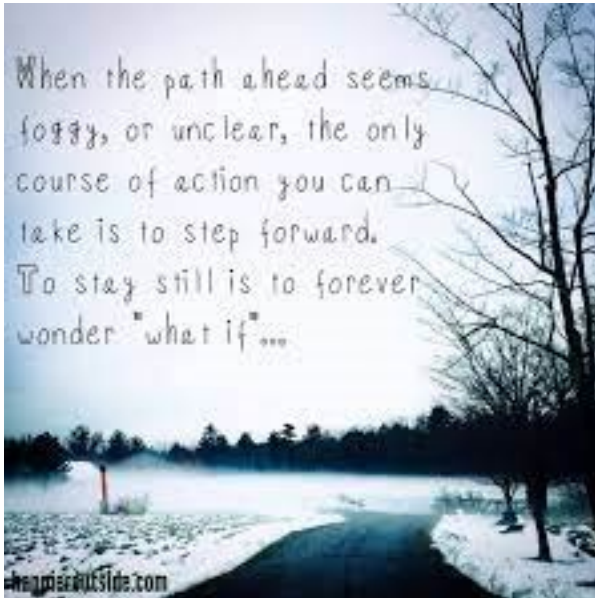
As you all know, I have been quite busy with club visits and assisting with various club activities. It brings me great pride and pleasure to help your clubs as it allows me to meet more Lions, as well as getting to know you and your clubs better—plus—I always have FUN!

Don't forget, Book Drive donations are due by November 1<sup>st</sup>!! If you have any questions, please call or email me (412-551-0327 or amoose309@yahoo.com).

Being a Lion is not always easy, but it is worthwhile, especially when you see the results of your efforts reflected in the faces of others. Knowing you have helped someone in need, no matter how great or small the deed, should give you a feeling of satisfaction that nothing else could give you. The road is not always smooth, there will be potholes and mountains to climb when facing new challenges, but remember, the hard work will be well worth it in the end.

Remember, through "Transformation-Change-Rebirth" we will "Change the World"!

DG Amy



**Some District Governor Visits that took place in the month of September!**

- Bushy Run
- Chestnut Ridge
- Murrysville
- Mt Pleasant
- Lower Burrell

See more pictures later on in this newsletter!

## First Vice District Governor Note

Greetings fellow Lions, LEOs, and Friends!

As 1VDG I have the honor of accompanying DG Amy on club visits. Without exception I can say that every club feels like family. Thank you all for your warm welcome and hospitality this fall.

### Coming up fast: Friday the 13<sup>th</sup> Club Support Session

**Club Officers and all Lions are invited** to attend the Club Support Session on Friday, October 13, at 6:30pm. This meeting is also going to be the first zone meeting for zones 1, 2, and 3.

**Rest assured; you won't have to travel to "Camp Crystal Lake" this Friday the 13<sup>th</sup>.** The meeting will be held at my home club in Level Green, and it has a firm end time of 8:00pm. Topics featured will be Service Reporting, Service Planning, and more. *What can possibly go wrong on Friday the 13<sup>th</sup>?* 😊

**"Camp Level Green" is the Level Green Lions Building at 123 Murrysville Road, Trafford, PA 15085.** It would be great to have representation from your club! Drop me a note if you're coming, or sending a member from your club!



**District 14-E Lions  
Club Support Meeting  
FRIDAY the 13<sup>th</sup>  
of October, 2023**

**6:30 – 8:00 pm**  
Level Green Lions Building  
123 Murrysville Road  
Trafford, PA 15085

**Service Planning,  
Service Reporting & More**

**Please have your club represented!**  
RSVP to 1VDG Jeff at [jeffreybob14e@gmail.com](mailto:jeffreybob14e@gmail.com)

Stay safe out there, and have a great October!

Thanks,

**1VDG Jeff Jordan**  
[Jeffreybob14e@gmail.com](mailto:Jeffreybob14e@gmail.com)



## Second Vice District Governor Message

Dear Fellow Lions:

As I was putting the newsletter together this month, I must say that I am blown away!

### PLUS 3?!?!?!?

We went from a deficit to a POSITIVE in A MONTH???? IT'S WORKING!

What's working you might ask? What are we doing differently? Well.....

- **We are ASKING!** We are taking a proactive approach to reach out to our friends, families, and neighbors and asking them to come join LIONS!
- **We are BRINGING SOMEONE!** We are bringing someone to fundraisers and service projects so that they can help out and SEE what it means to be a LION!
- **We are WORKING TOGETHER!** We are partnering with each other so that we can do fundraisers that we couldn't do on our own. We are reaching out to our neighboring clubs and asking "Hey! How did you do that? We'd like to do that too!"
- **WE are GETTING INVOLVED!** At the last Club Officer Training Session, we had THE MOST attendance I've ever seen at a Training Session! It was sooo much fun! And Informative! I wanted to reach out and hug every single one of you who attended! You have no idea how much it means to us when we get a good group of Lions at our Support and Training Sessions! THANK YOU!!!

And so.... With that said just "**RE-MEMBER**" .....

### DON'T STOP!!!!!!

We need to continue what we are doing! As quickly as we have been able to add new members, it can go the other direction quite quickly! In November, we will be holding our annual Mass Induction Ceremony. Please stress to all of your new members how important it is to attend this evening! Sponsors, please be sure to speak to your new members about this Ceremony. Encourage them to attend. To the Clubs; it would be nice to see Club Presidents of those clubs who have new members attending to be there as well. This Ceremony is open to ALL LIONS in the District! (see flyer)

And again, **DON'T STOP THERE!** It is so important to consider having a **Member Orientation** to introduce our new members to Lionism! Share with your new Lions the history of your Club and what all the acronyms and positions mean. Tell them about Leader Dog, Beacon Lodge, Four Diamonds, and the 5 Causes Lions focus on, including our involvement with Diabetes through the Lions Diabetes Board of Allegheny and Westmoreland Counties.

And then learn about your new members! Find out who they are as people. What do they do? What things do they like to do? Discuss what things they may like to get involved with in your club. Remember, successful clubs are clubs where everybody has a say! All ideas and opinions matter!

*RE-MEMBER.... Membership starts with "R"....  
How are you \*Recruiting\*Retaining\*Re-energizing\*Re-inventing????*

**KEEP UP THE GREAT WORK!!!!**

Changing the World begins with each one of us!

Peace & Love,  
2VDG Lion Lisa G.

# DISTRICT 14-E 2023-2024 GOALS Report Card

How this works: Status is set to GREY out the gate. Each month we will evaluate our progress and the Status will change from Gray - Red- Orange -Yellow- Green. And watch our Caterpillars change to Butterflies!

	<b>GOAL</b>	<b>Status</b>	<b>Transformation - Change - Rebirth</b>
1	Increase Club Officer Training to 20% - <i>Result: 33+ Lions attended Club Officer Training in August!</i>	100%	
2	Appoint ONE new Zone Chair <i>Some lions have shown some interest and conversations are taking place.</i>	0	
3	Start ONE new Club Branch with at least 5 charter members. <i>We have been brainstorming some ideas that we will be putting in motion</i>	0	
4	Attain positive membership growth by net ONE. <i>WAY TO GO!!!! LET'S KEEP IT POSITIVE!!! (as of end of September 2023)</i>	+3	
5	Increase Club service reporting to 50% <i>Only 24% of our clubs reported their service.</i>	0	
6	Increase LCIF individual donors to 3% <i>Clubs are encouraged to appoint an LCIF coordinator.</i>	0	
7	District-wide Service Project – District 14-E Book Drive (see announcement)	We are on our way!	

# The International Association of Lions Clubs

Lions Clubs International®



Amy Thompkins  
District Governor, District 14-E  
Pennsylvania, U.S.A. 2023-2024  
309 Beechwood Drive  
Greensburg, PA 15601  
412-551-0327  
amoose309@yahoo.com

## **NOTICE OF SECOND CABINET MEETING**

TO: CABINET OFFICERS AND COMMITTEE CHAIRPERSONS, CLUB  
PRESIDENTS AND SECRETARIES, ALL LIONS AND LEOS

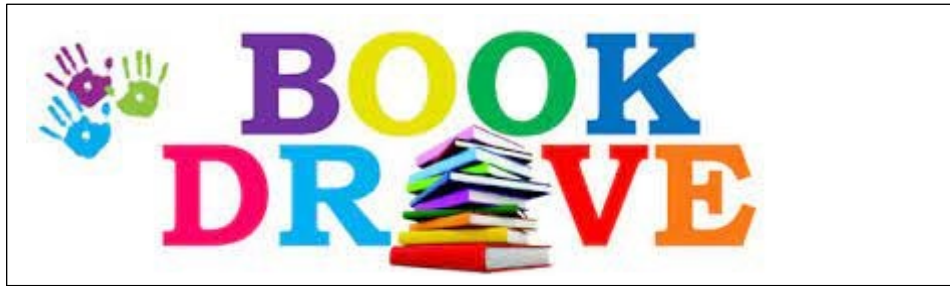
DATE: SATURDAY, NOVEMBER 4<sup>TH</sup>, 2023

PLACE: LEVEL GREEN COMMUNITY BUILDING  
123 MURRYSVILLE RD, TRAFFORD, PA 15085

TIME: 9:00 a.m. PAST DISTRICT GOVERNORS MEETING (Past District Governors only)  
9:30 a.m. PRE-CABINET MEETING (Current District Cabinet only)  
9:45 a.m. CABINET MEETING (all Lions members and club representatives)

**ATTENTION:** Please provide a full written report to DG Amy Thompkins by Saturday, October 21<sup>st</sup> so that copies can be provided and distributed to clubs. Only summary reports are to be delivered at the cabinet meeting and will be limited to three-minutes. Provide details in the written report to be shared with all clubs.

# District 14-E Lions Book Drive



District 14-E will be having a Book Drive for Pediatric Cancer patients at Hershey Medical Center in time for Christmas!

**WANTED:** New books for children and adults up to age 35. Or you can send money for books to be purchased. Please include a receipt for the books as I plan to apply for a matching grant from the Lions of PA Foundation to purchase Ninetendo Switch Systems and games to send to Hershey for Easter!!

**WHEN:** Books or money can be given to DG Amy prior to November 1<sup>st</sup>.

**WHAT:** After books are purchased and received, there will be a labeling and packing party on November 18<sup>th</sup> as all books will have a label placed in them to note they are from District 14-E in memory of Samuel Grimm before they are shipped off to Ashley Grimm & the Hershey Medical Center to be distributed for Christmas.

**WHY:** Because books can give the children and parents some much needed relief from their situations, and more importantly, because

**WE CARE and WE SERVE!!**



**DID YOU RSVP??????**



DG Amy is inviting you  
to attend the District Halloween Party  
on Sunday, October 22, 2023 from 1-4pm  
at the Level Green Lions Building.

(123 Murrysville Rd, Trafford, PA 15085)



Costumes are optional, but there will be prizes, music, pizza,  
snacks, drinks, fun and games for all!!

So please join us for an afternoon of Spooktacular fun!

Please RSVP to DG Amy by Oct 8<sup>th</sup> at  
(412-551-0327 or [amoose309@yahoo.com](mailto:amoose309@yahoo.com))

Cost is \$5 per person.







*District 14-E Mass Induction Ceremony*  
*Wednesday, November 1, 2023*

**NOTICE TO ALL**

Recently, invitations were sent out to all new members (between Sept 2022 - Sept 2023), along with their sponsors, all clubs, PDGs and District Cabinet Members.

This Celebration is open to ALL District 14-E Lions!!

If you would like to attend:

**Ferrante's Lakeview**  
**Rout 30, Greensburg, PA**  
**6:00PM Cash Bar 7:00PM Dinner**

**Dinner is the choice of Lakeview Cod or Chicken Romano**  
*(a gluten free option will be available at request)*

*attire: Semi-formal (District Cabinet Members: formal dress)*

Cost is \$30 per person

If you would like to attend, please RSVP to Lion Mark Tintori @  
tintori185@comcast.net or 724.836.5067

**[Please RSVP no later than October 21, 2023]**

**PLEASE NOTE: If you received an invitation in the mail – please send in your RSVPs by the 21<sup>st</sup>!!!! Thank you!**



# Please Join the Lions Diabetes Board of Allegheny and Westmoreland Counties

for a

## Strides Walk

**Sunday, November 12, 2023**

**2 pm - 4 pm Monroeville Mall**

For a \$25 donation, made payable to LDBAW, you will receive a tee shirt with our new logo and a bag of Diabetic information.

The proceeds from this walk will provide financial assistance to patients with diabetes within Allegheny and Westmoreland Counties who cannot afford prescriptions or generic medications. It will also provide diabetes self-awareness education on the negative effects of this illness to help better manage their disease.

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### REGISTRATION

NAME \_\_\_\_\_

Phone or Email \_\_\_\_\_

Shirt Size \_\_\_ Small \_\_\_ Medium \_\_\_ Large

\_\_\_ XLarge \_\_\_ XXL Large Amount enclosed \_\_\_\_\_

Please include \$25 donation, made payable to LDBAW, and send to:

Cindy Gregg, LDBAW Chairperson  
1130 Willowbrook Road  
Rostraver Township, PA 15012

**Deadline: October 28, 2023**



Dear Fellow Lions,

Nearly every day, we have been receiving text messages and weather alerts warning of an impending disaster someplace in the world. Just this past month, we witnessed the devastation in Florida, Maui, Morocco, Libya, and Bermuda.

Our Foundation needs your support. Unlike many other charitable organizations, ALL money that you donate to Lions Clubs International Foundation is used for humanitarian purposes.

Contrary to popular belief, all of those funds are NOT sent offshore. In fact, during the five years that LCIF collected for Campaign 100, Pennsylvania received more than \$440,000 in grants! That's amazing! Of course, those grants exceeded our Multiple District's donations.

Furthermore, are you aware that your club can earn money toward a grant? 15 percent of unrestricted contributions (those that are made to the Empowering Service Fund) are converted into District and Club Community Impact Grants (DCCIG) to fund local projects at the club or district level.

Nevertheless, to qualify for the District & Club Community Impact Grant, a club must donate a minimum of \$5,000 within the fiscal year (July 1 – June 30). Likewise, the district must submit a minimum donation of \$10,000. Because of your generosity, District 14-E has earned \$3,319 toward a grant, and the Rostraver Township Lions Club earned \$889.86 which they are planning to use for a food packaging program.

Consequently, these donations are supporting those in our community and district who need assistance. Please consider donating TODAY.

Thank you for your efforts to "Change the World."

Yours in Friendship and Service,

Cindy Gregg, 2023 14-E LCIF Chairperson



## Global Action Team

Dear Fellow Lions,

Can you believe that we have completed the first quarter of this Lions' year? Time REALLY is speeding along. Now that all of you are back to meeting regularly and participating in your traditional projects, and maybe even attempting some new ones, we need to assess our progress during the past three months.

Did you add members? Did you do a service project or fundraiser? Were these activities reported? Did you attend a zone or district event?

Do you encourage your members to share information about themselves, or about special events in their lives? This is a way to learn more about each other and to develop friendships so that the members feel valued.

Besides planning projects and fundraisers, do you provide FUN activities with your club? Show a movie, play games, do a fun craft for the shut-ins, or have a western night with jeans, western trivia, a movie, chili, or another type of themed activity. Be creative! These activities might increase attendance or even attract members.

Don't be afraid to try something new!

As always, thank you for what you do to serve your communities and to "Change the World."

Yours in Service,

Cindy, Area 1D Global Action Team Coordinator

(Ohio, Pennsylvania, Virginia, and West Virginia)





**From LCIF:**

Thank you for supporting Lions Clubs International Foundation's Relief efforts. It is important to note that when major disasters occur, the local Lions on the ground are the ones who help implement projects, with LCIF funding support. In some cases, with major disasters, there is no immediate update – as search and recovery efforts are occurring, debris is removed, and Lions are planning for long-term reconstruction. Lions are often not first responders or experts in disaster relief. Therefore, long-term efforts sometimes take years for Lions to implement.

Please see updates below.

**Morocco Earthquake**

- On the morning of September 9, LCIF awarded an Emergency Grant for \$10,000 to help fund immediate basic needs. Later that same day on September 9<sup>th</sup>, LCIF awarded an additional Major Catastrophe grant for \$100,000. Lions of Morocco are still working to finalize plans on how to use the Major Catastrophe funding, but they are looking at supporting infrastructure related to schools and education. Additional grant funding may be available in the future, depending on donations and Lions plans for additional efforts.

**Libya Flooding**

- There are no Lions active in Libya. Consequently, LCIF has not awarded any grants to Libya thus far, as there are no local Lions to manage a project. Nevertheless, there are some preliminary discussions about how LCIF can support efforts, but it may be difficult with no Lions' presence in the country.

**US/Canada Hurricane Lee**

- LCIF has not yet received any applications from the impacted districts. However, disaster grants are available if the impacted districts and Lions wish to apply. This is early days after the hurricane, so it is possible that local Lions are working on a plan.

**Other Disasters**

- LCIF continues funding disasters around the world that do not make international news headlines. Since July 1, 2023, \$610,000 has been awarded across 21 different countries for a variety of different disasters. In areas where more long-term reconstruction LCIF will work with local Lions on relief efforts for years to come.

# TRANSFORMATION

Hello Lions,

October is here, summer is gone, welcome Fall.

Fall is a beautiful time of the year. Leaves changing colors, making the trees very beautiful. The landscape is so colorful and amazing to look at. People drive all over to look at how nature changes and gets ready to begin rebirth for the upcoming year.

As we look and admire the beauty of nature, we also need to get ourselves ready for change. I think that is Nature can change, why can't we as Lions change? Change is not a bad thing. The environment and communities are changing every day. I believe that all of you Lions have it in you to be the best of the best. Let's all work together and find ways to overcome the struggle and shine like the sun.

Our communities need our support and we need our community's support. Getting out and getting noticed might mean the opportunity to do more service projects. Get out and talk to your communities and see what they might want us to do for them. Just maybe, we will get back on top of the Organization and shine like the sun. We need to be seen, and not just having meetings. In today's world, meetings are not priority, service projects are. Being seen will make a difference. If we stay in the shadows, we will eventually fade away. But if we stay visible and shine, we will make things happen.

As the year comes to its end, we need to get busy and join together and plan for our future. Remember the days are getting darker faster and time is flying by. Plan, Plan and execute! All our clubs are in the same boat, struggling, hurting and losing members. Don't be the shadow, be the ray of light we need to get our clubs growing again in all areas of Leadership, Service & Membership!!

Yours In Service,

GLT/PDG Chuck



***Sign Up Today - Space Is Limited!***



**RLLI**



**REGIONAL LIONS LEADERSHIP INSTITUTE**



**March 8-10, 2024**

**Red Lion Hotel Harrisburg/Hershey**



**SUBJECTS**

- **Lions Fundamentals**
- **Team Work**
- **Diversity**
- **Public Speaking**
- **Time Management**
- **Personal Mission Statement**
- **Member Motivation**
- **Goal Setting**

**INSTRUCTORS**

- **PID Cindy Gregg**
- **PDG Tom Gregg**
- **PDG Jason Long**
- **PDG John Mallonee**
- **PDG Dick Sware**
- **PID James Cavallaro**
- **PDG Kerry McKnight**

*Contact Your District Governor  
Or  
PDG Kerry McKnight  
md14glt-learn@yahoo.com*

*Space Is Limited!  
\$175 Per Lion  
Meals & Rooms Included*

Application may be found in the newsletter email OR Reach out to one of the District Officers for questions or assistance in signing up for this training!



# GLOBAL MEMBERSHIP TEAM – **BRING SOMEONE**

## DISTRCT 14-E MEMBERSHIP

### 703 Members

District Membership stands at **703 Lions**. We are in the UP months. Membership tends to grow slightly in the District during these months before December and the same thing happens again in the spring before June.

December and June – the traditional housekeeping months. Are you ready to keep positive membership growth even during those months? If you work on a plan now you can keep this positive. Members In greater than Members Out

The following Clubs increased membership during August:

New Alexandria	+1
New Florence	+1
Level Green	+1
Trafford	+1



## BRING SOMEONE

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*Bring Someone is the idea of bringing in new Members, orienting Members in what Lionism is about, and constantly engaging Lions so that they feel a sense of satisfaction through Service and Leadership so that their Membership is retained.*

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### Bring Someone – It starts with one.

I am starting this article by congratulating all membership efforts, but I want to mention one. Clubs that are struggling with membership need to start somewhere. It doesn't matter if your Club has 20+ members or 5 or less. It starts with one. Nice work Trafford Lions and new member sponsor Casey Kilroy!!

### Bring Someone – It starts with one continued.

Your Club needs new Members. You know that. You might have projects that you'd like to do but cannot. Your leadership might be overextended carrying multiple roles. You have community needs that are not being addressed. New Members will help with all of these.

We need continued growth in our Lions Clubs. That doesn't mean you have to bring in 10, 5, 3, or 2 members. It's as simple as bringing in one new member. What can that person do? What are their skills? Who do they know? What is their energy level? A new Member can be all it takes to revitalize a Lions Club.

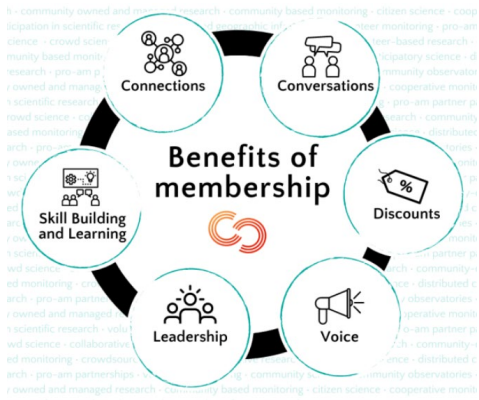
Did your Club bring in one new Member last year? What about the last 5 years, have you increased Membership by at least one Member? There are Clubs that have not. This is your goal start with one. It can be accomplished too.

### Bring Someone – How do you sell your Lions Club?

Last month we talked about 3-minute Membership. Another time related thing we need to be aware of as Lions is our 30-second elevator speech for Lions. This is the thing you'd say if you were in an elevator with a non-Lion and they saw your Lions shirt on and said, "What do Lions do?" We now have them as a captive audience and have their attention maybe as long as it takes to get to their floor.

You need to come up with something you will say and practice it. I know I have been guilty of giving bad answers when asked what Lions are. What are Lions? "Uh uh we do chicken BBQs and sell brooms." What does your Lions Club do? "Uh we used to do this or that but can't anymore because we don't have the members. Do you want to join? We could use you as a Lion. You





## Contact Me

724-309-6750  
lremic@hotmail.com

opportunities for you to expand those skills. Do you know that Lions International offers training online? Have you attended a MD14 State Council Meeting, an LCI Convention or Forum for trainings there? Just being a Lion makes us all part of a group with new people. The fellowship allows us the opportunity to be friends with people we might not have ever before.

These are just a few of the benefits. Lions is what you make of it. Once you realize the power of these benefits you will be able to recognize them as opportunities for others that might consider joining and you can use the benefits as tools to sell Lions to them.

## Questions and Answers

### Q: What do you get out of being a Lion?

A: The benefits are many. Maybe its satisfaction in helping those in need. Maybe it's having leadership opportunities that showcase your skills. Maybe it is the friends that you make in your Club. The possibilities are what you make of it.

### Q: Your Club needs to work on increasing its Membership, what do you need to do to start?

A: Start with increasing your Membership by ONE.

### Q: What made you read to the end of my article?

A: You wanted to see this month's installment of **The Mooch** (part of my Membership Team).

want to be president of the Club? We could see about having you become a Zone Chair and then someday a District Governor.”

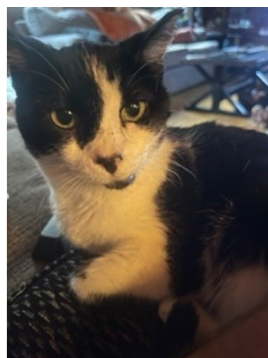
If we aren't prepared to be asked this question, we can easily chase a person off before they even hear a few sentences. We can overwhelm a person before they ever see the good in the service that we do.

Figure out a few key points. Give some highlights that catch their interest. Remember that Lions is more than what you do in your Club. If you get their attention maybe, they will ask more.

I just asked a fellow Slickville Lion what he tells people when they ask what Lions are and he said, “I tell them we are the Knights of the Blind following what Helen Keller asked us to do. I then tell them that we raise and provide Leader Dogs.” He hit the key history and a popular program. If that opens the door maybe that 30-seconds can be more. Then you can ask them to be a future District Governor. Easy now, I am kidding. That will come in time.

## Bring Someone – Benefits of Membership

What are the reasons that you are a Lion? It starts with one and that one was you. Now you continue to be a Lion for some reason. You are learning about and experiencing more about what we do serving the community. You are part of the world's largest service organization – Lions International. Your connection to this group makes more possible. You bring something to Lions in the skills that you had prior to becoming a Lion. Now there are other





**New  
Members!**

## **Welcome to the New Members of District 14-E**

**Name:**

**William Thiry  
Jennie Hurlbut  
Keith Davis  
Jeffrey Jordan**

**Club:**

**Level Green  
New Alexandria  
New Florence  
Trafford**

**Sponsor:**

**Bruno Mediate  
Kathy Sheffler  
Ricky Davis  
Casey Kilroy**



*In Memory of our Departed Lions... (as reported September 2023)*

*God does not seem to be concerned about the size of the talent he has given us in life, or about the grandeur of the service that we are able to offer him. He cares about the faithfulness of our service. He values the little things that are done lovingly and consistently in his name. Any service offered from a sympathetic and compassionate heart matters most.*

*When the heart is right and one's dedication is complete, God's response is always the same: "Well done, good and faithful servant." It is not the size of the gift or task that matters, but the size of the heart of the giver.*

*In memory of the one who has served with us and has been taken from us. At such a time, wealth and reputation, power and intellect are no longer of great importance. It is the lifetime of service that we honor, time spent in giving rather than receiving. In these moments we echo the words of our Lord, "Well done, good and faithful servant."*



*Dale P. Latimer - New Alexandria Lions Club -  
64 Year Member*

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*Paul D. Newhouse - New Alexandria Lions Club -  
35 Year Member*

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*PDG Lyle Brunot - Greensburg - East Hempfield Lions Club -  
Served as District 14-E Governor in 1968-1969*

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**Please send information of your Club's departed Lions to District 14-E GMT,  
PDG Lance Remic ([lremic@hotmail.com](mailto:lremic@hotmail.com)) to have the included in this list.**

# REBIRTH



As the weather gets colder and the day light gets shorter we seem to get lazier. Let us not forget the service we can provide during the holidays. The holidays can be a depressing time for some. Although you might not think of it, service provides a need for someone. Think of someone you know and how easy it can be to spread some joy to them. It can be simple as a phone call or taking them out to dinner. Rather than eat all your extra Halloween candy, and get diabetes, give the candy to your local shelter or food pantry.

We currently have 12 club service chairs out of 29 clubs. If you haven't appointed any one please do so. Service chairs can expect an e-mail with information about how you can be a guiding force in your club.

Our district and district 14-B are having a Strides Walk on November 12<sup>th</sup>.

Did you know that your district and 14-B have had a joint Diabetes assistance program. This program works with Excela and UPMC McKeesport in helping someone get the needed medicine or other items for their care. The Lions Diabetes Board of Allegheny and Westmoreland Counties (LDBAW) are celebrating their 30<sup>th</sup> year helping people.

Please see the Diabetes Service Project ideas and start talking about having a service project in the spring.

Thank you and have a Happy Halloween.

PDG Charlie McGrew

14-E GST





# Lions Club Service Calendar



You are invited to use this calendar to help plan and share service activities with your club. Edit the inspirational ideas below to make this tool work for you, your club and your community.

July	August	September
July 1 begins a new Lions Year! Start your <a href="#">Service Journey</a> and share the resources in the <a href="#">Service Toolkit</a> with your club.	August 12 is <i>International Youth Day</i> . Visit our <a href="#">Youth webpage</a> for service ideas, including the LCIF Lions Quest program.	The second week in September is time to <i>#CelebrateCommunity</i> and serve with a Kiwanis, Optimist or Rotary club in your area.
October	November	December
The second Thursday in October is <i>World Sight Day</i> . Start on our <a href="#">Vision webpage</a> to find service ideas, planning tools and LCIF grant opportunities.	November 14 is <i>World Diabetes Day</i> . Visit our <a href="#">Diabetes webpage</a> to learn how your club can help fight this global epidemic.	December 5 is <i>International Leo Day</i> . Partner with your <a href="#">Leo club</a> on a service project or start a new Leo club.
January	February	March
Sponsor a <a href="#">Peace Poster</a> and <a href="#">Peace Essay</a> contest inspire youths' visions of peace. Kits go on sale January 15.	February 15 is <i>Childhood Cancer Day</i> . Our <a href="#">Childhood Cancer webpage</a> includes service ideas and LCIF grant opportunities to help affected families.	<a href="#">Lions Day with the United Nations</a> was first held in March 1978. Plan an <a href="#">advocacy</a> activity to help make positive change.
April	May	June
April 22 is <i>Earth Day</i> . Find service ideas and LCIF grant opportunities to protect and restore the environment on our <a href="#">Environment webpage</a> .	May 28 is <i>World Hunger Day</i> . Our <a href="#">Hunger webpage</a> provides ideas on how your club can help and LCIF grant opportunities to magnify your service.	LCIF's first <a href="#">Disaster Relief</a> grant was awarded in June 1972. Hold an LCIF fundraiser or check the <a href="#">LCIF Grants Toolkit</a> to extend this legacy of service.





## PROJECT IDEAS DIABETES

### LEARN

- Work with a healthcare professional to organize an educational talk about diabetes, pre-diabetes, prevention and management at your club or district meeting.
- Facilitate a discussion about diabetes to encourage club members to share their personal connections to the disease.
- Visit/explore the website of your national diabetes association and other organizations to learn more about diabetes.
- Share a low glycemic index snack at your club meeting and ask a nutritionist or diabetes educator to teach club members and their families about interpreting food labels.
- Sign-up for MyLION and learn how Lions and Leos are getting involved in diabetes service.
- Download an app that educates and encourages healthy lifestyle choices. Invite club members to participate in a healthy lifestyles related challenge.

### ACT // BEGINNER

- Donate a diabetes magazine subscription or diabetes-related books to your local library.
- Invite a role model with diabetes to a local school to talk about healthy lifestyle choices.
- Sponsor a child to attend a diabetes camp and/or supply a camp with needed supplies.
- Post monthly notices on your club or district website and social media accounts, sharing available community resources for people with or at risk of diabetes.
- Write about healthy lifestyle choices in your community or school newspaper.
- Organize a Strides: Lions for Diabetes Awareness event in your community.
- Develop a list of patient resources and services and distribute them to Lions and the public.

### ACT // INTERMEDIATE

- Partner with healthcare professionals to organize a screening for diabetes, diabetic retinopathy and diabetic foot.
- Promote diabetes prevention through social media campaigns or radio announcements.
- Volunteer for a day at a diabetes camp. Visit [www.diabetescamps.org](http://www.diabetescamps.org) to find a camp near you.
- Sponsor a healthy cooking demonstration for people with diabetes and pre-diabetes.
- **Organize a weekly walking club at your place of work and share a healthy snack afterwards.**
- Bring fresh fruits or vegetables to an elementary school classroom to encourage children to try a variety of healthy foods.
- Collaborate with a healthcare professional to organize a physical activity and promote exercise.
- Donate needed exercise equipment to a community center or school.

### ACT // ADVANCED

- **Organize a community support group for people diagnosed with diabetes and their families.**
- Work with a healthcare professional to organize a mentorship program, pairing a younger person with diabetes with an older mentor.
- Organize a school or community vegetable garden to encourage healthy eating.
- Establish a fitness room or ongoing fitness classes at a community center or school.
- Sponsor a training program for community healthcare workers to learn about screening, community support programs and prevention of diabetes complications.



## Women and Families

October is a time of change. The flowers start to dry up and the leaves begin to fall. It is a time when it can be beautiful to let things go. God had a master plan to replenish the earth, so all is renewed in spring, and this is true regarding the circle of life. I had much difficulty putting a newsletter together for this month, because I have suffered two personal tragedies on losing two people whom I loved and cherished. I know it is the cycle of life and everyone will experience this sooner or later. When I thought about letting beautiful things go, I searched for a way to turn this sad experience into a memorable one. I accomplished this by writing down all the favorite memories I had of these individuals, their strengths, and weaknesses and how they impacted my life. Focusing on these positive thoughts made me laugh, and cry, but gave me hope and coping measures for my grief.

I know it is a difficult subject to talk about, but it is important to make sure your children understand the cycle of being born, living, and dying. Children are resilient and accept with pure innocence that, "dad is in heaven with their pappy." It is better to be honest than to try to shelter them from situations that will eventually occur in their adolescent and adult life. There are many agencies that provide grief counseling as well as coping strategies.

There are many coping projects you can do when you are faced with this tricky situation. You can make a memory quilt of your loved one's favorite t-shirts, or open a trust fund for the children, or provide something personal for the child to keep. There are many other ideas or produce one of your own that has meaning and bring comfort to your broken heart.

Till next time...

Mary Popovich

West Newton Lions





## Conquering Cancer Fundraising Board

- Sell one or more squares on the board ranging from \$1 to \$25.
- Cross off a square once it has been purchased.
- When each square on the board is sold you will have raised \$325!

\$1	\$2	\$3	\$4	\$5
\$6	\$7	\$8	\$9	\$10
\$11	\$12	\$13	\$14	\$15
\$16	\$17	\$18	\$19	\$20
\$21	\$22	\$23	\$24	\$25



Here are a couple easy ideas on how YOUR club can raise money “FOR THE KIDS” to help conquer cancer!

- On the left: BLOCK Challenge. Have members buy a block! Cross off the block once it is bought – raise \$325!
- Below: Now that fall is here, sell coffee, hot chocolate, tea, or hot cider at your next club meeting! Proceeds can go to PA Lions Cares – For the Kids Campaign







## 2023 Toys for Tots Bike Program

### SAVE THE DATES!

We are getting geared up for another great week of bicycle building and some Quality Control TESTERS! 🤖

Tentatively speaking:

This year we will be building bikes at the following address:  
**1572 Roserytown Road**  
**Greensburg, PA**

*(the former Spreadshirt Warehouse over by the Goodwill Store and 84 Lumber)*

### The Dates tentatively will be:

Monday, December 11: evening shift 6-8PM

Tuesday, December 12: day shift 1-4PM evening shift 6-8PM

Wednesday, December 13: day shift 1-4 PM evening shift 6-8PM

Thursday, December 14: day shift 1-4PM evening shift 6-8PM

Friday, December 15: day shift 1-4PM

*Subject to change: Watch for more announcements in future newsletters!*

# How Our Clubs are helping our Communities to make the world a better place.....

## ZONE 1

**CHESTNUT RIDGE (August)** - 26 members – In August, We hosted our annual corn roast with other clubs from our zone. It was a great night of fellowship, and we were able to honor members with a Melvin Jones award (Dr. Croft) WPAHF (Sara McNeil and Mae Stullo and Kidsight fellows (Helen Proper and Lib Stahl). **(September)** – 27 members, including new member Zane Keslar. This month we hosted DG Amy along with PDG Chuck and Zone Chair Jeff at our meeting where we installed officers and committed to the goals of the district. We donated to the book drive. We also welcomed new member Zane Keslar and planned our fall fundraisers which will include an apple dumpling sale October 14th

**GREENSBURG EAST HEMPFIELD** - 10 members - Regular dinner meeting to prepare for fall activities, garden maintenance at Lynch Field and St Clair Parks, set time frame for road clean up in October, agreed to support Red Kettle program and Toys for Tots Bike Program. Committed donations to Slickville/Youngwood Lions joint Bingo and to WCBA Bingo Event.

**LATROBE-DERRY** – 20 members. Weeded Mini Gardens in Latrobe, worked at Food Bank, collecting plastic for park bench project. Hosted DG Amy Thompkins at our meeting.

**NEW FLORENCE** – 22 members, including new member Keith A. Davis/Sponsor Rick Davis. - Received membership application from Keith. Motion by Jay, second by Richard to except Keith. Motion carried. Welcome Keith. Brickfest report was given. We sold hot sausage and brooms. Bench installed at the senior center on Sept. 30. Backpacks - With ours and the boys clubs donation, we were able to purchase 24 backpacks and school supplies to fill them. The Lions also gave a donation to the Shoes and Clothing Fund.

## ZONE 2

**ROSTRAVER TWP** - 45 members - 4 members attended the officers' training. Several members participated in Beacon Lodge Golf outing. Monthly BBQ was another success with about \$1,250 profit going to Four Diamonds. Members packed 25 Custodial Survival kits for Belle Vernon Area school district Custodians. Hosted DG Amy and PDG Chuck for our governor's meeting.

**SEWICKLEY AREA** – 9 members. Members donated baskets for LDBAW Golf Outing. Members attended Norwin Lions Minigolf fundraiser, Manor Lions 75<sup>th</sup> anniversary.

**YOUNGWOOD (August)** – 37 members - Donated a \$50.00 basket to the Diabetes Foundation Golf Outing. Donated \$500.00 to former Lion Brandon Altman who tragically lost his wife Katie during childbirth. **(September)** – 38 members including new member Jason R. Barnhart/Ronald Brown Sponsor. Donated \$500.00 to the Youngwood Fire Department for rescuing the Club secretary from his garage roof after dislocating his hip. Selling popcorn at Hempfield High home football games.

## ZONE 3

**ALLEGHENY TWP** - 10 members. Continued with Meals-On-Wheels, held club meeting, attended Allegheny Township Community Club meeting, collecting books for book drive at municipal building, painting Lions pavilion.

**ARNOLD** – 10 members. **(August)** Holding our last outdoor meeting of the year.

**DELMONT** - 37 members. Collected 200 pairs of used eyeglasses for recycling. Members attended Annual Diabetes Golf Outing & donated Raffle Baskets. Members volunteered for the Dairy Queen Day Fundraiser, White Cane Collection Day-club collected \$833 for vision related services. Members took part in the Lions Lunchables Food Drive and monthly club/bod meeting to discuss past activities as well as plan for upcoming activities. 3 club members attended the Diabetes 30th Anniversary Dinner, 1 club member attended the 75th Anniversary Gala for Beacon Lodge. DG, PDG, & 2VDG attended various meetings, visited clubs and took part in other clubs activities during the month.

**LOWER BURRELL** – 27 members. Welcomed District Governor Amy Thompkins, PDG Chuck Thompkins, 1st VDG Jeff Jordan and ZC Lisa Gismondi. DG Amy introduced club officers and handed out candy appropriate to each officer's job. She also inducted two new members into the club and handed out chevrons for 30 years of membership to Virginia Mrvan and Tony Farina. Club also presented DG Amy with a check for Lions' projects including Beacon Lodge, care-a-van, etc. Enjoyable dinner contributed by club members. Continue to sell brooms and raffle tickets at LB Farmer's Market.

**MURRYSVILLE** – 18 members. Held 2 dinner meetings. Hosted DG Amy, PDG Chuck, 1VDG Jeff. Sold brooms & coverlets at Murrysville Farmers Market (2x). Two members attended Beacon Lodge 75th anniversary gala. One member attended Beacon Lodge board meeting. Continue to collect personal care items for homeless shelter. Had several articles in local newspaper about club's activities. Hosted Amy Riegner, Murrysville library director, and Connie Cauvel, President of the Murrysville library foundation as guest speakers. Had a booth at Murrysville Historical Society event-sold brooms & coverlets.

**SLICKVILLE** – 38 members. The Club participated in Slickville Community Days selling pork sandwiches, grilled sausage, ice cream, and by holding kids games. The Club is preparing for the start of Lions Lunchables for the upcoming school year and for a Club joint Bingo Fundraiser with the Youngwood Lions Club in October.

**VANDERGRIFT** - 26 members. We set up at the last Gathering on Grant festival of the season, selling brooms and promoting the club. Throughout the month we loan out used hospital equipment and collect it as well. The club continues to collect used eyeglasses and sell brooms at various statins in town.

#### **ZONE 4**

**BUSHY RUN** – 37 members. Members marched in Township Festival parade and drove the 14-E Care-A-Van in the parade. Held chicken BBQ. Hosted DG Amy and PDG Chuck at club meeting.

**LEVEL GREEN** – Aluminum can and used eyeglasses collections, building rentals. 5 members conducted Adopt-a-Highway Road cleanup on Route 130. 1 member attended LDBAW Golf Outing and Norwin Mini Golf Fundraiser. Members volunteered for Meals on Wheels. Members marched and drove cars in festival parade with DG Amy, PDG Chuck, and FVDG Jeff. Members staffed a booth at Penn Township Fall Festival selling hot dogs, nachos, and local honey. Board meeting and general meeting held.

**MANOR** – 15 members. Sold brooms and eyeglasses. Participated in Manor Community Day. Donated books to Hershey Medical Center. Held a food drive. Celebrated the 75th anniversary of Manor Lions Club Charter.

**NORWIN** – 31 members. Held Mini Golf Tournament fundraiser. Donated to Meals on Wheels, Leader Dog and Westmoreland County Food Bank. Collected eyeglasses, sold brooms and recycled plastic. Donated basket to the Allegheny/Westmoreland Diabetes Board Golf Outing.

**Thank you to those clubs reporting. A reminder – you must submit your activities and service reports to LCI. This is separate from your submission to the District Newsletter through the [www.lions14e.org](http://www.lions14e.org) website. If you have any questions about reporting your club's service to LCI, please contact your zone chair as soon as possible.**

***"If it isn't reported, it didn't happen...."***





# *The Rostraver Township Lions Club*



Requests the honor of your presence in celebrating their

## **Seventieth Charter Night**

On Sunday, the Fifteenth Day of October, Two thousand and Twenty Three  
at the

**Cedarbrook Golf Course Banquet Room  
215 PA-981  
Rostraver Township, Pennsylvania 15062**

**Guest Speaker  
Past International Director  
Cindy Gregg**

**Social Hour 2:00 P.M. – 3:00 P.M.  
Cash Bar  
Dinner 3:00 P.M.**

**RSVP by October 7, 2023**



Name: \_\_\_\_\_



\_\_\_\_\_ Number attending

Buffet with Vegetarian selection

Please enclose \$35 per person

Payable to:

**Rostraver Twp. Lions Club  
c/o PDG Thomas Gregg  
1130 Willowbrook Road  
Rostraver Township, PA 15012**

## District 14-E Lions Facebook Page

facebook



Like Us on Facebook – [District 14 E Lions](#)

[District 14-E Lions](#) - The Official Facebook Page of District 14-E

Send your information to Amanda or Lance Remic for your Club's activities to be posted to the District's Facebook page. We want to show all that is being done by Lions of District 14-E.

Send info advertising your upcoming events or share photos of the events that have taken place to show the fun and success your Club had.

Email your info to [akbrant@atlanticbb.net](mailto:akbrant@atlanticbb.net) (Amanda) or [lremic@hotmail.com](mailto:lremic@hotmail.com) (Lance)  
Or text your info to 724-984-7644 (Amanda) or 724-309-6750 (Lance).



Scan this QR Code to check out the District  
14E Website!

What is a QR Code?



QR codes are 2D barcodes which contain any kind of information that can redirect scanners to online information. This QR Code, when scanned, will take you to the District 14E website. Try it out!

(you will need to have a QR Reader app on your phone )

Don't forget to tag us on  
your photos and posts on  
Social Media!

Use the following hashtags on  
Twitter, Instagram (IG), Facebook (FB)  
or whatever other social media outlet  
that uses "hashtags". Hashtags are a  
way of grouping like posts.

[#district14eweserve](#)

[#district14elions](#)

[#14EDGAmy](#)





**Slickville Lions Club**  
 Pres. Amanda Ramic  
 122 Country Lane  
 Export, PA 15632  
 724-934-7644

**Youngwood Lions Club**  
 Pres. Ronald Brown  
 408 McKinley Street  
 Youngwood, PA 15897  
 412-610-2003



August 7, 2023

Dear Sponsor,

The Slickville and Youngwood Lions Clubs will be holding a Bingo Fundraiser on October 15, 2023, at the Youngwood Firehall. Along with the bingo games, we will also be having a basket raffle, and instant win games.

We are looking for businesses or individuals to sponsor each of the bingo games and instant win games. By sponsoring these games, we can generate more revenue for our organizations to help our local communities and other charities. Lions Clubs live to the motto of "We Serve." In keeping with this commitment, the Clubs conduct many worthy service projects, activities, and fundraising events. We make contributions throughout the year to charity organizations and help individuals in need.

We are also looking for businesses or individuals to donate baskets for the basket raffle. These things are a great way to advertise for your business and help us raise money for both our Lions Clubs.

There is a game schedule/payout list attached to this letter. Please consider sponsoring a game. All sponsors will be listed on the game sheet that is handed out to all the players at this event, as well as having their name(s) announced as a sponsor before the game begins.

If you are willing to make a sponsorship donation, please mail it to:

**Slickville Lions Club**  
 Barb Novak  
 PO Box 232  
 Slickville, PA 15684  
 barb.novak@yahoo.com

**Youngwood Lions Club**  
 Rod Quariz  
 231 Beretta Drive  
 Greensburg, PA 15601

If you are willing to make a basket donation, please contact:

Billy Anne Novak  
 412-383-3208  
 ajn29@yahoo.com

Amanda K. Ramic  
 724-684-7644  
 akraman@atlantlbb.net

Carlo Ramic  
 724-297-1845  
 seajay8040@yahoo.com

Marilynn Brown  
 724-625-6585  
 bm20@comcast.net

As always, we appreciate your support of the Slickville and Youngwood Lions Clubs. We thank you in advance for your help.

Sincerely,

Amanda K. Ramic  
 President - Slickville Lions Club

Ronald Brown  
 President - Youngwood Lions Club  
 NAK (PI)



**Slickville Lions Club**  
 Pres. Amanda Ramic  
 122 Country Lane  
 Export, PA 15632  
 724-934-7644

**Youngwood Lions Club**  
 Pres. Ronald Brown  
 408 McKinley Street  
 Youngwood, PA 15897  
 412-610-2003



The Slickville & Youngwood  
 Lions Clubs



# BINGO

Business/Individual Sponsor Name: \_\_\_\_\_

Contact Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Game Payout Sponsor Amount (choose the level):

\$50.00 \_\_\_\_\_ \$75 \_\_\_\_\_ \$100 \_\_\_\_\_ \$200 \_\_\_\_\_ \$300 \_\_\_\_\_ \$500 \_\_\_\_\_ \$1000 \_\_\_\_\_

Other Amount \$ \_\_\_\_\_

Please make checks payable to - Slickville Lions Club

**Slickville Lions Club**  
 Barb Novak  
 PO Box 232  
 Slickville, PA 15684

NAK (PI)



The Slickville & Youngwood  
 Lions Clubs



# BINGO

## GAME LIST / PAYOUTS

SPECIAL	\$100	BLOCK 9	
BINGO	\$50	REGULAR	
QUICKIE	\$75	COVERALL	
BINGO	\$50	REGULAR	
QUICKIE	\$75	COVERALL	
BINGO	\$50	REGULAR	
BINGO	\$50	REGULAR	
BINGO	\$50	REGULAR	
QUICKIE	\$75	COVERALL	
BINGO	\$50	REGULAR GAME	
SPECIAL	\$100	DOUBLE STAMP	
BINGO	\$50	REGULAR	
BINGO	\$50	REGULAR	
BINGO	\$50	REGULAR	
BINGO	\$50	REGULAR	
BINGO	\$50	REGULAR	
SPECIAL	\$100	INSIDE ROBIN	
BINGO	\$50	REGULAR	
BINGO	\$50	REGULAR	
QUICKIE	\$75	COVERALL	
JACKPOT	\$200	REGULAR	
JACKPOT	\$100	X	
JACKPOT	\$1000	COVERALL	

The Slickville and Youngwood Lions Clubs would like to Thank You for taking the time to come out and support us at our Bingo Fundraiser  
 NAK (PI)

The Slickville & Youngwood  
 Lions Clubs



# BINGO

**\$1,500.00 Jackpot**  
 Regular \$200.00, "X" \$300.00  
 Coverall \$1,000.00  
 All Regular Bingo's win \$50.00

Lunch Included  
 50/50 Ticket Sale  
 Basket Raffle  
 Strip Tickets

Sunday, October 15, 2023  
 Youngwood Fire Hall  
 104 S. 2<sup>nd</sup> Street, Youngwood

\$25.00 Admission  
 Doors Open 11:30  
 Lunch 12:00-1:00

Bingo Starts at 1:30

Tickets Sponsored by Alpha Business Forms, Delmont, PA.  
 Proceeds benefit the projects of the Slickville & Youngwood Lions Clubs.

###

###

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone #: \_\_\_\_\_



## **LIONS LCICON POST GROUP TOUR TO AUSTRALIA**

**JUNE 26-JULY 2, 2024**



**FULL ITINERARY LOCATED IN THE NEWSLETTER EMAIL!**

### **The packet in the email includes:**

- **7 Day Detailed Itinerary**
  - Rates
  - Inclusion details
  - Exclusion details
- **Cancellation Policy**
  - Insurance
- **Passport & Visa Information**
  - Reservation Form



# Western Pennsylvania Lions Hearing Foundation Fellowship Application

## The Western Pennsylvania Lions Hearing Foundation Fellowship and Contributing Membership Programs

Both of the following programs have been established to help provide funding to support the projects of the Western PA Lions Hearing Foundation. Our goal is to continue our mission of providing assistance for adults and children through the purchase of audiology devices that will improve hearing for those who are hearing impaired.

### The Western Pennsylvania Lions Hearing Foundation Fellowship Program

The Western Pennsylvania Lions Hearing Foundation Fellowship has been established to help provide funding to continue to provide hearing aids for individuals in need.

By naming a person a WPLHF Fellow your contribution goes toward helping those with hearing challenges be able to once again, hear and communicate with the world around them.

For a \$250.00 donation the recipient of the fellowship will receive a lapel pin and plaque (pictured here) indicating them as a fellow.

The recipient of this award need not be a Lion. Anyone who supports the process of improving hearing can be honored with this award.



### The Western Pennsylvania Lions Hearing Foundation Contributing Membership



You can show your support for the Western PA Lions Hearing Foundation by becoming a contributing member. A \$10.00 purchase provides the pin seen here.

Check out the Western PA Lions Hearing Foundation website at [www.wpalhf.org](http://www.wpalhf.org) or contact one of your District Board Members for more information.

The application can be found in the Newsletter Email. Just scroll down and find the block that says "Western PA Lions Hearing Foundation Fellowship Application" and click on it.

If you wish for a copy to be emailed to you, please reach out to PDG Lance Remic or myself at the following emails:

Lremic@hotmail.com

Or

Lisgis67@msn.com



The Western Pennsylvania Lions Hearing Foundation Fellowship has been established to help provide funding to continue to provide hearing aids for individuals in need.

By naming a person a WPLHF Fellow your contribution goes toward helping those with hearing challenges be able to once again hear and communicate with the world around them.

For a \$250.00 donation the recipient of the fellowship will receive a lapel pin (shown above) and plaque (below) indicating them as a fellow.

The recipient of this award need not be a Lion. Anyone who supports the process of improving hearing can be honored with this award.



### Lions Districts Supported by the Western Pennsylvania Lions Hearing Foundation:

- 14-B – Allegheny
- 14-E – Westmoreland
- 14-F – Crawford, Erie, Forest, Mercer, McKean, Venango, and Warren
- 14-J – Cambria, Cameron, Clearfield, Elk, Indiana, and Jefferson
- 14-L – Bedford, Blair, Fulton, Huntingdon, and Mifflin
- 14-M – Fayette, Greene, Somerset, and Washington
- 14-N – Armstrong, Beaver, Butler, Clarion, and Lawrence

The Lions Clubs within the above counties are able to take referrals for auditory devices (hearing aids). If you have a need or your club has an individual, please contact the Board Member from your respective County/Lions District to start the application process.

For more information about the Western Pennsylvania Lions Hearing Foundation visit the Web site at:

[www.wpalhf.org](http://www.wpalhf.org)  
**OUR MISSION**

To provide assistance for adults and children through the purchase of audiology devices that will improve hearing for those who are hearing impaired.

## Western Pennsylvania Lions Hearing Foundation



## FELLOWSHIP APPLICATION




FOUR DIAMONDS  
Conquering Childhood Cancer

**Pennsylvania Lions CARE FOR THE KIDS™**

A Four Diamonds Program Conquering Childhood Cancer

**JOIN US IN THE FIGHT TO CONQUER CHILDHOOD CANCER!**

- 1 VISIT OUR FUNDRAISING PAGE**  
Visit [FourDiamonds.org/PALions](http://FourDiamonds.org/PALions) and look for the state of Pennsylvania towards the bottom of the page.
- 2 CLICK ON YOUR DISTRICT**  
Click on your district/county and make a donation or create a fundraising page for your club.
- 3 CREATE A FUNDRAISING PAGE**  
Click "Join our Team" and then click "Continue to Next Step". Enter a fundraising goal, select if you would like to make a donation and fill in the other required information. Then click "Continue to Confirmation".
- 4 RAISE FUNDS TO CONQUER CHILDHOOD CANCER**  
Your fundraising page is now set up and you can begin fundraising for your Lions Club and help Four Diamonds Conquer Childhood Cancer.

 Personalize Your Page
  Connect to Twitter
  Connect to Facebook
  Send Donor Invites

[FourDiamonds.org/PALions](http://FourDiamonds.org/PALions)

FOUR DIAMONDS  
Conquering Childhood Cancer

**Pennsylvania Lions CARE FOR THE KIDS™**

A Four Diamonds Program Conquering Childhood Cancer



**How to set up Your Recurring Gift**



- 1 Visit our fundraising page**  
Visit [FourDiamonds.org/PALions](http://FourDiamonds.org/PALions) and scroll down and click "Make a Donation."
- 2 Select your donation amount**  
Choose "Monthly," enter your Lions Club name, fill out your contact and payment information.
- 3 Help conquer childhood cancer**  
Here are some of the ways your recurring gift can help kids fighting cancer.

Supporting PA Lions "Care - For The Kids"™

Your Donation

Donation Amount	PAID	PAID	PAID
	PAID	PAID	OTHER

 **\$10/month** funds one day of art therapy.
  **\$25/month** provides one day of care and support from our chaplain, who helps guide the spiritual needs of patients and their families.

 **\$100/month** funds one week of child life support for Four Diamonds' outpatient clinic.
  **\$200/month** funds a private hospital room for a child and their family.

[FourDiamonds.org/PALions](http://FourDiamonds.org/PALions)

Please note that these flyers can be found by clicking on the appropriate box found in the Newsletter Email. This is being done to minimize space taken up with repeat articles and to help make the newsletter more manageable in size!

**UPDATE**

LEADER DOGS FOR THE BLIND



**The Client Experience**

The On-Campus Experience  
New Volunteer Puppy Raiser Options

**LEADER DOGS FOR THE BLIND**

You've probably seen many pictures and stories of **Leader Dog** clients confidently navigating life with their white canes and guide dogs, but there's a lot that goes into those success stories!

Though we also offer models of our **Guide Dog** and Orientation and Mobility programs that take place in other locations, most of our clients start their journeys to travel independence right here on our Rochester Hills, Michigan campus. In this issue of Update, we hope you'll enjoy a behind-the-scenes view of some of the things clients experience during an on-campus program at **Leader Dog**.

In the photo below, one of our clients enjoys pizza and beer night.



Check out the latest newsletter **UPDATE** from **LEADER DOGS FOR THE BLIND!**

Find attachment in the email!  
**ENJOY!**





The Manor  
Lions  
celebrating  
75 Years!

Bushy Run  
Lions Steak  
Fry/DG  
visit



Mt  
Pleasant  
Twp DG  
visit



Murrysville  
Lions DG  
visit

← Chestnut Ridge Lions



Arnold Lions Club







**Lower Burrell  
Lions DG visit**



**District 14-E Leaders are "all smiles" because they love seeing and hearing about all that you do !! Keep up the GREAT Work!!!**





**2023-2024 DISTRICT 14-E PROJECTS DONATION FORM**

CLUB _____	DATE _____
Beacon Lodge Camp for the Blind	\$ _____
Care-A-Van	\$ _____
Diabetes	\$ _____
Disaster Relief Team Fund	\$ _____
Eye Research	\$ _____
Pediatric Cancer	\$ _____
Leader Dogs for the Blind	\$ _____
Lions Clubs International Foundation (LCIF)	\$ _____
Lions of Pennsylvania Foundation	\$ _____
PA Lions Hearing Research Foundation	\$ _____
Western PA Lions Hearing Foundation	\$ _____
Westmoreland County Blind Association	\$ _____
Westmoreland County Deaf Services	\$ _____
<b>TOTAL DONATION:</b>	<b>\$ _____</b>

**Please note:** If your club has not already submitted donations, they must be received by May 1, 2024 to receive credit for 2023-2024 Lions Year. Donation check should be made out to District 14-E Lions and this form should accompany the check. Please mail check to Cabinet Treasurer, PDG Robert Mesher, 441 Gallitin Road, Belle Vernon, PA 15012. If necessary check can be given to District Governor Amy before the deadline.

# District 14-E Change Agents:



## DISTRICT 14-E CABINET – 2023-2024

District Governor	Amy Thompkins	Delmont	amoose309@yahoo.com	412-551-0327
1st Vice District Governor	Jeff Jordan	Level Green	Jeffreybob14e@gmail.com	412-418-3646
2 <sup>nd</sup> Vice District Governor	Lisa Gismondi	Delmont	Lisgis67@gmail.com	724-454-3653
District Secretary	Kara Knode	New Alexandria	kpurvis77@yahoo.com	724-689-5560
District Treasurer	Robert Mesher	Rostraver Twp	robertmesher@comcast.net	724-323-5458

## District Global Action Team (GAT) Coordinators

Leadership	PDG Chuck Thompkins	Delmont	chuckt@yahoo.com	724-989-8250
Membership	PDG Lance Remic	Slickville	lremic@hotmail.com	724-309-6750
Service	PDG Charlie McGrew	Sewickley	Cjmcgrew1@verizon.net	724-446-2546

## Zone Chairpersons

Zone 1	Amy Thompkins	Delmont	amoose309@yahoo.com	412-551-0327
Zone 2	Jeff Jordan	Level Green	Jeffreybob14e@gmail.com	412-418-3646
Zone 3	Lisa Gismondi	Delmont	Lisgis67@gmail.com	724-454-3653
Zone 4	Jeff Jordan	Level Green	Jeffreybob14e@gmail.com	412-418-3646

## Communications

Communication/Publicity	John Russo	Norwin	apdjr@aol.com	724-864-3844
Website	Jeff Jordan	Level Green	Jeffreybob14e@gmail.com	412-418-3646
Newsletter	Lisa Gismondi	Delmont	lisgis67@gmail.com	724-454-3653
District Admin (Club Reporting Support)	Denise Poole	Norwin	dypoole@comcast.net	724-787-6183
Social Media	Amanda/Lance Remic	Slickville	akbrant@atlanticbb.net / lremic@hotmail.com	724-984-7644 724-468-4626



*Transformation  
Change -Rebirth*

## **IMPORTANT WEB ADDRESSES**

District 14-E Lions.....www.lions14E.org  
Leader Dogs for the Blind.....www.leaderdog.org  
Lions Clubs International.....www.lionsclubs.org  
PA Lions Beacon Lodge Camp.....www.beaconlodge.org  
PA State Council of Lions Clubs.....www.palions.org  
Lions of PA Foundation.....www.lionsofpafoundation.org  
Western PA Lions Hearing Foundation.....www.wpalhf.org

Like us on Facebook: District 14-E Lions

Please consider a Personal Contribution to either of these two charities  
to supplement Club Donations. Thank You!

<https://fourdiamonds.donordrive.com/index.cfm?fuseaction=cms.page&id=1175>

<https://www.lionsclubs.org/en/donate>



**AMY THOMPkins, DISTRICT GOVERNOR**  
**DISTRICT 14-E**  
**PENNSYLVANIA, USA 2023-2024**  
**[AMOOSE309@YAHOO.COM](mailto:AMOOSE309@YAHOO.COM)**  
**412.551.0327**