

OCTOBER 2025

District Governor's Message



Fellow Lions,

We are entering our fourth month of this Lions year. Fall is upon us as the leaves are blanketing the ground and the temperatures are becoming cooler.

Lions have been very busy so far this year with fundraising, providing service and attending meetings and trainings to further their knowledge of Lionism.

Club visits are underway, and it has been absolutely wonderful visiting with you and taking part in your fundraisers and activities. I am looking forward to seeing more of you this month. October is a very busy month—filled with many club visits, trainings, club support meeting, and club activities which all lead into the second Council Meeting in Harrisburg at the end of the month.

Keep in mind that Lions Clubs Interna-

tional's (LCI) first special week of service is Oct 4th-12th, and the focus is on Mental Health Awareness. 1VDG Ron scheduled a Club Support Meeting on October 1st at Hoss's and had a presentation on Mental Health and Well-Being—thanks for a job well done and thanks to those who attended. The District will also be passing out mental Health flyers at the Senior Expo at Westmoreland Mall as well as conducting vision screenings on October 22nd. If you would like to assist, please contact PDG Sam Snively at 724-423-3102 or dozer8@zoominternet.net. Remember, to qualify for the Club Excellence Award, your club must take part in the three special service weeks and must report it into the portal—the activity does not have to be big or fancy or costly. A few suggestions include passing out fly-

ers, sending cards to nursing homes patients or veterans.

Our District is also holding a Guiding Lion Training on Saturday, October 11th at the Slickville Civic Center—please see the flyer in the newsletter for additional details—this is a great opportunity to learn more and lead others.

Our District 14-E Mass Induction Ceremony will be held on Wednesday, November 5th. Reservation forms have been mailed, emailed, posted on social media and are also located in the newsletter. It would be great to see you all there to be a part of this



(Continued on page 2)

DISTRICT 14-E CABINET

- ◆ District Governor:
Amy Thompkins
amoose309@yahoo.com
- ◆ 1st Vice DG
Ron Brown
Heatmastr@comcast.net
- ◆ 2nd Vice DG
Amanda Remic
akbrant@icloud.com
- ◆ Cabinet Secretary
Kara Knode
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Jeffrey Jordan
Jeffrey-Bob14e@gmail.com
- ◆ Chaplain
John Millward
millward115@comcast.net
- ◆ District Administrator
Denise Poole
dypooles@comcast.net
- ◆ Newsletter
Lions14ENewsletter@gmail.com

Send your news by
the 25th of the
month (John Russo,
Communications)

CALENDAR

OCTOBER 4,5

FALL LEADERSHIP
SYMPOSIUM

OCTOBER 11

GUIDING LION TRAINING
SLICKVILLE CIVIC CENTER

OCTOBER 18

LIONS RESEARCH
SEMINAR
ELKINS PARK

OCTOBER 26

BINGO EVENT
YOUNGWOOD VOLUNTEER
FIREHALL

NOVEMBER 5

MASS INDUCTION
LAKEVIEW LOUNGE

NOVEMBER 8

CABINET MEETING
DELMONT

NOVEMBER 8

COMEDY NIGHT
NORWIN LIONS
NORWIN VFW

MARCH 6-8

LEADERSHIP INSTITUTE
HARRISBURG

MARCH 29

YOUNGWOOD LIONS
PANCAKE BREAKFAST

Message from the First Vice District Governor

Together for Wellness: Lions Leading the Way

This month the Lions Clubs are having a Mental Health Week of Service from October 4th-12th. During this week we unite as a global family of service, we recognize Mental Health is not just the absence of illness, but the presence of hope, resilience, and community. Around the world millions face challenges of stress, anxiety, depression and isolation—yet too often these struggles remain unseen.

As Lions, we are called to see with compassion, serve with courage and lead with empathy. Just as we have served in the areas of vi-

sion, hunger, youth, diabetes, and disaster relief, we now affirm that mental wellness is an essential part of human dignity and community well-being.

This week let us:

- Listen With Care- a simple conversation can open a door to healing
- Promote Awareness- share resources and education to reduce stigma.
- Build Safe Spaces- in our clubs and communities, create environments where people feel safe and supported.
- Serve With Action- by hosting workshops, offering wellness ac-

tivities, partnering with local professionals, or simply reaching out to someone in need. Every act of kindness matters.

Together, we stand for service, inclusion, and the health of both body and mind. By serving in mental health, we honor the Lions motto “We Serve”- with open hand, open minds, and open hearts.

Caring For the Heart and Mind—Because We Serve.

FVDG Ron

(Continued from page 1)

wonderful and special occasion to honor our members, new and old. PA Lions State Council Chair Mike Crossey (District B) will be our guest speaker and I know he will have a meaningful message for us all.

I hope you are all starting to gather books for our District Book Drive for Pediatric Cancer. I have been passing out flyers at club visits, so be sure to share them with friends and family. You could even set up a donation box at the local library or churches to get more people involved. The flyer is also attached to the newsletter.

I am grateful for all of you and your efforts to increase membership, increase service and expand your knowledge to further your leadership!

One last thing to keep in mind---Never underestimate the difference you make!!

DG Amy





Message from the Second Vice District Governor

Serving with Heart: Lions Focus on Mental Health

This month we recognize **Mental Health and Well-Being**, a reminder that even the simplest changes can affect people in very different ways.

October 4–12, Lions around the world will be observing a Week of Service for Mental Health and Well-Being. During this time, we will come together to raise awareness and show support for this important cause. **Lions International President A.P. Singh has incorporated mental health and well-being as one of our service initiatives**, reminding us that caring for mental health is just as vital as addressing physical needs in our communities.

I want to share a personal story of how even a slight change can

affect someone's well-being. When COVID-19 began, my company sent us home to work. I quickly realized how much I enjoyed it — and I still do. Removing the commute and having more flexibility in my day has been a very positive change for me. While there were some adjustments to make, overall, the experience benefited my well-being.

What I didn't realize at first was how differently this same change impacted some of my colleagues. For one colleague, it took a major toll. Living alone, the daily interaction at work had been their primary source of connection to others. When that was suddenly gone, their mental health suffered in ways that weren't immediately obvious.

The good thing was — I noticed. Others noticed. **We noticed.** And together, we took steps to support this person during a time when contact was so limited. It wasn't always easy, but we made sure they felt seen, heard, and cared for. Today, that colleague is thriving, and to this day they thank me for recognizing they were not okay and for stepping in during a difficult transition.

My own experience taught me a powerful lesson: what may be positive for one person can be incredibly challenging for another. That's why it is so important that we continue to check in — on ourselves and on each other. **Sometimes the smallest act of kindness or concern can become the turning point in**

someone's life.

Together, as Lions, let's lead with awareness, compassion, and action — because mental health and well-being matter for all.

District 14-E Lions: I encourage each of you and your clubs to take part in this Week of Service or during the month of October and share the projects you are doing to raise awareness for mental health and well-being. By working together, we can shine a light on this important cause and make a real difference in our communities.

In Service and Fellowship,
Amanda K. Remic ,
SVDG

The International Association of Lions Clubs

Lions Clubs International ®



Amy Thompkins
District Governor, District 14-E
Pennsylvania, U.S.A. 2023-2024
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Greensburg, PA 15601
412-551-0327
amoose309@yahoo.com

NOTICE OF SECOND CABINET MEETING

TO: CABINET OFFICERS AND COMMITTEE CHAIRPERSONS, CLUB
PRESIDENTS AND SECRETARIES, ALL LIONS AND LEOS

DATE: SATURDAY, NOVEMBER 8th, 2025

PLACE: TRINITY UNITED CHURCH OF CHRIST
39 EAST PITTSBURGH ST, DELMONT, PA 15626

TIME: 9:00 a.m. PAST DISTRICT GOVERNORS MEETING (Past District Governors only)
9:15 a.m. PRE-CABINET MEETING (Current District Cabinet only)
9:30 a.m. CABINET MEETING (all Lions members and club representatives)

ATTENTION: Please provide a full written report to DG Amy Thompkins by Saturday, October 25th so that copies can be provided and distributed to clubs. Only summary reports are to be delivered at the cabinet meeting and will be limited to three-minutes. Provide details in the written report to be shared with all clubs.



October 2025 GLT Newsletter Note

Hello Lions,

Where does the time go, one month here, one month gone. I am asking that all of you, if you never attended a zone meeting or a learning event, come out and see what you are missing. The more you try to attend these events that is more knowledge that you can attain. I hope that your clubs can spread the word about these fun and meaningful meetings. Lions or non-Lions can come and see what you can do to help out.

Looking forward, we are going to still need Lions to step up for future leadership. If we don't have future leaders, the Lions District will be at a

huge risk. I would like to see better showings at leadership events. We all need to be open to new ideas and ways of doing things as what works for one may not work for another. The District Shadowing Program is a great way to learn and see what we are capable of doing.

Remember, where there is a need, there is a Lion waiting to help. Here is a great way to serve—work with other clubs and grow, all for one, one for all. Strengthen, grow and be seen. Lions, we all know that as the days go by, the times are changing. What we were doing last year and even in the past has CHANGED today. We can't

rely on how the past was, we need to be ready for the unexpected in the future. We may all, think, ponder and grumble about it, but we must remember that change is positive. The world is moving forward with or without

you—just think about that.

I will see you on the flipside,
Yours in Lionism,

PDG/GLT Chuck



Eye Glass Recycling

I am Alice Heasley (Delmont Lions Club). My husband, John and I, chair the Eyeglass Committee for the District.

The Eyeglass Recycling Center does not accept cases (these can be donated to local Goodwill Stores), broken frames, loose lenses (I have do-

nated these to local Scout Troops for outreach projects), or loose sun clips (if the sun clips are attached to a pair of glasses, they will take them. I have donated loose sun clips to local Goodwill Stores).

If you bring your recycled glasses to the Westmoreland County Blind Association in Greens-

burg, please list your club on the boxes. You can drop them off in the foyer during business hours. Before 5:00.

If you have any questions, please get in touch with me.

My Cell # is:
724-757-2790;
House #: 724-836-1490

Yours in Lionism,
Alice Heasley
trinjoal@yahoo.com



Knights of the Blind—and Assisting Sight Impaired Individuals



Service Message from Charlie McGrew

Service can be many things, providing glasses to give them better vision. It can be providing food to the food bank or a needy family to eliminate a family's hunger for the day. A few weeks ago, I saw service to my fellow co-workers in their darkest time. People without a second thought jumped into helping the people who need help and gave them aid. They didn't do it for themselves. They did it because it needed done.

We never think about the aftermath of the service we provide; we just think that they are ok

and are fine after we help them. That is not the case with most of them.

After life changing events we provide comfort, and at the time that is needed, but we slowly get back to our lives not knowing that they still need help.

Everyone struggles with some form of depression or sadness. It all depends on how we cope with it. The loss of a friend or family member, the loss of a job, or a feeling that you are not worthy. We cannot see the hurt or pain that

someone is carrying.

October 4-12 is Mental Health and Well Being service week. In Westmoreland County you can go to their webpage to get info on agencies that can help you.

www.westmorelandcountypa.gov/1837/Mental-Health-Treatment-Programs

The holidays and the upcoming winter can be hard on some. Please be KIND. That person might just need that "service" to make it thru the day.

Thank you.

PDG Charlie McGrew

14-E GST

WE SERVE

988
LIFELINE

If you need to talk, the 988 Lifeline is here.



Lions International

LIONS AND LEOS ARE WORKING TO RAISE AWARENESS OF THE IMPORTANCE OF MENTAL HEALTH AND WELL-BEING, TO EDUCATE AND SUPPORT THEIR COMMUNITIES, AND ADVOCATE FOR POSITIVE CHANGE.



MENTAL HEALTH AND WELL-BEING

Service Ideas

lionsclubs.org/mental-health



Promote education, awareness and advocacy resources and tools from reputable organizations such as the [World Health Organization](#) and [World Federation for Mental Health](#).



Explore the [World Health Organization's mental health and well-being stigma reduction resources](#) and promote them using social media to highlight the importance of lessening mental health stigma and debunking common misconceptions.



Contact local, state/province and federal government representatives to advocate for increased mental health funding and expanded services. Use our [Lions Advocacy Toolkit](#) to get started.



Explore ways to increase access to vital mental health screening services in your community among underserved groups by contacting and utilizing mental health professionals, psychologists and psychiatric physicians in your networks. Connect with local stakeholders such as schools, hospitals and community leaders to collaborate on shared goals.



Find your region or country's suicide prevention hotline using the [International Association for Suicide Prevention's international suicide crisis hotline search feature](#) and promote the hotline at awareness events and on social media.



Use resources, facts and statistics from the World Health Organization and World Federation for Mental Health to create a [World Mental Health Day](#) social media campaign with your club, district or multiple district. Share your impact on social media with photos, videos and other assets using the hashtag #WorldMentalHealthDay.



Donate food, toiletries or maintenance services to a local transitional living home serving disabled individuals and/or those living with various mental health conditions in your community.



Host a walk or event in partnership with a local mental health organization to raise mental health and well-being awareness utilizing the World Health Organization's [mental well-being resources and depression infographics](#).



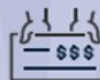
Volunteer at your local center for elderly care to assist with enrichment and well-being events.



Support [Lions Quest](#) social-emotional learning and well-being curriculum for youth in your community. Consider providing promotional support and curriculum delivery for Lions Quest by applying for a [Lions Quest Promotional Grant](#) or [Lions Quest Community Partnership Grant](#).



Use resources from the [International Association for Suicide Prevention](#) to highlight [World Suicide Prevention Day](#) in your community.



Provide assistance to mental health agencies and treatment centers by hosting fundraisers, providing publicity on social media and collecting needed supplies.



Encourage well-being and development of life skills among youth by creating a local social and mentorship group in your community. Get started by [watching this video](#) about Camp Conquer, a community-based youth wellness group created by Lions in Delaware, USA.



Together As One

When we come together, we can do amazing things. This year, we're inviting students around the world to envision what can happen when a diverse group of people unites around a common cause or goal. Imagine a world where we all come together as one!

For more than 35 years, Lions International has offered children around the world the opportunity to create their visions of peace by sponsoring the Peace Contests. Local Lions clubs sponsor the contests in their neighborhood schools and youth groups.

Sponsoring a Peace Poster Contest is one of the most unique and rewarding projects that your Lions club can be involved in. Not only is your club inspiring children to imagine a world of kindness, you'll also be engaging with your community and showcasing all the incredible ways that Lions serve.

Designed for kids ages 11 to 13, the Peace Contests offer children the chance to showcase their talent on an international stage and compete for great prizes.

Here's how your club can [host a contest](#). Just [purchase your kit](#) to get started!

Top Five Reasons to Sponsor the Peace Contests:

1. **Encourage children to express their feelings through art.** By giving children, a creative outlet for their thoughts, they can discover new ways to speak their mind.
2. **Boost kids' self-esteem and let them know that their ideas matter.** The recognition that children receive from participating in the Peace Contests will help them gain the confidence they need to become leaders and peacemakers.
3. **Give your club the opportunity to promote peace in a world of conflict.** Social media feeds are noisy with world news items that break hearts and ignite anger. Share a child's image of peace and bring a smile to someone's day.
4. **Increase your club's visibility in the community.** Work with local school districts and youth groups. Get community leaders involved. Contact news outlets to announce the winners. Let your town know that your Lions club is committed to youth engagement and international peace and tell them how they can participate.
5. **Give children and adults hope for a peaceful future.** In a world filled with conflict and uncertainty, the need for kindness, peace and love has become even greater. And who better to illustrate this than a child? Make a difference in a child's life and promote peace in your community. Most importantly, it gives children—and adults—hope for the future.

[Purchase your Peace Poster kit](#) today and help pave the way to peace and international understanding in your community.

JUDGING WILL BE HELD AT THE NOVEMBER CABINET MEETING

Thank you,

Wendy McGrew



LCIF Note

Happy Fall Fellow Lions!!

It looks as if the cooler weather is here to stay along with the colorful leaves falling to blanket the ground.

Did you know that over 820 million people in the world don't have enough food to eat? Did you know that 45% of children under the age of five die from nutrition related causes? Did you know that in the United States alone, one in nine people suffer from hunger? Did you know that Lions Clubs International Foundation (LCIF) offers grants to Lions Districts ranging from \$10,000-\$100,000 to aid in eliminating Hunger?

Hunger issues are increasing steadily, and LCIF Hunger Grants can be used to support school feeding pro-

grams, food banks, feeding centers, and other hunger related supports. Hunger is a complicated challenge in that despite global production being sufficient to feed the entire population, chronic hunger remains a chronic problem. With political and economic instability, rising food and energy prices and climate change all being contributing factors, one fact remains prevalent—Hunger related challenges are urgent and cannot be ignored.

Your support of LCIF through your individual and club donations make these grant opportunities possible to help those who are experiencing food insecurities. If you have any questions, please reach out to me or research the LCIF website for more

information.

Click on the link to view a Hunger video: <https://lcifpride.org/video/blueberry-orchard-in-albany/>

Click here to donate now: <https://www.lionsclubs.org/en/node/13261>

Yours In Service,
DG Amy



LOOK FOR MORE LIONS CLUB EVENTS ON FACEBOOK'S District 14 E Lions group and on the website at www.lions14e.org.



Message from Cindy Gregg

Dear Lions and Leos,

Although the 49th USA/Canada Lions Leadership Forum concluded last weekend, it was an exciting three days filled with nearly 100 educational sessions, outstanding inspirational speakers, and the great camaraderie for which Lions is known. More than 1600 Lions and Leos came together to fill hundreds of boxes with towels, socks, and essential supplies that were donated to five homeless shelters. While the weather wasn't ideal for the Strides Walk, \$7500 was donated to the local Diabetes Center. Of course, the chairman, a mother of a young diabetic son, tearfully accepted this heartfelt contribution.

International President AP Singh, from India, known for his dynamic speeches, drew an interesting parallel between our membership efforts and gambling in Atlantic City's many casi-

nos. After all, "You can't win if you don't take a chance." Similarly, we can't recruit members if we don't ask!

Former LSU and Pittsburgh Pirate Warren Morris shared his story of perseverance, despite his injuries. He could have easily given up, but he "stayed the course," leading LSU to win the 1996 College World Series and then receiving an Olympic Bronze Medal later that summer.

However, it was Lion BJ Blahnik, from Wisconsin, who truly stole the show on Saturday evening. Diagnosed with retinitis pigmentosa at the age of ten, BJ shared his journey from being bullied for being clumsy and awkward in grade school to contemplating suicide in sixth grade. Fortunately, there were others who intervened and got him the help he needed. In fact, his life was trans-

formed when he visited Leader Dogs for the Blind and received his first leader dog. Through much determination, he forged ahead, met his wife, participated in the Olympics, and founded Reach Forward to assist those individuals with special needs. His touching story made us laugh; cry, and cheer for this amazing human being!

As the Forum drew to a close, next year's Host Committee provided a rousing invitation to the 2026 USA/Canada Lions Leadership Forum. With Elvis in the house, and pictures of the zoo, Graceland, the Civil Rights Museum, and many other sights, they promised a memorable 50th anniversary celebration from September 3-5, 2026 in Memphis, Tennessee. Please consider adding this to your plans for next year. You won't be sorry.

Thank you for all that you do. Most importantly, "Lead to Serve; Serve to Lead."

Yours in Friendship and Service,

Cindy Gregg,
Past International Director



Global Leadership—PDG Lance Remic

Global Membership Team –

DISTRCT 14-E MEMBERSHIP

657 Members

District Membership stands at **657 Lions**.

The District membership broke even this last month – dropped one member and added another.

Are you prepared to talk about Lions? When given the opportunity to talk about what we do, you need to be ready with an interesting, memorable, and succinct narrative.

Practice your presentation. You need to 1. Determine your Goal, 2. Explain the solution, 3. Explain what makes a difference, 4. Close the deal, and 5. Polish and practice.

Lions are men and women who make a difference with more than 1.4 million members worldwide. Lions aide the blind, and visually impaired, assist youth, feed the hungry, address global epidemics like diabetes, answer the call when disaster strikes, and make a strong commitment to filling other community needs.

Mission Possible

MISSION POSSIBLE

"Mission Possible" emphasizes our dedication to expanding our reach, inspiring members to serve, and ultimately making a greater impact on communities both locally and globally.

Recruitment Made Simple

Recruitment can, and should, be something that all members take part in. Follow some simple steps and you can work to start conversations with potential new members:

Step 1: Just Ask – Identify friends, family, colleagues, or neighbors you feel comfortable inviting. You know who would make a great Lion so Just Ask! A personal invitation is one of the most effective ways to bring in new members.

Step 2: Advocate for your Club. Talk about your Club's impact and why you're passionate about it. Share personal stories about the difference your Club makes in the community.

Step 3: Engage prospects directly. When you meet someone who might be interested, have a meaningful conversation about how they can make a difference by joining. List to their interests and connect them with opportunities that align with their passions.

Step 4: Promote service on social media. Share your Club's activities on social media, post photos from service projects, and invite your network to upcoming events. Encourage Club members to share posts and testimonials to expand the reach.

Benefits of Being a Lion.

Make a difference – Collectively Lions make a global impact through community service.

Serve with pride – Lions feel a sense of satisfaction from serving others.

Build your network – Lions develop relationships with people in your Club and other local leaders as you collaborate with them with service.

Gain Lion credibility – Lions gain the respect that comes with being part of a global organization that has been known for humanitarian service for over 100 years.

Develop new friendships – Feel a sense of belonging with the members of your Club.



Global Leadership—PDG Lance Remic

JOIN THE VIRTUAL LIONS CLUB OF WESTMORELAND COUNTY!



Do you want to make a difference in your community but need the flexibility of online meetings?

The **VIRTUAL LIONS CLUB** of Westmoreland County, PA is looking for service-minded individuals like **YOU!**

What we do:	Why join?
★ Support other Lions Clubs in Westmoreland County with their projects	✓ Flexible virtual meetings no travel required
★ Organize our own virtual service initiatives	✓ Be part of a global service organization
★ Connect people who are passionate about serving others - anytime, anywhere	✓ Work alongside fellow Lions to strengthen our community
	✓ Great for busy professionals, caregivers, or anyone who wants to serve

WE SERVE - TOGETHER, EVEN ONLINE!

Interested in joining or learning more?

✉ Email Lion Amanda at Lions14virtual@gmail.com or check out our Facebook page District 14 E Lions

Show your leadership – You will have the opportunity to lead within your Club and gain valuable, practical experience to use in your personal and professional life.

Receive global support – The Lions International staff and Lions Clubs International Foundation empower our service to addressing the needs of communities locally and globally.

Mass Induction – November 5th – Lakeview, Gbg.

Do not forget to RSVP for Mass Induction. All are welcome – new members, member sponsors, and longtime members. This is a time to welcome new Lions but also for all to remember the oath we took to Lionism when we were inducted as members no matter how long ago that may have been.

Certified Guiding Lion Training – October 11th 10:00AM

In Guiding Lion training will be held on October 11th at 10:00AM. In last month's newsletter it was announced that this training will take place at Level Green. That has changed. The event will be at the **Slickville Civic Center**. All are welcome to attend this event as well. If you are looking for a way to help your Club or to maybe step up and help other Clubs this is the event for you.

Contact Me

PDG Lance H. Remic, D-GMT
122 Country Lane
Export, PA 15632
724-309-6750
lremic@hotmail.com





GUIDING LION TRAINING

WITH PID CINDY GREGG

**Saturday, October 11th
10:00am**

**SLICKVILLE CIVIC CENTER
114 MAIN STREET
SLICKVILLE PA 15684**

**“Mentoring clubs and lions is
the key to our future.”**



PA Lions Beacon Lodge Camp “500 Club”



Dear Lions and Leos of District 14-E,

This is the time of year that we ask for your support of the “**Beacon Lodge 500 Club**”. This is an opportunity for each Lion and Leo to make a personal contribution to help with maintenance and repairs of Pennsylvania Lions Beacon Lodge Camp.

The “500 Club” is based on a **\$5.00** donation per member per year.

The Lions and Leo Clubs in the state of Pennsylvania continue to embrace the Lions motto “**We Serve**”. We encourage all clubs to consider 100% participation in this important fundraiser.

We ask that you:

1. Make checks payable to: Beacon Lodge 500 Club
2. Mail checks to: Ryan King
130 Arkansas Lane
New Florence, PA 15944

***UPON REQUEST, WE WILL BE PLEASED TO PRESENT A BEACON LODGE PROGRAM AT YOUR CLUB.** *(Most of you are familiar with the camp, but new members need to be informed of the importance of this camp.)*

Enclosed you will also find a copy of the 2025 Beacon Lodge Wish List. After you collect your donations, contact your Zone Chair or **YOUR BEACON LODGE BOARD MEMBER**

Once again, we thank the Lions and Leo Clubs of District 14-E for your continued support of **PA Lions Beacon Lodge Camp**; helping make it one of the best special needs camps in America.

Yours in Lionism,

Lion Ryan King - Board member (724-350-9031) rking14-e@beaconlodge.org

[Home - Beacon Lodge Camp – https://beaconlodge.org](https://beaconlodge.org)

“We make a living by what we get, we make a life by what we give.”

Sir Winston Churchill



Wish List 2025 Name: _____ District: _____ Club Name: _____

Address: _____ Email: _____

OFFICE SUPPLIES:

- ☐ Color Copier Paper
- ☐ White Copier paper
- ☐ 8x14 white paper
- ☐ Bright White Printer Paper
- ☐ Envelopes: #10
- ☐ 3 prong Pocket Folders
- ☐ Banker Boxes
- ☐ Dry Erase Markers

KITCHEN:

- ☐ Plastic Cold Cups: 5 oz & 9 oz
- ☐ Hot Wax Coffee Cups: 9 & 10 oz
- ☐ Paper Plates: 9" or larger
- ☐ Napkins: dinner, picnic
- ☐ Original Dawn Dish Liquid
- ☐ White Bar/Dish Cloths
- ☐ Vinyl Kitchen Gloves (ALL sizes)

HOUSEKEEPING:

- ☐ Thick Paper Towels
- ☐ Clorox
- ☐ Disinfecting Spray Cleaner
- ☐ Disinfecting Floor Cleaners
- ☐ Disinfecting Wipes
- ☐ Magic Erasers
- ☐ White Vinegar
- ☐ 55-56 gal Trash Bags
- ☐ Toilet Plungers-heavy duty
- ☐ Toilet Brushes
- ☐ Zipper Vinyl Pillow Covers (standard)

- ☐ Zipper Vinyl Mattress Covers (twin)
- ☐ Long Twin Size Blankets - No Wool
- ☐ Industrial Wet Mop Heads
- ☐ Vinyl Disposable Gloves: M
- ☐ Extended Window Squeegee
- ☐ Floor Squeegee

MAINTENANCE:

- ☐ M, L, XL, XXL Black Nitrile Powder-Free Gloves
- ☐ LED Light Bulbs
- ☐ LED Flood Light Bulbs
- ☐ Duracell/Energizer/Rayovac Batteries: (AAA, AA, C, D, 9V)
- ☐ Packs of Roller Covers: LG & SM
- ☐ Foaming Bee/Wasp Killer
- ☐ Ant Spray
- ☐ Garden Hose Nozzles
- ☐ Microfiber Cloths
- ☐ Long Neck Lighters
- ☐ Paint Brushes: 2", 3", 4"
- ☐ Knee Pads

INFIRMARY:

- ☐ Baby Wipes
- ☐ Sunscreen - Spray
- ☐ Bug Spray (OFF, etc..)
- ☐ Bactine Spray
- ☐ Lanacane Spray
- ☐ Benadryl Spray
- ☐ Liquid Benadryl for children
- ☐ Calamine Lotion

- ☐ Hydrocortisone Cream
- ☐ Tylenol: adult & children
- ☐ Ibuprofen: adult & children
- ☐ Imodium
- ☐ Saline Eye Drops
- ☐ Exam Gloves: all sizes, latex-free
- ☐ Single Use Lancets
- ☐ Graduated Liquid Medicine Dispenser Cups
- ☐ First Aid Kits

ACTIVITIES:

- ☐ Craft Jewelry
- ☐ Craft Beads, String
- ☐ Colored Paper
- ☐ Elmer's Glue Sticks
- ☐ Bingo Prizes
- ☐ Stress Balls
- ☐ Weighted Stuffed Animals
- ☐ Twine
- ☐ Tie Dye
- ☐ White T-Shirts: Med, Lg, XL, 2XL
- ☐ White Socks: All Sizes Kids & Adult
- ☐ Smart Scissors & Skills Workbook
- ☐ Craft Kits for Children and Adults
- ☐ Crayons/Markers/Pencils
- ☐ Suncatchers
- ☐ Small Paint Kits and Brushes
- ☐ Play Doh
- ☐ Small Totes with lid

Donations of gift cards or checks are welcomed as well for purchase of these items.Please visit BeaconLodge.org/wishlist for updated items and our Amazon department Wish Lists.

PA LIONS BEACON LODGE CAMP PRESENTS



BEACON Fall Fest

SATURDAY, NOVEMBER 15TH, 2025
TIME: 10:00 AM – 3:00 PM
**LOCATION: 114 STATE ROUTE 103 S,
MOUNT UNION, PA 17066**

Join us for a day of fall fun at the beautiful Beacon Lodge Camp! Whether you're a long-time supporter or a first-time visitor, there's something for everyone at our Beacon Fall Fest!



Festival Activities

- Outdoor Bowling
- Mini Golf
- Friendly Pony Rides
- Golf Cart Tours of the campgrounds
- Fall-themed games and more!



Festival Features

- Live Music with a DJ
- Delicious Festival Foods
- A variety of Crafts & Vendors
- Exciting Raffles & Prizes

Questions? Contact Daniel at:

814-542-2511
office@beaconlodge.org
www.BeaconLodge.org



Bring the whole family out and enjoy a fall day in the great outdoors — all while supporting the mission of Beacon Lodge Camp!



Vendor Application



Event: **Beacon Fall Fest** **Location:** **PA Lions Beacon Lodge Camp**

Date of event: **November 15, 2025** **Hours:** **10 am to 3 pm**

Vendor's name: _____ **Business name** _____

(Please print)

(Please print)

Telephone : cell _____ residence _____

Email: _____ (Please print)

Table/space cost: **\$ 20.00** **Pre-payment requested.** **No shows Nov. 15- No refund**

(Check one) **INSIDE** _____ **space, 8 foot table provided** - **OUTSIDE** _____ **No table**

Check in/Set up time: **8:00 am Nov 15**

Please list venue and items to be sold from table/space (crafts/jewelry, paintings etc.)

(No venue changes permitted day of event).

Vendor signature _____

Questions: contact Kelly McMullen 814-542-2511 option #2 or Jan Adams 717-732-2291

Please return application and payment on or before November 12, 2025 to:

Danny Coons

PA Lions Beacon Lodge Camp, Rt 114 State Rt. 103 S

Mount Union, PA 17066



Annual Pennsylvania Lions

Fall Leadership Symposium

2 LOCATIONS

Saturday, October 4, 2025 9 AM-2 PM

PA Lions State Office

949 East Park Drive, Harrisburg, PA 17111

Lunch available for a \$10.00 donation (Pay at the Door)

OR

Sunday, October 5, 2025 Noon-5 PM

Beaver County Lighthouse

720 Third Avenue

New Brighton, PA 15066

Snacks will be available

Club Extension Efforts and Processes

Presenter: PDG Jeff Loudermilk

Grant Writing – Show Me The Money

Presenter: IPDG Deb Keeperts

Club Membership Retention and Enhancement

Presenter: PDG Mike Schaeffer

Succession Planning – If Not Me, Then Who and Why

Presenter: PCC Dr. Linda Zaneski

FREE & OPEN to all MD-14 Lions

To register contact PDG Bill Grager at

bilbomzk@gmail.com or call (717)615-1974

Space is Limited!

Empowerment is the key to success!

2025 ANNUAL RESEARCH SEMINAR

2025 ANNUAL RESEARCH SEMINAR

Please Join Us

Join the Lions at the Pennsylvania College of Optometry (room S300) on **Saturday, October 18, 2025** for food and conversation.

Continental breakfast will be served followed by presentations, coffee, and a lunch.

Register Here:

Please register for the event at
<https://lp.constantcontactpages.com/ev/reg/q4d8nt2>



2025 Annual Research Seminar

Pennsylvania Lions Sight Conservation & Eye Research Foundation



SATURDAY
October 18, 2025
8:00 A.M. - 1:30 P.M.

Questions?

Please contact us via email at
salus_ceregistration@drexel.edu



Pennsylvania College of Optometry

Pennsylvania College of Optometry
Drexel University, Elkins Park Campus
8360 Old York Road
Elkins Park, PA 19027

drexel.edu/elkinsparkcampus/PCO

2025 ANNUAL RESEARCH SEMINAR

2025 ANNUAL RESEARCH SEMINAR

Schedule

Room S300

8:00 - 9:00 A.M.
Continental Breakfast

9:00 - 9:20 A.M.
Opening Remarks

9:20 - 10:20 A.M.
Presentations

10:20 - 10:40 A.M.
Coffee Break

10:40 - 11:40 A.M.
Presentations

11:40 A.M. - 12:00 P.M.
Closing Remarks

12:00 - 1:30 P.M.
Lunch & Conversation



Directions

From Allentown

- Take I-476 S to I-76 PA Turnpike
- From the PA Turnpike take exit 339 to PA-309 S towards Greenwood Ave in Cheltenham Township
- Continue on Greenwood Ave and make a right on Township Line Road.
- Take Township Line Road to Drexel University Elkins Park Campus on the corner of Rt 611 and Township Line Road

From Philadelphia

- Get on I-76 W from S Penn Square and John F Kennedy Blvd
- Continue on I-76 W and take US-1 N, N Broad St, and Old York Rd to and make a left on Breyer Dr
- Continue on Breyer Dr to Drexel University Elkins Park Campus

PLEASE NOTE

This is an in-person event on the Drexel University, Elkins Park campus. Make sure to enter through the Main Campus West building (labeled A4) and check in with security. You will be asked to present a government-issued ID card. Take the elevator from the lobby to the third floor before making your way to room S300.

About the Foundation

The PA Lions Sight Conservation & Eye Research Foundation makes donations to researchers who are implementing cutting edge investigations into eliminating blindness in the world.





LIONS CLUBS INTERNATIONAL

DISTRICT 14 - E MASS INDUCTION

TO: All Lions and Leos

Plan to attend the Annual District 14-E Mass Induction of new members. Any new member who recently Lions in the last few years and has not attended a Mass Induction Ceremony should plan to attend and participate with their membership sponsor.

DATE: Wednesday, November 5, 2025
PLACE: Ferrante's Lakeview, Greensburg, PA
TIME: 6:00 P.M. Cash Bar, 7:00 P.M. Dinner

SPEAKER: State Council Chairperson Mike Crossey
COST: \$30.00 / Person
MENU: Choice of baked cod, rolled steak stuff with traditional stuffing, gluten free, and vegetarian meals.

The deadline for reservations is October 26th, 2025. Please make your check payable to DISTRICT 14 - E LIONS. Your check must accompany your reservation. NO RESERVATIONS WILL BE ACCEPTED UNLESS ACCOMPANIED BY A CHECK.

Any questions about this event please contact 2nd Vice District Governor Amanda K. Remic at 724-984-7644 or akbrant@icloud.com.



Club Contact Name _____ Contact Phone # _____

Club _____

Club Attendees:

Name _____ Meal Choice _____ New Member (Y/N) _____

Name _____ Meal Choice _____ New Member (Y/N) _____

Name _____ Meal Choice _____ New Member (Y/N) _____

Name _____ Meal Choice _____ New Member (Y/N) _____

Name _____ Meal Choice _____ New Member (Y/N) _____

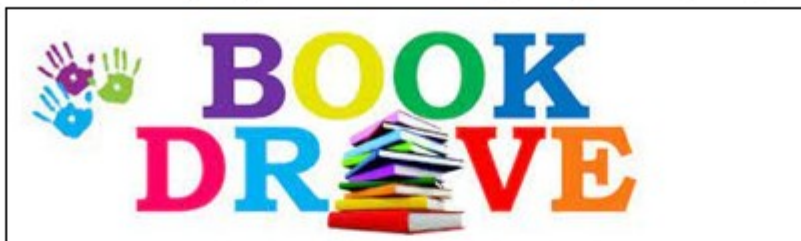
List additional attendee information on the back of this form.

Total # attending _____ X \$30.00 = Check for \$ _____ payable to DISTRICT 14-E LIONS enclosed.

MAIL RESERVATIONS TO: LION MARK TINTORI, 185 HAWKSWORTH ROAD, GREENSBURG, PA 15601



District 14-E Lions Book Drive



District 14-E will be having its 3rd Annual Book Drive for Pediatric Cancer patients at Hershey Medical Center in time for Christmas!

WANTED: New books for children and adults up to age 35. Or you can send money for books to be purchased. **Please provide receipts for matching grant!**

WHEN: Books or money can be given to DG Amy prior to November 15th.

WHAT: After books are purchased and received, there will be a labeling and packing party on November 22nd as all books will have a label placed in them to note they are from District 14-E in memory of Samuel Grimm before they are shipped off to Lion Ashley Grimm & the Hershey Medical Center to be distributed for Christmas.

WHY: Because books can give the children and parents some much needed relief from their situations, and more importantly, because

WE CARE and WE SERVE!!





📣 Calling All Lions: Join the Global Extension Team (GET) and Help Shape the Future of Westmoreland County Lions!

Dear Lions,

Are you enthusiastic about growing Lions Clubs and spreading our mission of service? Do you believe in the power of community and want to play a pivotal role in expanding our reach? If so, we invite YOU to become a part of the Global Extension Team (GET)! We are especially looking forward to putting together 2 teams. One of the teams will need to have computer skills and access to the Lions Portal and the other with Lions who are comfortable talking with non-Lions about becoming Lions.

The GET is an integral part of the Global Membership Approach (GMA) — a strategic initiative focused on building stronger clubs, expanding our impact, and inspiring future leaders. As a member of the GET, you will help:

- ✅ Rejuvenate our district with new clubs
- ✅ Revitalize clubs with new and engaged members
- ✅ Re-motivate current members through meaningful service and fellowship

Why Join the GET?

1. As a GET member, you will collaborate with fellow Lions to:
2. Identify areas of opportunity for club development.
3. Lead or support new club chartering efforts.
4. Guide others in using asset-based strategies to grow their local Lions presence.
5. Be part of a transformative global initiative that builds from the inside out.

Whether you are a seasoned Lion or an enthusiastic newcomer, there is a place for you on the GET. Training and tools are provided through the Lions Learning Center (LLC) and detailed guides, including the “Build a Team” and “Build a Plan” manuals that support your journey.

How to Get Involved:

Contact your District Governor or District Global Extension Chair today and express your interest in joining the GET.

Interested lions may contact the Global Extension Chairperson Tom Gregg at tomgregg1@verizon.net.

You can also explore resources and training at the [Global Membership Approach Resource Center](#).

Together, we grow. Together, we serve.
—Your Global Membership Team



Scenes from Lions Car Cruise Aug 24



Correction to the September Newsletter—this car cruise was a joint effort for the **Delmont and Murrysville Lions**.

Update to your Lions District 14-E Directory: PDG Carol Richardson has moved to 425 Homewood Avenue, Trafford, PA 15085.

The 3rd Annual Slickville Lions & Youngwood Lions Clubs Youngwood Volunteer Fire Hall



TICKETS ON SALE NOW!

SVDG Amanda K. Remic

akbrant@icloud.com or 724.984.7644

FVDG Ron Brown

heatmastr@comcastt.net or

412.610.2003

OCTOBER 26TH



Slapstick Productions Presents

Norwin Lions Club Funny Fundraiser!



Hilarious Headliner



ROBERT MAC

Funny Feature



TERESA LOGAN

Help Support Norwin Lions Club Charities &
Our Kitty Sack Project, Feeding Norwin's Kids In Need !

Saturday  **November 8**

VFW Post 781

100 Billot Avenue • Irwin, PA 15642

\$30⁰⁰ Donation • BYO-Food • Cash Bar
Doors Open 6:15 • Showtime 7:00 • 21 & Over

For Tickets Contact

Email: norwinlionsclub@gmail.com
or Purchase from Lions Club Members

**Click It
Ticket!**



The Lions Lunchables Food Drive was held September 27th, and the true kindness of strangers shone brightly. Not only did community members donate food, but several also made generous monetary contributions. Thanks to this outpouring of support, we collected a van full of food and raised \$487.36 to help sustain this year's program.

As Mister Rogers once said, “Anyone who does anything to help a child in his life is a hero to me.”

We are deeply grateful to everyone who gave their time, resources, and compassion to make a difference for the children in our community.

Amanda K. Remic, SVDG





FOUR  DIAMONDS
— Conquering Childhood Cancer —

Pennsylvania Lions **CARE** FOR THE KIDS™



A Four Diamonds Program Conquering Childhood Cancer

JOIN US IN THE FIGHT TO **CONQUER CHILDHOOD CANCER!**



VISIT OUR FUNDRAISING PAGE

Visit FourDiamonds.org/PALions and look for the state of Pennsylvania towards the bottom of the page.



CLICK ON YOUR DISTRICT

Click on your district/county and make a donation or create a fundraising page for your club.



CREATE A FUNDRAISING PAGE

Click "Join our Team" and then click "Continue to Next Step". Enter a fundraising goal, select if you would like to make a donation and fill in the other required information. Then click "Continue to Confirmation".



RAISE FUNDS TO CONQUER CHILDHOOD CANCER

Your fundraising page is now set up and you can begin fundraising for your Lions Club and help Four Diamonds Conquer Childhood Cancer.



Personalize
Your Page



Connect to
Twitter



Connect to
Facebook



Send Donor
Invites

FourDiamonds.org/PALions

Come Join Us For Breakfast





MD-14 REGIONAL LIONS LEADERSHIP INSTITUTE

MARCH 6-8, 2026

PA State Council of Lions Clubs Office, 949 East Park Drive, Harrisburg, PA

CANDIDATE'S REGISTRATION FORM

Cost \$195.00 (includes Institute, lodging and meals)

Checks should accompany this form and be made out to "PA State Council of Lions Clubs"

Mail to: PDG Kerry McKnight, 6 Mulberry Lane, New Freedom, PA 17349

All questions to PDG Kerry McKnight

MD14GLT-Learn@Yahoo.com or 717-759-0711

(Past participants, District Governors, Past District Governors ineligible)

Maximum 40 attendees **Please type or print CLEARLY!**

First Name _____ Last Name _____

District Number _____ Member Number _____

Highest Lions Office Held _____ Current Lion's Title _____

Email** _____ Preferred Telephone # _____

****Please Type or Print CLEARLY! Email is used for ALL Communication regarding the institute**

Address _____

City _____ State _____ Zip _____

Club Number _____ Month/Year Joined Lions _____

Offices Held Within Lions Club _____

Committee Positions Held Within Club _____

Why is this institute of interest to you?

CONTINUED NEXT PAGE →



By signing below I hereby commit to the conditions of attending the 2026 MD-14 RLLI

- Let us know if there are any special dietary considerations we should be aware of?
- Participants are responsible for arranging their own travel to and from the Institute.
- MD-14 GLT will make all hotel reservations.
- Participants are required to stay until the conclusion on the last day of the institute.
- If they depart early, they will not receive an acknowledgement pin nor their RLLI participation certificate.
- Participants may bring a laptop for use outside of the classroom.
- Participants are required to complete pre-assignments prior to arrival at the institute.

Candidate's Signature _____ Date _____

District Governor Must also Complete and Sign this Form

In what ways will this candidate benefit from attending the Regional Lions Leadership Institute.

District Governor Member Number _____

Name of District Governor _____

Signature of District Governor _____

Email (Please print) _____

Date _____





2025-2026 DISTRICT 14-E PROJECTS DONATION FORM

CLUB _____

DATE _____

PA Lions Beacon Lodge Camp

\$ _____

Care-A-Van

\$ _____

Diabetes

\$ _____

Disaster Relief Team Fund

\$ _____

Eye Research

\$ _____

Pediatric Cancer

\$ _____

Leader Dogs for the Blind

\$ _____

Lions Clubs International Foundation (LCIF)

\$ _____

Lions of Pennsylvania Foundation

\$ _____

PA Lions Hearing Research Foundation

\$ _____

Western PA Lions Hearing Foundation

\$ _____

Westmoreland County Blind Association

\$ _____

Center for Hearing & Deaf Services

\$ _____

TOTAL DONATION:

\$ _____

Please note: If your club has not already submitted donations, they must be received by May 1, 2025 to receive credit for 2025-2026 Lions Year. Donation check should be made out to District 14-E Lions and this form should accompany the check. Please mail check to Cabinet Treasurer, IPDG Jeff Jordan, 358 McWilliams Rd, Trafford, PA 15085. Donations can also be given to District Governor Amy before the deadline.



LIONS DISTRICT 14E NEWSLETTER

Reach the newsletter
Lions14ENewsletter@gmail.com

**WE'RE ON THE
WEB:
WWW.LIONS14E
-ORG**



We Serve

SPREADING OUR MESSAGE

If you need publicity, let me know if I can help promote your message to the media. I have some contacts with the Greensburg Trib.

John Russo
Communication Chair
Lions14ENewsletter@gmail.com

District 14-E Lions Facebook Page



facebook

Like Us on Facebook – [District 14 E Lions](#)

[District 14-E Lions](#) - The Official Facebook Page of District 14-E

Send your information to Amanda or Lance Remic for your Club's activities to be posted to the District's Facebook page. We want to show all that is being done by Lions of District 14-E.

Send info advertising your upcoming events or share photos of the events that have taken place to show the fun and success your Club had.

Email your info to akbrant@atlanticbb.net (Amanda) or lremic@hotmail.com (Lance)
Or text your info to 724-984-7644 (Amanda) or 724-309-6750 (Lance).


facebook

IMPORTANT WEB ADDRESSES

District 14-E Lions.....www.lions14E.org
 Leader Dogs for the Blind.....www.leaderdog.org
 Lions Clubs International..... www.lionsclubs.org
 PA Lions Beacon Lodge Camp.....www.beaconlodge.org
 PA State Council of Lions Clubs.....www.palions.org
 Lions of PA Foundation.....www.lionsofpafoundation.org
 Western PA Lions Hearing Foundation.....www.wpalhf.org

Like us on Facebook: District 14-E Lions

Please consider a Personal Contribution to either of these two charities to supplement Club Donations. Thank You!

<https://fourdiamonds.donordrive.com/index.cfm?fuseaction=cms.page&id=1175>

<https://www.lionsclubs.org/en/donate>

Scan this QR Code to check out the District 14E Website!

What is a QR Code?



QR codes are 2D barcodes which contain any kind of information that can redirect scanners to online information. This QR Code, when scanned, will take you to the District 14E website. Try it out!
(you will need to have a QR Reader app on your phone)

