

DISTRICT 14-E WESTMORELAND COUNTY NEWSLETTER



Monthly Newsletter Edition
DECEMBER | 2023

District Governor's Message



Fellow Lions,

I hope everyone enjoyed the Thanksgiving Holiday—spending time with family and friends while enjoying delicious foods!

We are now all preparing for the upcoming Christmas Holiday. Shopping for the perfect gifts for friends and loved ones while remembering those in need. Many are ringing the Salvation Army Bell, caroling at nursing homes, helping with Toys 4 Tots, handing out Holiday Food Baskets/Boxes, donating blankets to hospitals, collecting pajamas for the WIC Program, enjoying each other's company at Holiday Parties, and so much more involving your communities----REMEMBER—with all of these wonderful activities going on, invite someone to attend as this is a prime opportunity to increase membership as

well as bringing new ideas to your clubs!! ALSO, remember to REPORT your service in MyLion as well as the District's Monthly report!

I want to send out a **HUGE** thanks to all the clubs and individuals who donated books and money for the District Book Drive and also those who came to help remove price tags, place donation labels and pack the books on Nov 18th. The books were shipped to Hershey Medical on Tuesday, 11/21. **We collected 1511 books which totaled \$8384 for the pediatric cancer patients at Hershey Medical Center!!** This far surpassed my original goal—I am so proud of our District's efforts to make Christmas a little brighter for the families at Hershey Medical Center. I will be putting the final touches on the grant proposal and then submitting to the Lions of PA Foundation for review at their January meeting--- so please keep your fingers crossed for approval for the matching grant in order to purchase Nintendo Switch Game Systems & Games for the children for Easter!! I cannot thank you all enough for helping out with this project, but **THANK YOU ALL!!**

As we end this year and begin another, let us all remember why we are Lions and continue to serve those in need.

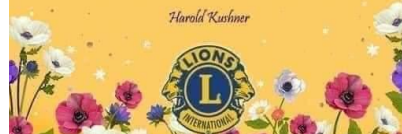
From my family to yours, I am sending wishes for a Merry Christmas and a Safe & Happy New Year!!

Yours In Service to Change the World,

DG Amy

*Do things for people
not because of who they are
or what they do in return,
but because of who you are.*

Harold Kushner



First Vice District Governor Note



Season's Greetings, fellow Lions, LEOs, and Friends!



This holiday season, my wish for you is TIME. Time is everyone's most valuable asset, and there's never enough. I appreciate everyone who takes the time to be there - for your club, for the district, for projects and meetings and events and everything else. This time of year there is rarely enough time for everything, so make sure to make time for what's important.

Now, while I have your attention... 😊

'Tis the Season for Holiday Scams!

Not everyone is celebrating this holiday season... "Cybergrinches" are everywhere, looking to take advantage of your good nature. Be sure to watch out for these seasonal scams that spike during the holiday season stretching all the way from Halloween through New Year's Day.

- **Buying gift cards?** Check the back of the card to make sure the PIN number hasn't been scratched off. A scammer armed with the card number and PIN can siphon off any funds you add to it.
- **Shopping online?** Shop exclusively at trusted sites. Avoid links found in email messages that can lead to fraudulent websites looking to steal your information or expose your device to viruses or malware.
- **Shopping with a payment card?** Using a credit card allows you to review and challenge fraudulent transactions. Debit card losses are like losing cash - immediate and often not recoverable.
- **Learn more by viewing the CISA Holiday Shopping Safety Guide online:**

<https://www.cisa.gov/resources-tools/resources/holiday-online-shopping-tips>

Please accept my best wishes for a joyous and healthy holiday season, and a happy and safe New Year.

Thanks,

1VDG Jeff Jordan

Jeffreybob14e@gmail.com



Hold the Date! Every club should participate!



District 14-E Spring Rally & Convention
Saturday, April 13, 2024



Second Vice District Governor Message

Dear Fellow Lions:

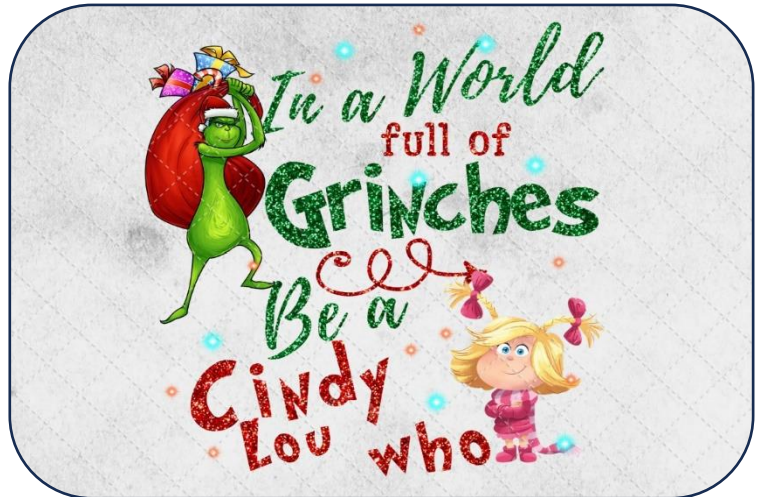
It's time to TAKE A BREATH!

Seriously, turn off the TV, put the phone down... step away from the computer. Go into a room by yourself and close your eyes.....inhale through your nose.....deep breath.....hold it for a count of three... and then slowly exhale through your mouth.....one....twothree.

Rinse and Repeat.

The Christmas season starts up earlier and earlier every year. I think I saw Christmas decorations out in the stores at the end of JULY?!?!?!?!?! **Seriously!**

And the sad thing about that is that by the time the holiday season is officially upon us, many of us are already OVER IT! We are stressed to the max, every single day there is SOMETHING we have to do, places we have to go, and all the shopping....oh the shopping. Suddenly, there aren't enough hours in the day!



And so when it's supposed to be the "Most wonderful time of the year", the lines are long and tempers are short and we are no longer in the holiday spirit.

However, with that said, we Lions can make a difference. Small gestures can go a long way! This is the time of year for us to really shine and share with the world what we are all about. Get involved with your community to help out with Light up Night, help Santa out by offering to be a Secret Santa for a family in need, or make and distribute homeless care kits (see a Service Project idea on this from PID Cindy Gregg later in this newsletter) just to name a few.

For many, the holidays are rough. They are missing loved ones who are no longer with us or spending the holidays alone. If you know someone who struggles with the holidays, give them a call or send them a card. Reach out to those members who aren't able to get out and just wish them a Merry Christmas. It will mean the world to them!

Remember, smiles are free! Pay it forward with a compliment. Let someone ahead of you in line at the checkout, put a little extra money in the kettle or give a larger tip. Whatever the gesture, we wake up each morning during the holidays and we have a choice. KINDNESS MATTERS!








And thank you to all the lions out there who selflessly serve their communities. It can be a thankless job sometimes, but I appreciate every single one of you just trying to do your part to make the world a better place. Your actions are changing the world!

*It came without ribbons, it came without bows, it came without packages, boxes or bows.
Maybe Christmas he thought doesn't come from a store, maybe Christmas perhaps, means a little bit more...*

Happy Holidays & Merry Christmas!
Peace & Love
2VDG Lion Lisa G.

DISTRICT 14-E 2023-2024 GOALS Report Card

How this works: Status is set to GREY out the gate. Each month we will evaluate our progress and the Status will change from Gray - Red- Orange -Yellow- Green. And watch our Caterpillars change to Butterflies!

	GOAL	Status	Transformation - Change - Rebirth
1	Increase Club Officer Training to 20% - <i>Result: 33+ Lions attended Club Officer Training in August!</i>	100%	
2	Appoint ONE new Zone Chair <i>Some lions have shown some interest and conversations are taking place.</i>	0	
3	Start ONE new Club Branch with at least 5 charter members. <i>We have been brainstorming some ideas that we will be putting in motion</i>	0	
4	Attain positive membership growth by net ONE. <i>WAY TO GO!!!! LET'S KEEP IT POSITIVE!!! (as of end of October 2023)</i>	+3	
5	Increase Club service reporting to 50% <i>Only 24% of our clubs reported their service. (update not available at this time)</i>	0	
6	Increase LCIF individual donors to 3% <i>See PDG Tom Gregg at any District event to purchase your square! (drawing winner will receive a Melvin Jones Award!)</i>	Only 20 Squares left!	
7	District-wide Service Project – District 14-E Book Drive 1,511 books collected (total \$8,834)	100% +	

District 14-E Lions Book Drive - the Results are in!!!



District 14-E Lions worked together to remove price tags, place labels and pack 1,511 books that were shipped to Hershey Medical Center last month right before Thanksgiving. Each child will receive at least one book for Christmas. District Governor Amy would like to thank ALL Lions and Clubs in District 14-E (and beyond) who participated in this drive. We had 100% participation from all clubs in the District and even support from neighboring Districts B,C,J & T!



WE CARE and
WE SERVE!!





Dear Fellow Lions,

While we are busily preparing for the December holidays, we also need to plan for **LCIF Week, January. 8-13** to honor our founder, Melvin Jones whose birthday is January 13. Can your club plan a special project to collect for our Foundation? Will your tail twister seek fines to increase your donations to LCIF?

Because the District only has 25 more squares to sell, I'm hoping to recognize one lucky Lion during that week with a Melvin Jones Fellowship. Have you purchased a square?

Our Lions Clubs International Foundation values the incredible generosity of every donation, regardless of the size, because it plays a crucial role in empowering Lions and Leos to create positive change in communities across the world. Because of your commitment and support, LCIF has added the **Presidential LCIF Supporter Program** to recognize and celebrate those who contribute \$50, or more, to make a significant impact on our mission.

Melvin Jones Fellowship (MJF) credits will continue to be earned, based on your donation. Therefore, your generosity not only earns well-deserved recognition, but it also helps to "Change the lives of those in need."

If you're making an online contribution that meets the eligibility criteria, select "Yes" in the third step titled "Who is the donor?" to ensure that your pin request is acknowledged. If you choose alternative methods to contribute to LCIF, reach out to me at orffteacher1@verizon.net to initiate your pin request.

The recognition awards are granted annually, upon completion of the respective donation levels to promptly acknowledge and celebrate your dedication and support.

The multiple levels of recognition that meet the eligibility criteria are

Bronze Pin - US\$50 to US\$99.99

Silver Pin - US\$100 to US\$199.99

Gold Pin - US\$200 and above

Leo Members Only:

Leo-Presidential LCIF Supporter Pin for a Minimum donation of \$20

Since 100% of your donations are applied towards grants and programs, you are "Changing the World."

May you have a very blessed holiday season.

Yours in Friendship and Service,
Cindy Gregg, 14-E LCIF Coordinator





Global Action Team

How to Invite New Members

- Identify potential members.
- Talk with them to learn about their interests.
- Share why you like being a Lion.
- Ask them to do you a favor by helping with the next service project. (eye screening, blanket making, health fair, etc.)
- Offer to pick them up so that they feel comfortable attending.
- Introduce them to the club president and other club members, particularly the extra friendly ones.
- Provide an important task and partner them with a friendly “mentor.”
- Ensure that the president and club members show appreciation for the extra help.
- On the way home, ask if they have any questions about the club.
- Talk about some of the other projects that your club provides.
- Ask what they think needs to be improved in the community and if they would be willing to help.
- Thank them, again, for helping with the project.
- Ask if they would be interested in doing this again.
- Let them know that if they have any questions, you are available to answer them.
- After a few days, call and ask if they might be interested in meeting for a beverage.
- Let them know that while the club needs the members’ support, family, job, and religion come before Lions’ activities.
- Ask if they would be interested in attending a meeting.
- Offer to pick them up.
- After the meeting, ask if they would be interested in “trying the club out” for 6 months.
- Let them know that there is no fine for missing a meeting.
- If they agree, help with the membership application.
- Of course, ensure that there is a meaningful induction ceremony that includes their family and friends.
- Provide good orientation because the more they know about your club and the service that our association provides, the more they will want to help.

Best wishes for a very happy holiday season and a safe, happy, and healthy New Year.

Yours in Friendship and Service,

Cindy, Area 1-D GAT coordinator

SERVICE PROJECT IDEA

By PID Cindy Gregg

Throughout the year, it is important to remember the homeless.

10 Best Things to Put in Homeless Care Kits

1. Socks (the #1 most requested item)
2. Gloves
3. Water bottle'
4. Bandages (large ones, especially useful for blisters)
5. Wet wipes
6. Toothbrush and toothpaste
7. Sunscreen
8. Tuna & cracker packs
9. Single-serving snacks like trail mix, nuts, crackers
10. Nail clippers



Personal Hygiene

- Comb and/or brush
 - Hand lotion
 - Lip balm
 - Face towels
 - Maxi pads
 - Chewable multivitamins
 - Tissues
- **Avoid:** Soap, hand sanitizer, mouthwash, anything with fragrance, large items. Soap, because anywhere they can get a shower will have soap. Hand sanitizer and mouthwash have alcoholic content and is not a good choice for potential addicts. Fragrance may cause allergic reactions. Large items are difficult to carry.
 - If you choose to include soap (or anything with a fragrance), make sure it is well-packaged and sealed. A bar of soap should be put into its own Ziploc bag because the fragrances will affect any food.

Food & Snacks

- Beef jerky
- Peanut butter cracker packs
- Breakfast/protein bars (watch out for melty chocolate)
- Raisins, craisins, other dried fruit
- Mints
- Other non-perishable food items

Avoid: Gum, nuts, or anything difficult to chew since many homeless individuals develop dental issues. Avoid cans that don't have a pop-top.

TRANSFORMATION

Lions,

I hope you had a great Thanksgiving. Did you overeat, get stuffed and enjoy family and friends?

Wow!! Where has this year gone? December is here, Christmas is coming. If your club is looking for some service, the Salvation Army is always looking for Bell Ringers and this is an easy way you can support your communities. Another idea is helping serve Holiday meals—check with local churches or food banks or Meals on Wheels to lend a hand and also to support those in the community in need—what a good way to give back!

Before we know it, RLLI (Regional Lions Leadership Institute) will be here! If you are interested in getting more involved and learning more about Lions, this is a great place to start! There are many talented instructors that you will learn from. You will also have the opportunity to make new friends and extend your Lions family and find opportunities that will help you in the future. I am proud to announce that District 14-E has three Lions attending RLLI this year!! Lion Todd Zavolta from Level Green Lions, and Ginny Baker & Alesha Baker both from Yukon Lions. My words of wisdom to you are to: Have Fun, Learn a lot, make new friends & most of all, be a sponge and soak it all in!!

Here at home in our District, there are many ways you can learn also—from Past District Governors, from current Zone Chairs, by attending the various meetings and trainings, and by utilizing the Lions Learning Center. I would like for you all to think about what you can do for your club, District and International. I challenge you all to strongly think about stepping up. I know some of you are more than capable of doing so, regardless of what you think. Step out of your comfort zone and try. There are many here to support and guide you and to see you succeed! I hope you can all put on your thinking caps and seriously think about what you have read and then take that step forward to help out your District!

I hope you all enjoy and have a Happy Holiday.

Merry Christmas to District 14-E!!

Enjoy and be safe bringing in the New Year!

PDG/GLT Chuck



Sign Up Today - Space Is Limited!



RLLI



REGIONAL LIONS LEADERSHIP INSTITUTE



March 8-10, 2024

Red Lion Hotel Harrisburg/Hershey



SUBJECTS

- **Lions Fundamentals**
- **Team Work**
- **Diversity**
- **Public Speaking**
- **Time Management**
- **Personal Mission Statement**
- **Member Motivation**
- **Goal Setting**

INSTRUCTORS

- **PID Cindy Gregg**
- **PDG Tom Gregg**
- **PDG Jason Long**
- **PDG John Mallonee**
- **PDG Dick Sware**
- **PID James Cavallaro**
- **PDG Kerry McKnight**

*Contact Your District Governor
Or
PDG Kerry McKnight
md14glt-learn@yahoo.com*

*Space Is Limited!
\$175 Per Lion
Meals & Rooms Included*

GLOBAL MEMBERSHIP TEAM – **BRING SOMEONE**

DISTRICT 14-E MEMBERSHIP

704 Members

District Membership stands at **704 Lions**.

The District is in the process of closing a Lions Club. Several of the Members are looking to transfer to other Clubs in the District but this will mean that a community in our District will go unserved. Sure, there will be some overlap from the surrounding Clubs but this is never the same as a Club that calls the community home.

Is your Club at risk of shutting down? You should treat every day as if it is and keep up the efforts that keep this from happening.

The following Clubs increased membership during November:

Level Green	+1
Monessen	+1
New Alexandria	+1



BRING SOMEONE

Bring Someone is the idea of bringing in new Members, orienting Members in what Lionism is about, and constantly engaging Lions so that they feel a sense of satisfaction through Service and Leadership so that their Membership is retained.

Membership with Lions International



Lions International, much like the classic film "It's a Wonderful Life," offers us a collective avenue to gather and expand the impact of individual contributions to our communities. Joining Lions International is akin to stepping into the heartwarming narrative of George Bailey, where the strength of a community lies in the collective efforts of its members.

Like the characters in "It's a Wonderful Life" who rally around George Bailey in times of need, Lions International fosters a sense of camaraderie among its members.

In the end, just as George Bailey discovered the richness and depth of his life, Lions International members find fulfillment in knowing that their contributions matter. Joining this global organization is an invitation to be a part of a collective effort that echoes the sentiment of "It's a Wonderful Life" – a life enriched by service, compassion, and the shared commitment to make the world a better place.

A Wonderful Life of Service

In the movie, George Bailey realizes the profound influence he has had on his community, discovering the value of every person's unique role. Similarly, Lions International emphasizes the significance of each member's role in fostering positive change. Through community service projects, humanitarian initiatives, and charitable efforts, Lions collectively embody the spirit of making a meaningful difference.

Just as George Bailey found purpose in helping others, Lions International members share a common goal of service. Joining this global organization provides individuals with an opportunity to contribute to causes that align with their passions, whether it be promoting health, aiding disaster relief, or supporting local community needs.

*Dear George:—
Remember no man
is a failure who has
friends.
Thanks for the wings!
Love
Clarence*

“No man is a failure who has friends.”

In It's a Wonderful Life Clarence the Angel writes George the note that “No man is a failure who has friends.” Lions International, much like the fictional town of Bedford Falls, thrives on a sense of community and interconnectedness. Lions Members are encouraged to work together, combining their diverse skills and experiences to address the challenges faced by our communities.

The organization becomes a supportive network where individuals connect, collaborate, and inspire each other to create a positive impact on the world.

Questions and Answers

Q: How does your individual impact as Lions make a difference?

A: Your commitment to service makes a meaningful difference in the communities that we call home. No matter the size of the service an impact is made.

Q: What helps us compound the service that we do as Lions?

A: The overall efforts of our Lions Clubs allow us to expand our overall reach of our combined efforts. Our friends and fellow Lions allow us to do things you and I cannot do alone.

Q: What does the Mooch wish for you?

A: The Mooch, along with Lion Amanda and I would like to wish you a Merry Christmas and a Happy New Year! Hope that your Holiday Season is filled with joy and that you enjoy your time with friends and family.





New
Members!

Welcome to the New Members of District 14-E

Name:

Ryan Zavolta
Donna Dalfonso
Jennie Hurlbut

Club:

Level Green
Monessen
New Alexandria

Sponsor:

Todd Zavolta
Joseph Dalfonso
Kathy Sheffler

REBIRTH

Service

Winter will be fast approaching, and many Lions will be helping their community thru many different activities. Giving away food baskets to families, ringing the bell for Salvation Army, helping the Marines for their Toys for Tots program, and many more service projects. We show our pride when we march in our holiday parades. We get a warm feeling when we help.

When the holidays are over we go into hibernation and feel let down after the all the excitement over the last few months. That is when some people get the winter blues. We can't stop thinking about us and the people that we serve.

One way is to get involved in a new project or hobby.

Start a new year resolution. Here are few.

- Compliment three people a day.
- Never give up on anybody, miracles happen.
- Be kinder than you have to be.
- Don't waste an opportunity to tell someone you love them.
- Report your clubs service activities.

Thank you for all of your service this year

Merry Christmas

PDG Charlie McGrew GST



Lions Club Service Calendar



You are invited to use this calendar to help plan and share service activities with your club. Edit the inspirational ideas below to make this tool work for you, your club and your community.

July	August	September
July 1 begins a new Lions Year! Start your Service Journey and share the resources in the Service Toolkit with your club.	August 12 is <i>International Youth Day</i> . Visit our Youth webpage for service ideas, including the LCIF Lions Quest program.	The second week in September is time to <i>#CelebrateCommunity</i> and serve with a Kiwanis, Optimist or Rotary club in your area.
October	November	December
The second Thursday in October is <i>World Sight Day</i> . Start on our Vision webpage to find service ideas, planning tools and LCIF grant opportunities.	November 14 is <i>World Diabetes Day</i> . Visit our Diabetes webpage to learn how your club can help fight this global epidemic.	December 5 is <i>International Leo Day</i> . Partner with your Leo club on a service project or start a new Leo club.
January	February	March
Sponsor a Peace Poster and Peace Essay contest inspire youths' visions of peace. Kits go on sale January 15.	February 15 is <i>Childhood Cancer Day</i> . Our Childhood Cancer webpage includes service ideas and LCIF grant opportunities to help affected families.	Lions Day with the United Nations was first held in March 1978. Plan an advocacy activity to help make positive change.
April	May	June
April 22 is <i>Earth Day</i> . Find service ideas and LCIF grant opportunities to protect and restore the environment on our Environment webpage .	May 28 is <i>World Hunger Day</i> . Our Hunger webpage provides ideas on how your club can help and LCIF grant opportunities to magnify your service.	LCIF's first Disaster Relief grant was awarded in June 1972. Hold an LCIF fundraiser or check the LCIF Grants Toolkit to extend this legacy of service.





Now an update from Beacon Lodge Camp...

Attention all Carl Shoemaker Fellows!

Do you currently have a Carl Shoemaker Fellowship? If so, please let PDG Carol Richardson know. All Carl Shoemaker Fellowship awards will now come with a lapel pin (in addition to the medal) to make it easier to wear on your Lion apparel. All current recipients of this fellowship are eligible for the lapel pin by request. Please contact PDG Carol @ Carolrich14e@aol.com.

As a reminder, this fellowship is one of several fundraising opportunities that Clubs may use to recognize a member in their club or use it as a way to honor the memory of an individual.

500 Club Update – New Challenge!

Lion members: Has your club sent their "500 Club" donations to your Beacon Lodge Representative for this year? Please try and get your donations sent in as soon as possible. If all Lions members donate their \$5.00 it will net over \$80,000 for Beacon Lodge.

New this year! As an additional incentive to all current District Governors: The District with the highest per-capita amount of total \$500 Club donations made and received will be recognized and will receive an award at the State Convention in Harrisburg in May. So get your clubs to get those donations in **NOW!**

Please donate to Beacon Lodge. This is YOUR camp, Lions.

Share your birthday with Beacon Lodge!

On Facebook? Have a birthday? Ask your facebook friends to donate to Beacon Lodge for your birthday by setting up a birthday fundraiser! It is so easy to do. All YOU have to do is create the post. Facebook will take care of the rest. Do you know if we have ONE LION in every club in Pennsylvania raise just \$250 through this option, we will generate over \$125,000 for the Camp! And you didn't even have to get out of your pajamas to do so!!!!!!!

Adopt a Sailor Project

District J Lions would like your support for the 331 sailors aboard the USS Bulkeley. Lion Don Esposito's grandson, Joel Esposito, was deployed on the USS Bulkeley on October 12th and will be at sea for several months for a second forward deployed patrol, which will take him and his shipmates away from their families for the Holidays. The USS Bulkeley (DDG-84) was commissioned on December 8, 2001. Her propulsion system contains four general electric gas turbine engines & two shafts. She is over 509 feet long & 66 feet wide. She is the 34th Arleigh Burke class guided-missile destroyer in the United States Navy.

We would like to show our support and thanks to the sailors on board by sending them goodie boxes for the holiday.

The items listed below can be packed into a medium flat rate box which can be obtained for free from your local post office. To save on postage, you can pack several boxes into a large box before mailing.

The boxes can include the following items:

cards of thanks	playing cards	board games	shaving cream
pens/pencils	puzzle books	magazines	ethnic/coarse hair products
travel size nuts	gum	hard candy(no chocolate)	dental floss
ramen noodles	crackers/cookies/pretzels	travel shampoo/conditioner	band aids
travel lotions/hand sanitizer	disposable razors	travel body wash	dryer sheets
deodorant	tissues	Tylenol/Advil	boxer shorts
travel toothbrush/toothpaste	baby wipes	wash cloths	hair ties (black,brown,blonde)
travel pack Q-tips	travel foot powder	lip balm	flip flops
travel sunscreen	socks	AA/AAA batteries	paperback books
tic tacs/mints	beef jerky	slim jims	phone chargers (Apple/android)
tuna/chicken pouches	mac & cheese cups	instant oatmeal packets	magazines
peanut butter/jelly (single serve size)	dried fruit/trail mix	granola/energy/protein bars	
pop tarts	popcorn	rice crispy treats	bar soap
fruit snacks	coffee/tea/hot chocolate packs	feminine hygiene products	alcohol swabs (individual)

No aerosol cans or solid stick deodorants

Boxes can be mailed to:

CMDCM Hoyt
USS Bulkeley DDG84
Unit 100319 Box 1809
FPO/AE 09565-1301



I spy with my little eye....



In the above photo, a representative from Armstrong Cable presented the Mt. Pleasant Township Lions a check for \$200 to be used toward the purchase of pajamas for this year's collection for the WIC program.

Pictured from left to right: PDG Sam Snively, King Lion Ron Tinkey, and John Thoma, General Manager of Armstrong Cable.

Note: See flyer in this newsletter with information on how you may donate to this annual fundraiser to help Mt Pleasant Twp Lions reach their goals for this year!

If you spy something Lions out in the community, on facebook, or on-line, send your story and pictures to your District 14-E Newsletter editor (that would be me!) lisgis67@gmail.com.

Women and Families

It is hard to believe another year is going to end. Life is busy and schedules are hectic, it is hard to imagine how adding the stress of family dinners and entertainment will fit into life's frazzled routine. I get caught up in this all the time. The busiest people always say yes when their schedule is already full. I am one of these people! I have asked myself why I volunteer, when I have done my share and sometimes above and beyond. The thought has often crossed my mind that I am my own worst enemy. I know if you are reading this and you are a Lion, you are in the same boat as me. Ordinary people doing extraordinary things. This is what I love about being a Lion Member, because it is about putting others first.

I must also remind myself, "no good deed goes unpunished." This has many different meanings. My experience has been, "when your heart is in the right place, people believe you are trying to take over. At other times you are accused of having a personal agenda or trying to gain attention." How do you reach out to let others know that you are passionate about what you do and obtain an intrinsic drive of commitment to doing all you do to the best of your ability and nothing less?

At Christmas time when life is busier than usual, it may be a suitable time to pause and reflect on areas in your life that you can improve. My goal is to improve misconceptions about my personality that makes people want to help, rather than not join in. To my defense, I grew up having to become independent and strong and I have learned to rely on myself. I really love participating in group projects, but unfortunately, I must project the image that I want to do everything by myself. Which is not true, because teamwork makes the dream work. I am the type of person who is responsible, and one that people can count on to get it done. So, if it is not done, I feel obligated to complete the task.

In closing, A New Year will begin, so it will be an exciting time to get things turned around and move forward in a positive direction. Wishing everyone a Merry Christmas and continue to be true to yourself!

Till next time...

Mary Popovich

West Newton Lions

"Let not become weary in doing good, for at the proper time we will reap a harvest if we do not give up."
Gallations 6.9



Conquering Cancer Fundraising Board

- Sell one or more squares on the board ranging from \$1 to \$25.
- Cross off a square once it has been purchased.
- When each square on the board is sold you will have raised \$325!

\$1	\$2	\$3	\$4	\$5
\$6	\$7	\$8	\$9	\$10
\$11	\$12	\$13	\$14	\$15
\$16	\$17	\$18	\$19	\$20
\$21	\$22	\$23	\$24	\$25



Here are a couple easy ideas on how YOUR club can raise money “FOR THE KIDS” to help conquer cancer!

- On the left: BLOCK Challenge. Have members buy a block! Cross off the block once it is bought – raise \$325!
- Below: Now that fall is here, sell coffee, hot chocolate, tea, or hot cider at your next club meeting! Proceeds can go to PA Lions Cares – For the Kids Campaign





2023 Toys for Tots Bike Program

Week of December 11th

Monday, December 11: evening shift 6-8PM

Tuesday, December 12: day shift 1-4PM evening shift 6-8PM

Wednesday, December 13: day shift 1-4 PM evening shift 6-8PM

Thursday, December 14: day shift 1-4PM evening shift 6-8PM

Friday, December 15: day shift 1-4PM

Dress appropriately – will be indoors

Sign liability waivers and registration upon arrival

May sign in ahead of time by going to jeannette-pa.toysfortots.org

Click on "Get Involved", sign up to volunteer, fill in form, include your club and in comment section state you are working on bikes. Additional questions?

Contact Edward McCormick 724-834-4833

Santa's workshop can be found here:

1572 Roserytown Road

Greensburg, PA

(the former Spreadshirt Warehouse over by the Goodwill Store and 84 Lumber)

How Our Clubs are helping our Communities to make the world a better place.....

ZONE 1

CHESTNUT RIDGE – 25 members. This month we Hosted our annual apple dumpling sale. We also attended the cook township community center trunk or treat where we handed out 120 treat bags to local children to celebrate the season. We hosted our regular meeting and also attended the zone meeting where the topic was service.

LATROBE-DERRY – 20 members. Honored Students of the Month from both Derry and Latrobe High Schools, Salvation Army bell ringing, collected footed PJ's for WIIC moms, scheduled Christmas family and caroling, selling 6 month calendar tickets, worked at the food bank.

MT. PLEASANT TOWNSHIP – 45 members. Held monthly sub and pepperoni sale. Rang the Salvation Army bell at the Mt Pleasant Shop N Save on Black Friday.

NEW FLORENCE – 22 members. Books for Hershey Med, Ctr. were given to Dist. Gov. Thompkins. Will wait till next year to order kids brooms. Secret Santa - members want to keep it in the area. Will team up with the Elementary School and get names of needy children. Received a club contact message. He is from Wisconsin and moved to the area six months ago. Bejo will contact him. Packing books on Sat. Nov. 18 at 1:00 at Trinity United Church of Christ in Delmont.

ZONE 2

SEWICKLEY AREA – 9 members. Members attended Mass Induction, Club Support Meeting/Zone Meeting.

YOUNGWOOD – 38 members. We had 5 members including 2 new members attend the Mass Induction. We helped with the Book Drive book cleaning, labeling and packing. We finished the Koeze Nut sale profiting about \$4,569.00. We finished popcorn sales profiting \$3,552.00. We held our Pancake and Sausage Breakfast profiting about Donated a \$100.00 gift card to the Lions Diabetes Association. We donated \$100.00 to a local family in need for Christmas present.\$1,636.00.

ZONE 3

ALLEGHENY TWP - 10 members. Continued with Meals-On-Wheels, held club meeting, donated money and books to district book drive and helped with labeling and packing.

DELMONT – 38 members. Club collected 250 pairs of used eyeglasses. 4 club members attended Mass Induction Ceremony. 3 members attended the Diabetes Board Meeting. 3 members took part in the Diabetes Strides Walk. 4 members attended the 2nd District Cabinet Meeting. 5 members assisted with Lions Lunchables (6th & 21st). 8 members & 1 non-member assisted with Road Clean-up. 27 members & 1 non-member attended the clubs 79th charter celebration. 2 members attended the GET & state GAT meeting on 11/9 & 11/19. 1 member attended the Area GAT meeting on 11/20. 3 members attended Scout Troop 211's Court of Honor (we are the troop sponsor) on 11/20. 19 members & 3 non-members assisted with bell ringing for the Salvation Army on 11/24. 2 members attended the Club support/zone 3 meeting on 11/30. DG attended Monessen's club Christmas Party on 11/30. DG attended monthly WCBA board meeting on 11/27. 4 members took part in the District Book labeling & packing project on 11/18. Members took part in the Secret Santa Project by purchasing gifts for a family in need from a local community.

MURRYSVILLE – 18 members. Collected 219 pair of glasses plus 86 sunglasses; 1 member attended Level Green Lions pancake breakfast; 3 members attended the cabinet meeting; 2 members attended the Slickville/Youngwood bingo; 2 members attended the Diabetes Board meeting; 1 member participated in the Strides walk; held 1 dinner meeting; sold Freckled Moose pastries.

VANDERGRIFT - 26 members. We continue to sell Lions Brooms at locations in town, collect used eyeglasses, and take in and loan out used hospital equipment. The President/Secretary attended the recent cabinet meeting.

WASHINGTON-BELL – 12 members. Held highway clean-up on November 4. Collecting unwrapped toys for Alle-Kiski Tots. Planning annual holiday dinner. Providing food store debit cards for anyone in need. Continue selling brooms and collecting used eyeglasses.

ZONE 4

BUSHY RUN – 37 members. Thanksgiving Dinner with Clelian Heights School on November 16.

LEVEL GREEN – 35 members, including new members Bill Thiry and Ryan Zavolta. Aluminum can and used eyeglasses collections, building rentals. Members volunteered for Meals on Wheels. Board meeting and general meeting held. Members attended cabinet meeting, Mass Induction, Club Support/Zone meeting. Held pancake breakfast with free entry for Veterans.

MANOR – 16 members including new member Alicia Dallago. Sold brooms, attended Mass Induction, collected eyeglasses. Help to back up books for Hershey Hospital Children's Cancer Ward

Thank you to those clubs reporting. A reminder – you must submit your activities and service reports to LCI. This is separate from your submission to the District Newsletter through the www.lions14e.org website. If you have any questions about reporting your club's service to LCI, please contact your zone chair as soon as possible.

"If it isn't reported, it didn't happen..."



Merry Christmas

CLUB HAPPENINGS! Please support your District's Clubs

“Lions Working Together As One”

Pajamas needed



*Sponsored by the
Mount Pleasant Township Lions Club*

Sizes newborn to size 10 Male and Female

Pajamas will meet the needs of children in our area and will be distributed by the WIC Program

We will be collecting until January 2024 but any received by Christmas would be a blessing.

Pajamas can be given to any Mt. Pleasant Twp. Lion.
For further information or drop off location contact:
dtinkey@zoominternet.net



**Please keep the children warm with
new**



Footed pajamas

Wrap them in love this winter

We would like to thank everyone who helped make this project a success in the past.

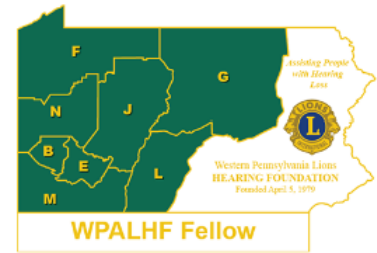


Western Pennsylvania Lions Hearing Foundation Fellowship Application

Offering Support Through The Fellowship Program

The Western Pennsylvania Lions Hearing Foundation Fellowship has been established to help provide funding for the continuance of providing hearing aids for individuals in need. By naming a person a WPLHF Fellow your contribution goes toward helping those with hearing challenges be able to once again hear and communicate with the world around them.

For a \$250.00 donation the recipient of the fellowship will receive a lapel pin and plaque indicating them as a fellow. The recipient of this award need not be a Lion. Anyone who supports the process of improving hearing can be honored with this award.



The application can be found in the Newsletter Email. Just scroll down and find the block that says “Western PA Lions Hearing Foundation Fellowship Application” and click on it.

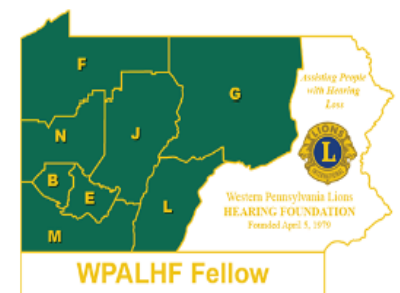
If you wish for a copy to be emailed to you, please reach out to PDG Lance Remic or myself at the following emails:

Lremic@hotmail.com | lisgis67@gmail.com

Offering Support Through A Donation

Financial support from contributors, like you, is the Foundation's only source of funds. Your contribution can help ensure that there will be adequate funding to continue providing service for deaf and hard of hearing individuals. The Foundation will also accept donated hearing aids.

If you, your Lions Club or organization would like a presentation or if you are interested in making a donation contact the chairperson (director) in your Lions District.



District 14-E Lions Facebook Page

facebook



Like Us on Facebook – [District 14 E Lions](#)

[District 14-E Lions](#) - The Official Facebook Page of District 14-E

Send your information to Amanda or Lance Remic for your Club's activities to be posted to the District's Facebook page. We want to show all that is being done by Lions of District 14-E.

Send info advertising your upcoming events or share photos of the events that have taken place to show the fun and success your Club had.

Email your info to akbrant@atlanticbb.net (Amanda) or lremic@hotmail.com (Lance)
Or text your info to 724-984-7644 (Amanda) or 724-309-6750 (Lance).



Don't forget to tag us on your photos and posts on Social Media!

Use the following hashtags on
Twitter, Instagram (IG), Facebook (FB)
or whatever other social media outlet
that uses "hashtags". Hashtags are a
way of grouping like posts.

[#district14eweserve](#)

[#district14elions](#)

[#14EDGAmY](#)

Scan this QR Code to check out the District 14E Website!

What is a QR Code?

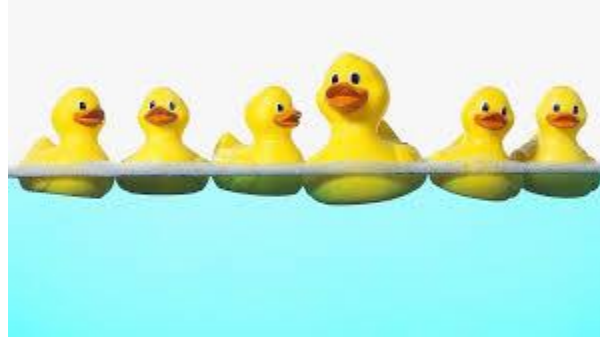


QR codes are 2D barcodes which contain any kind of information that can redirect scanners to online information. This QR Code, when scanned, will take you to the District 14E website. Try it out!

(you will need to have a QR Reader app on your phone)



District 14-E Duck Race



District 14-E will be having its 3rd Annual Duck Race to raise funds for PA Lions Beacon Lodge Camp. The camp operates in the summer for those with special needs and also offers sessions for veterans and their families.

We will be selling 1000 tickets for \$5 each. Lion Jonathan Carver, from Beacon Lodge will be bringing 1000 ducks on Sunday April 21st to Yukon Lions Park and we will have our own race. There will be 4 prizes; 1st place (\$500), 2nd place (\$300), 3rd place (\$195), and last place (\$5). The remaining proceeds will be donated to the camp to assist with their financial needs for updates and maintenance that is needed to keep the camp functioning.

Tickets have been distributed to all clubs in the District. We need everyone's support in making this a successful event.

Please contact DG Amy Thompkins to return your ticket stubs and money for your club's tickets (412-551-0327 or amoose309@yahoo.com). Please try to have the stubs and money turned in by April 1st!



Sponsor a hero. Be a hero.



Throughout our history, thousands of amazing donors worldwide have helped us empower people who are blind or visually impaired with lifelong skills for safe and independent daily travel. Now you have the opportunity to show your support in a new way, through a **Symbolic Puppy Sponsorship**. For \$500, you'll receive a picture, a profile and an official certificate of your sponsored Future Leader Dog.

Leader Dog services are critically important. LAST YEAR, we were able to safely provide:

▶ **500,000+**

Days of safe and independent daily travel

▶ **123**

Guide Dog clients served

▶ **149**

Clients received white cane training

▶ **3**

Clients who are deaf and blind received customized guide dog training

▶ **18**

Teenagers gained leadership and travel skills

▶ **287**

Current and potential clients received a visit from a field services guide dog mobility instructor

▶ **336**

Clients and O&M pro's viewed virtual learning videos

▶ **\$0**

Cost to client



IN EVERY LEADER DOG
LIES THE HEART OF A LION.

A Leader Dog partner since 1939.

"Leader Dog does a great job training these dogs to be faithful, supportive leaders and companions. Leader Dog Hanna is truly my hero, and so are all those who were involved in helping her become a Leader Dog." -Laura & LD Hanna



LEADER DOGS
FOR THE BLIND

For more information or to sponsor, visit
LeaderDog.org/sponsor-a-puppy

FOLLOW THE LEADER
LeaderDog.org

1039 S. Rochester Rd | Rochester Hills, MI 48307-3115



With your \$10 gift, you can have a luminary placed in your honor on the campus of Leader Dogs for the Blind during this year's Light Up Leader Dog. Our goal is to light up the campus with over 2,000 luminaries honoring you, our supporters, this holiday season!

Help us make the campus even brighter!

You're invited to join us on campus for some Light Up Leader Dog holiday cheer on Saturday, December 9 from 5:30-8:00 p.m.! You can browse the marketplace, partake in some warm, winter beverages and great food (available for purchase), enjoy the sounds of the holiday and stroll the luminary-lit paths! Admission is free, but donations are certainly appreciated. More information is available on our website at leaderdog.org/light-up-leader-dog.

You're also invited to attend a free New Puppy Raising Options open house-style event from 3:30-5:30 p.m. before Light Up Leader Dog. You'll have the opportunity to learn more about this updated volunteer program, meet staff and current volunteer puppy raisers, and find out if one of our new puppy raising options fits your lifestyle.

Both events take place at Leader Dog's campus at 1039 S. Rochester Rd., Rochester Hills.

NOTE: Entrance to our parking lot is off Avon Road.

We hope to see you there!

FOLLOW THE LEADER



PUPPY SPONSORSHIP

A \$500 donation allows you to choose from a select group of puppies to symbolically sponsor and receive:

- ▶ A portrait of your sponsored Future Leader Dog suitable for framing
- ▶ Four wallet-size photos to share
- ▶ A profile of your Future Leader Dog with fun information such as personality traits, favorite toys and more
- ▶ An official sponsorship certificate
- ▶ **Each sponsorship comes with a matching plush puppy!**



LEADER DOGS
FOR THE BLIND



Juno
Michigan



Toffee
Wisconsin



Raider
Michigan-Bellamy Creek CF



Mali
Michigan



Brandy
Illinois

YES! I would like to sponsor a puppy!

Name (Required) _____

Mailing Address _____

City _____ State _____ Zip _____

Contact Email Address _____ Phone (____) _____

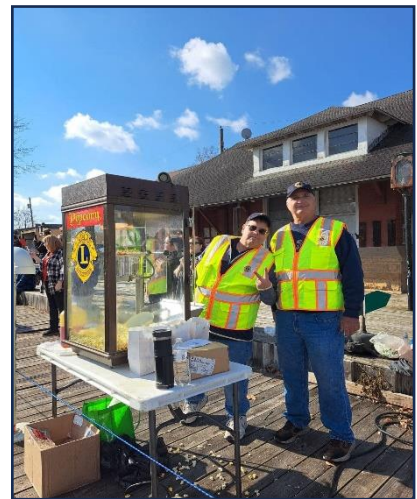
Sponsoring (please circle ONE puppy) Juno Toffee Raider Mali Brandy

Please make check payable to "Leader Dogs for the Blind" with "Puppy Sponsorship" in the memo.
Mail to: Leader Dogs for the Blind, 1039 S. Rochester Rd, Rochester Hills, MI 48307-3115
You can also sponsor a puppy online at LeaderDog.org/sponsor-a-puppy



- Raised by volunteer Lion puppy raisers

Some Pictures from around the District:





DELMONT: The Delmont Lions celebrated their 79th Year Anniversary in November. Keynote Speaker PID Cindy Gregg and PDG Tom Gregg were honored guests for the evening. Also, the club participated in a Road clean up project!

VANDERGRIFT: The Vandergrift Lions were busy getting ready for the Annual Christmas Festival in Vandergrift the first weekend in December. In addition to the various raffle baskets, they did a food collection for the food bank, and sold Lions Brooms!

Greensburg East Hempfield Lions – Volunteered at the Westmoreland Food Bank. They helped pack 1500 Senior Boxes!!!


Mt Pleasant Twp: The Mt Pleasant Twp Lions were ringing the bell for the Salvation Army to kick off the holiday season!

Youngwood: The Youngwood Lions sold popcorn and collected toys for the Toys for Tot train!



Pennsylvania Lions CARE

FOR THE KIDS™


A Four Diamonds Program Conquering Childhood Cancer

JOIN US IN THE FIGHT TO CONQUER CHILDHOOD CANCER!


- 

VISIT OUR FUNDRAISING PAGE
Visit FourDiamonds.org/PALions and look for the state of Pennsylvania towards the bottom of the page.
- 


CLICK ON YOUR DISTRICT
Click on your district/county and make a donation or create a fundraising page for your club.
- 

CREATE A FUNDRAISING PAGE
Click "Join our Team" and then click "Continue to Next Step". Enter a fundraising goal, select if you would like to make a donation and fill in the other required information. Then click "Continue to Confirmation".
- 

RAISE FUNDS TO CONQUER CHILDHOOD CANCER
Your fundraising page is now set up and you can begin fundraising for your Lions Club and help Four Diamonds Conquer Childhood Cancer.


Personalize Your Page




Connect to Twitter


Connect to Facebook


Send Donor Invites


FourDiamonds.org/PALions

Please note that these flyers can be found by clicking on the appropriate box found in the Newsletter Email. This is being done to minimize space taken up with repeat articles and to help make the newsletter more manageable in size!




Pennsylvania Lions CARE

FOR THE KIDS™

A Four Diamonds Program Conquering Childhood Cancer

How to set up Your Recurring Gift

- 

Visit our fundraising page
Visit FourDiamonds.org/PALions and scroll down and click "Make a Donation."



- 

Select your donation amount
Choose "Monthly," enter your Lions Club name, fill out your contact and payment information.


Supporting PA Lions "Care - For The Kids"™

Your Donation


Donation Amount	\$1000	\$500	\$250
Monthly Amount	\$500	\$250	\$125

One Time Monthly
- 


Help conquer childhood cancer
Here are some of the ways your recurring gift can help kids fighting cancer.




\$10/ month funds one day of art therapy.



\$25/ month provides one day of care and support from our chaplain, who helps guide the spiritual needs of patients and their families.

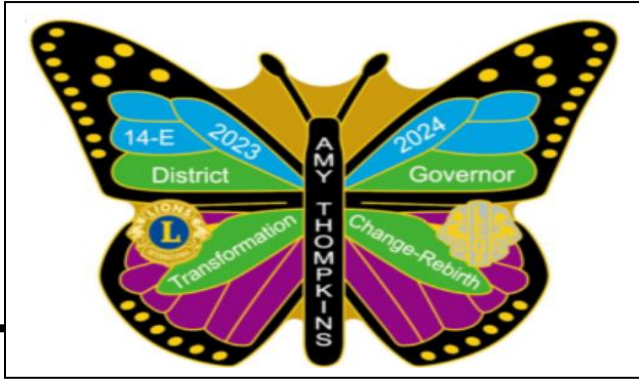


\$100/ month funds one week of child life support for Four Diamonds outpatient clinic.



\$200/ month funds a private hospital room for a child and their family.

FourDiamonds.org/PALions



2023-2024 DISTRICT 14-E PROJECTS DONATION FORM

CLUB _____	DATE _____
Beacon Lodge Camp for the Blind	\$ _____
Care-A-Van	\$ _____
Diabetes	\$ _____
Disaster Relief Team Fund	\$ _____
Eye Research	\$ _____
Pediatric Cancer	\$ _____
Leader Dogs for the Blind	\$ _____
Lions Clubs International Foundation (LCIF)	\$ _____
Lions of Pennsylvania Foundation	\$ _____
PA Lions Hearing Research Foundation	\$ _____
Western PA Lions Hearing Foundation	\$ _____
Westmoreland County Blind Association	\$ _____
Westmoreland County Deaf Services	\$ _____
TOTAL DONATION:	\$ _____

Please note: If your club has not already submitted donations, they must be received by May 1, 2024 to receive credit for 2023-2024 Lions Year. Donation check should be made out to District 14-E Lions and this form should accompany the check. Please mail check to Cabinet Treasurer, PDG Robert Mesher, 441 Gallitin Road, Belle Vernon, PA 15012. If necessary check can be given to District Governor Amy before the deadline.

District 14-E Change Agents:



DISTRICT 14-E CABINET – 2023-2024

District Governor	Amy Thompkins	Delmont	amoose309@yahoo.com	412-551-0327
1st Vice District Governor	Jeff Jordan	Level Green	Jeffreybob14e@gmail.com	412-418-3646
2 nd Vice District Governor	Lisa Gismondi	Delmont	Lisgis67@gmail.com	724-454-3653
District Secretary	Kara Knode	New Alexandria	kpurvis77@yahoo.com	724-689-5560
District Treasurer	Robert Mesher	Rostraver Twp	robertmesher@comcast.net	724-323-5458

District Global Action Team (GAT) Coordinators

Leadership	PDG Chuck Thompkins	Delmont	chuckt@yahoo.com	724-989-8250
Membership	PDG Lance Remic	Slickville	lremic@hotmail.com	724-309-6750
Service	PDG Charlie McGrew	Sewickley	Cjmcgrew1@verizon.net	724-446-2546

Zone Chairpersons

Zone 1	Amy Thompkins	Delmont	amoose309@yahoo.com	412-551-0327
Zone 2	Jeff Jordan	Level Green	Jeffreybob14e@gmail.com	412-418-3646
Zone 3	Lisa Gismondi	Delmont	Lisgis67@gmail.com	724-454-3653
Zone 4	Jeff Jordan	Level Green	Jeffreybob14e@gmail.com	412-418-3646

Communications

Communication/Publicity	John Russo	Norwin	apdjr@aol.com	724-864-3844
Website	Jeff Jordan	Level Green	Jeffreybob14e@gmail.com	412-418-3646
Newsletter	Lisa Gismondi	Delmont	lisgis67@gmail.com	724-454-3653
District Admin (Club Reporting Support)	Denise Poole	Norwin	dypoole@comcast.net	724-787-6183
Social Media	Amanda/Lance Remic	Slickville	akbrant@atlanticbb.net / lremic@hotmail.com	724-984-7644 724-468-4626



*Transformation
Change -Rebirth*

IMPORTANT WEB ADDRESSES

District 14-E Lions.....www.lions14E.org
 Leader Dogs for the Blind.....www.leaderdog.org
 Lions Clubs International.....www.lionsclubs.org
 PA Lions Beacon Lodge Camp.....www.beaconlodge.org
 PA State Council of Lions Clubs.....www.palions.org
 Lions of PA Foundation.....www.lionsofpafoundation.org
 Western PA Lions Hearing Foundation.....www.wpalhf.org

Like us on Facebook: District 14-E Lions

Please consider a Personal Contribution to either of these two charities to supplement Club Donations. Thank You!

<https://fourdiamonds.donordrive.com/index.cfm?fuseaction=cms.page&id=1175>

<https://www.lionsclubs.org/en/donate>



AMY THOMPkins, DISTRICT GOVERNOR
DISTRICT 14-E
PENNSYLVANIA, USA 2023-2024
AMOOSE309@YAHOO.COM
412.551.0327